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# Granite City Journal

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VOLUME 37, NUMBER 49

WEDNESDAY, DECEMBER 10, 1997

FIFTY CENTS

## Davis seeks third house term in 111th District

By Scott Kelly  
Staff writer

Steve Davis is going for a hat trick. The state representative of the 111th District — which includes Chouteau, Nameoki and Granite City townships — is seeking his third term in office. "My votes reflect the attitudes and concerns of people in the area," Davis said Monday. He opened up a satellite office in Granite City during his second term to be closer to the people here and more properly address their concerns. One of the accomplishments he is

most proud of is the law authorizing the creation of the Gateway Commerce Center near Highway 111 and Interstate 270. "I worked hard for the enterprise zone not only to help the people in the Granite City but all the people in the area," he said. The enterprise zone has already produced hundreds of new jobs for the community, he said,



Davis

*"Any time you talk about tax credits it makes it harder to bring it to the governor's desk."*

Rep. Steve Davis

and has the potential to create several thousand more. Looking toward the upcoming 1998 legislative session and the '98 campaign, Davis said he would continue to focus on the needs of working families including:

- Making college tuition costs more affordable.
- Offer tax credits for working families, and helping them with day-care costs and home health-care costs for seniors.
- Provide homeowners with real

property tax relief. On the health-care front, Davis said H.B. 626, which deals with managed health care and consumer and patients' rights, did pass the house and is currently sitting in the senate, the same as a house-approved bill on home health-care credits for seniors. "Any time you talk about tax credits (and taking money away from the state) it makes it harder to bring it to the governor's desk," he said. Two other issues Davis said are important to his district are fireworks regulations and the Lewis and Clark (See DAVIS, Page 7A)

## Two killed in crash

Two people were killed and four others injured early Tuesday in a two-vehicle accident on the Highway 203 viaduct in Madison.

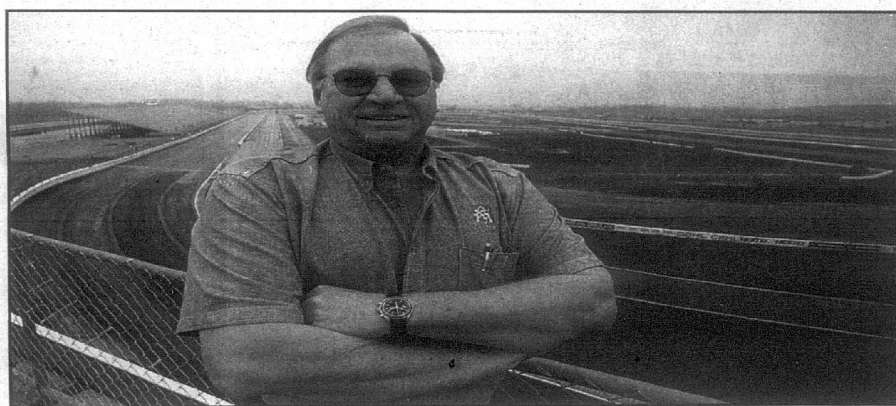
As of *Journal* press time, the names of the victims had not been released pending the notification of the next of kin. Police said the two fatalities were from Granite City and East St. Louis.

Officials with the Madison County Coroner's Office declined to comment until notification was made. Madison Police Chief Steve Skoklo said the accident — involving a pick-up truck and a medical taxi from Best Med Car, a Collinsville-based company — was discovered at about 5:45 a.m. when a police officer northbound on Highway 203 noticed the vehicles. Skoklo said the accident had apparently just happened.

Skoklo said the driver and a front-seat passenger were killed, and three rear-seat passengers were also injured. The driver of the pickup was taken to St. Mary's Hospital and then transferred to a St. Louis hospital. Information on their conditions was not available.

Skoklo said police have not determined exactly what happened, but said weather and slick roads could be a factor.

## Wolter ready to build from foundation



Staff photo by SCOTT COUSINS

With a background in motor sports and construction, Rod Wolter was the perfect fit for Gateway International Raceway.

## Track's first year lays groundwork

By Scott Cousins  
Staff writer

A love of motor sports and a career in construction have carried Rod Wolter a long way.

As president and general manager of Gateway International Raceway in Madison, he has been able to combine the two in getting the \$25 million facility off the ground.

Wolter, 57, started racing with his brother in Nebraska when he was 16 years old.

"I started drag racing in a '57 Chevy," he said. "After I got married, of course that kind of put a crimp in those kinds of activities for a while. I got away from it a little bit."

After his first wife died, Wolter remarried in 1977. Between the two of them, he and his wife Sandy have seven children — 15 grandchildren.

While raising his family and working in construction, Wolter was able to do some circle track racing and worked as a mechanic.

(See WOLTER, Page 4A)

## It's beginning to look...

By Nicole Vaughn  
Staff writer

This week's weather can be summed up in one word: snowy. Break out the boots and ice scrapers because the snow isn't over yet.

Motorists who awoke Monday to find snow-covered cars could find the same thing Friday. Monday's snow caused only a handful of accidents during morning hours. (See SNOW, Page 4A)

## High note

Frohardt students collect instruments for Croatian students

By Jill Barrett  
Correspondent

Frohardt Elementary is trying to put a song in the hearts of Croatian students.

Students and staff at the school are collecting band instruments to send to war-torn Croatia. The instruments will help Croatian children learn music and help American children learn about the spirit of giving, said Steve Balen, Granite City School District #9 superintendent. The children in both countries will exchange letters and keep abreast of each others' activities.

"This will show (the local) children the international world of music," Balen said. "They will find that they have a common interest with these children and it will help them get beyond themselves."

Madison resident Branko Ostrec, a member of the American Croatian Relief Project, approached Balen with the idea

*"It used to be that the young people in the family would take care of them, but because of the war, there are few people left."*

Branko Ostrec  
Madison resident

to collect the band instruments. Ostrec has been a member of the Relief Project since 1990 when war broke out in Croatia. Croatian families who live in America formed the Relief Project as an effort to help the survivors with clothing and food. The Relief Project works through a Cro-

atian Catholic charity that receives and distributes donations from the Project.

"We have sent 61 containers," Ostrec said. "We have sent food, medical supplies, some very little — cash and four ambulances."

Ostrec was in Croatia for 23 days in September to help build homes for elderly. While he was there, Ostrec found the need for band instruments for the children.

"My main purpose was to see and explore," Ostrec said. "We were building houses for the elderly because there is no system to take care of them in Croatia. It used to be that the young people in the family would take care of them, but because of the war, there are few people left."

While Ostrec was in Croatia, he was approached by volunteer fire fighters who played in a brass band. School children (See BAND, Page 7A)

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**5 DAY FORECAST**  
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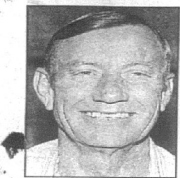
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## NEWS

## VOICE BOX

What would you like Santa to bring you for Christmas, and why?



"A new wife, or a different wife. If Santa can't bring me a new wife I hope he will bring my wife a new husband, because one of us has to have some relief."

Archie Hawkins, 50  
Insurance agent



"A maid to clean up the mess (left) after the holidays."

Dale Hawkins, 50  
Homemaker



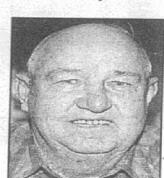
"I would want Santa to bring me back my grandpa, because I miss him."

Brandi Branham, 15  
Student



"Peace on earth; and all the underprivileged children to have happiness at Christmas."

Gladys Smith, 70  
Homemaker



"Money, money, money — so I can go to the horse races and the gambling boats."

Herbert Smith, 71  
Retired

Photos by Shirley Valencia  
Interviews by Shirley Valencia  
Interviewed in downtown Granite City

## NEXT CHAPTER

(Editor's note: Under this heading, the Journal will keep our readers informed on the status of ongoing stories that have appeared in our newspaper.)

## Pontoon Beach

The temporary restraining order issued against the village of Pontoon Beach will remain in force until Friday.

U.S. District Judge William D. Stiehl is expected to rule Friday on the restraining order, which keeps

the village from removing or replacing Trustee Randy Presswood, or keep him from voting or acting on the board.

Stiehl heard arguments Monday at the U.S. federal courthouse in East St. Louis on a three-count civil suit against the village. Presswood filed through attorney Ron Motil Nov. 25.

In addition to the restraining order, the suit alleges Presswood's civil rights have been violated by the village. He is seeking in excess of \$50,000 for compensatory and punitive damages.

During the hearing, both Pres-

wood and Mayor Glenn Wilson took the stand. Only technicalities were argued; damages were not discussed in the hearing. In the suit, Presswood claims that the legal action against him by the village was never approved by the board.

Although Mayor Glen Wilson said he supported Presswood's removal,

he said both during the hearing and on other occasions he had nothing to do with the action against Presswood. The issue came up after Presswood sold his home at 43 Georgetown and moved into his business, the Hard Body Gym.

— Scott Kelly and Scott Cousins

## Man injured in fire

By Scott Kelly  
Staff writer

Police officers rescued a Granite City man from his blazing apartment Monday morning.

The fire left resident Sebastian Tehandon of 1919 Benton in critical condition Monday night in Memorial Hospital in Belleville.

The fire apparently started in Tehandon's apartment, and a 911 call was made at 6:33 a.m.

Officer Jenna DeYoung, who was patrolling the downtown area, spotted smoke and discovered the fire.

Police Officers Don Hemphill and Tim Lyerla also responded and before paramedics arrived were able to extract the victim from his apartment.

Fire Chief Keith Talley said

the probable cause — although it has not yet been determined — was "misuse of smoking materials."

He said there was "a lot of smoke and fire damage" to Tehandon's upstairs apartment, and water damage to the one below. There was not much damage to the building's south side; damage was contained mainly on the second story on the north side, where Tehandon's apartment is.

Damage estimates to the apartment building are estimated at \$8,000, Talley said.

It is undetermined at this time on whether any smoke and fire detectors were working, he said.

The other residents of the four-apartment flat were evacuated during the fire. There were no other injuries reported.

## Ambulance worker charged

A Granite City man working for a local ambulance service was charged with disorderly conduct, a misdemeanor, after allegedly calling in a false accident report.

Gordon G. Freeland, 32, of the 4000 block of Kathy Drive was charged Dec. 4.

The charge was filed after information was developed implicating Freeland in the placement of a telephone call

to the Madison County Sheriff's Department requesting an ambulance at the scene of a traffic accident.

It was later determined that this request was a fabrication. At the time of the incident, Freeland was employed by a local ambulance service. The ambulance service was not identified.

Freeland was released after posting bond.

## Granite City Journal

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Lynn A. Cunningham, M.D.  
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## Horse Salve Eases Arthritis Pain

LOUISVILLE, KY -- An ingredient derived from hot peppers that decreases inflammation in racehorses' legs, has now been approved by government researchers for human use. The ingredient has been formulated into a product called ARTH-Rx. ARTH-Rx comes in a strength designed for humans. Researchers are excited and say the formula can relieve arthritis pain for millions.

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# Track officials racing to prepare for '98

By Scott Cousins  
Staff writer

No cars are circling the track or roaring down the drag strip, but Gateway International Raceway in Madison is still a busy place.

For Rod Wolter, president and general manager of the raceway, it has been a busy and exciting year — something he wasn't ready for when he took the job.

"When I was first brought down here I was told there was going to be one event, the NHRA drag race," he said. "It seemed very manageable for a first year — you can get your feet wet with that event — then all at once we got a CART race in May and a Busch Grand National race. We crowded those in in one year."

He called that the track's "baptism under fire."

"I think it went exceptionally well for a facility that was completed in less than a year."

He said dealing with the races was a learning experience.

"We did learn a lot. We know what our shortcomings are."

"Maybe we didn't have enough people parking cars in

**"If it's 209 degrees on that track surface, I don't think we'll have any people left sitting in the stands, they'd be toasted."**

— Rod Wolter

a certain lot, and we know next year we have to have more people there, and we're making plans right now."

The plans include four major races — The Motorola 300 PPG CART World Series, May 21-23; the NHRA Sears Craftsman Nationals, June 25-28; the NASCAR Craftsman Truck Series, Sept. 17-19; and the Gateway 250 NASCAR Busch Series, Grand National Division, Oct. 15-17.

Wolter said there should be no repeat of troubles with the track, which crumbled under intense heat during this year's Busch Series race in July.

The track was resurfaced after the race, and he said there have been no more problems with it.

"We feel we've come up with a mixture that will withstand

even greater heat."

He said the problem was caused by a combination of a long heat wave, a "young" track, plus asphalt with a low softening point.

"It had a softening point of 170 degrees, and that was the track temperature (during the race)," he said, talking about the track conditions. "The asphalt we put down this time has a softening point of 209 degrees, so if it's 209 degrees on that track surface, I don't think we'll have any people left sitting in the stands, they'd be toasted."

"That heat wave was the highest temperatures that had been encountered in this area in the past five years. Why it had to happen that weekend I don't know."

As a precaution, he said the

seal my fate," he said.

Wolter puts in long hours at Gateway, and Sandy also works there.

"She had worked with me a lot at Scribner, so when I came here we didn't have any of the kids here, so she'd come down and volunteer," he said.

"Chris (Cook, the track owner) saw her walking around so much, he said, 'Let's put her to work.'"

She is in charge of services, including souvenirs and concessions.

"It's kept her very busy and it's really worked well," Wolter said. "I spend a lot of hours here, and had she not been down here I probably wouldn't see her some days."

"We seem to work well in the same building, some husbands and wives can't do that."

However, he said his love of motor sports can frustrate her.

"The wife has always accused me every time I go on a trip it's for motor sports. We went down to Florida for the last Busch Series NASCAR race) early and said 'We'll go to motor sports on the weekend, but we're just going on vacation.'"

"We went down to Key West and by George they had an outdoor boat race. She thought I was plotting that, but I wasn't. I didn't know the event was going on, I just happened to be there."

Busch Series race was moved to October, and no other major events have been scheduled during July and August.

"It will make for different weather conditions," he said. "They may have to come with coats on this time."

While the track is now shut down for the winter, Wolter said they were keeping busy. An additional 10,000 permanent seats are being added to the oval track's main grandstand, while an additional 5,000 seats are being added to the drag strip.

He said they were also modifying the existing oval grandstands — making them steeper so people will have a better view.

"It will look to some people like we're tearing things down, but we're going to move some seating off the grandstand so they can raise the beams," he said.

Eventually — possibly in 1999 — track officials hope to bring in a NASCAR Winston Cup race. However, that would require seating for close to 100,000 people, and moving them in and out of the race track would present a difficult task.

"Getting (the race fans) out is your major concern," he said. "Once we get the people in here and they're all in their seats, for us it's a manageable situation."

He said they have had a great deal of cooperation from the Illinois Department of Transportation on creating better access to the track. Track officials are working on increasing access to the interstate highway system.

One option is building approaches to the proposed new Mississippi River Bridge in the near future. The bridge itself, which would connect Interstate 70 with highways 203 and 3, will not be completed for many years.

He said they have tried using roads connecting to Highway 3, but trains have created problems.

"We know that once we get into a full Winston event, we have to be able to get these people in and out of the facility," he said.

## Snow

(Continued from Page 1A)  
ing rush hour. Local police departments reported no serious accidents.

According to the National Weather Service, Tuesday's weather was to feature rain changing to snow. Snow is expected for today, Thursday and Friday.

What they weren't saying yet is just how much of the white

## OBITUARIES

### Elmira Young

ELMIRA JEANNE (HURST) YOUNG, 53, of Maplewood, Mo., formerly of Granite City, died Sunday, Nov. 30, 1997 at St. Mary's Health Center in St. Louis. She was born March 23, 1944, to Raymond Jr. and Elvira Alice (O'Neal) Starkey, both of who preceded her in death. She was a carpenter for many years at the Carpenter's Union.

Survivors include her husband, Ed Young; three sons, Kevin Hurst of Wood River, Jeff Hurst of Maplewood, Mo., and Keith Hurst of Maryville; three brothers, Richard Knowlton of Granite City, Raymond Starkey of Cedar Hill, Mo., and Christopher O'Neal of Warrenton, Mo.; and two sisters, Sheila Wedemeyer of St. Louis and Stephanie English of Wentzville, Mo. Burial was in Wright City Cemetery in Missouri.

### Harry Dorste

HARRY F. DORSTE, 74, of Venice died Saturday, Dec. 6, 1997 at St. Mary's Hospital in Clayton, Mo. He was born Aug. 10, 1923 in Booneville, Mo.

Mr. Dorste was a laborer for 44 years at Archer Daniels until he retired in 1987. He was preceded in death by his parents, Charles L. Dorste and Mary Dorste; two sons, a daughter, and his first wife, Loretta Dorste.

Surviving are his wife, Lydia, nee Ehrhardt; Dorste, three sons, John Dorste of Alton, Raymond Corothers of Cottage Hills; Christopher Corothers of Alton; nine daughters, Barbara Vivian of Alton, Terry Badgley of Alton, Patricia Emery of Cottage Hills, Sally A. Wright of Oakland, Helen Vivian of Pontoon Beach, Jody Baalman of Alton, Mary Smith of Godfrey, Bertha Kendie of Poplar Bluff, and Betty Valley of Carlinville; one brother, George Dorste of St. Louis; two sisters, Bertha McDonald of Caseyville and Marge Scarline of Arnold, Mo.; 17 grandchildren; and 30 great-grandchildren.

Funeral services were Tuesday, Dec. 9 at Werner Chapel with Rev. Norman Wilfong officiating. Memorials are desired to the American Cancer Society.

### Allison Reynolds

ALLISON REBE REYNOLDS, two days old, died Sunday, Dec. 7, 1997 at Children's Hospital in St. Louis. She was born Dec. 5 in St. Louis.

Survivors are her parents, Andrew S. and Jennifer, nee Kaylie, Reynolds of Madison; one brother, Matthew Reynolds at home; two sisters, Alicia and Elizabeth Reynolds, both at home; grandparents, Joe and Maxine Kaylie of Madison; and Kent and Wanda Reynolds of Madison; great-grandmother, Arlene Thomp-

son of Wilderness, Mo.

Private funeral services will be held at Thomas Chapel with Father Jim Keener officiating. Burial is in Sunset Hill in Edwardsville.

### Julia Mainer

JULIA MAE (CONREUX) MAINOR, 95, died at 11:30 p.m. Dec. 7, 1997, at Lynchburg (Va.) General Hospital. A former Granite City resident, she was born May 1, 1902 in Alexandria, Ind., to Julius and Stella (Baker) Conreux.

Mrs. Mainer was a checker for Granite City Steel when she retired in 1967. She was a member of the St. John United Church of Christ, Granite City Senior Citizens, AARP, and Granite City Senior Council.

Preceding her in death were her parents, her husband, Perney Mainor; two sisters, Beulah Lehmann and Leona Phillips; three brothers, Eugene, Lloyd and Gerald Conreux.

Survivors include one son, Harold Mainer of Sebastian, Fla.; one daughter, Suzanne Hendrickson of Lynchburg, Va.; one brother Rufus Conreux of Granite City; seven grandchildren and seven great-grandchildren.

Visitation is from 5 to 8 p.m. today, Wednesday, at Irwin Chapel, 3550 Maryville Road. Burial will be at 11 a.m. Thursday, Dec. 11, at the chapel with the Rev. Allen Reiter officiating.

Interment will follow at Sunset Hill Memorial Estates in Edwardsville. Memorials may be made to St. John United Church of Christ.

### Waymon Austin

WAYMON E. AUSTIN, 69, of Granite City, died at 9:35 a.m. Dec. 5, 1997, at St. Elizabeth Medical Center in Granite City. He moved to Granite City from Texico, Ill., and lived there for 26 years.

Mr. Austin was a truck driver before he retired in 1985. He was an Army veteran who served in both WW II and the Korean War. He was also a member of Mt. Zion Baptist Church in Granite City. Austin was preceded in death by his father, George Austin; his mother, Mrs. Mary Austin; and one son, Bryan Eugene Austin.

Survivors include his wife, Marjorie (Cousins) Austin of Granite City; his mother, Edna (Minor) Austin of Texico; one daughter, Pamela Jones of Granite City; four brothers, Bart "Sonny" Austin of San Jose, Calif., Marvin Austin of Texico, Calton Austin of Dix, and Lavern Austin of Mt. Vernon; two sisters, Velma Ullery of Texico; two granddaughters and two great-granddaughters.

Local visitation will be from 5 to 7:30 p.m. today, Wednesday, at Irwin Chapel, 2801 Madison Ave. in Granite City. The funeral will be at 7:30 p.m. with the Revs. Donald Clark and Ken Miller. Burial will be Thursday in Texico, at Panther Fork Cemetery.

## Wolter

(Continued from Page 1A)  
He went back to drag racing in 1981.

"A good friend of mine came to me and said 'Let's get back into drag racing,'" Wolter said. "So we bought a car, fixed it up and had a good time."

"Sometimes he'd drive and sometimes I'd drive. We traveled around quite a bit. I think we put something like 120,000 miles on a car just towing it around to different racing events."

Wolter said although racing is a team sport, it comes down to driver versus driver.

"Racing is a one-on-one type of thing," he said. "When you're up there on that starting line there is no one up there to coach you, you're going to have to make the decisions yourself."

"It's him against the rest of them. He's got to get around that track as fast as he can, and do the best driving. As long as the equipment holds up he will probably win some races."

Wolter said he raced on the local drag circuits, but traveled all over the Midwest.

"I always did well. I won several times. Back in my early years we had 160 trophies we won in various races. That was before they started paying money — all you got was a trophy."

"There were a lot of drag

strips back in those days, so you didn't have to go too far to find one. Some of them weren't too good. We had some where the shut-down area — if you missed it by a little bit — you were out in a cornfield."

The biggest difference is in the speed.

"In the old days, if you could run nine seconds in a quarter mile, people thought that was phenomenal. Now they're down to 4½ seconds."

"Our record at that time was 11.90," he said. "If you can't run 10½ seconds in that class now you're not competitive."

He said the major changes were camshaft design, intake manifold and tires.

Wolter became interested in motor sports racetrack management in 1986 after the owner of a track in Scribner, Neb. lost his manager. Wolter had been working at a horse-racing track.

"He approached me and wanted to know if I wouldn't help him run it for a year," Wolter said. "I said 'OK, I'll do it for a year, but you keep looking for a new manager.'"

"That went on for eight years, and he never did look for anyone."

Wolter said Sandy became involved, and he was able to bring in a national drag racing event — all you got was a trophy.

"That with my construction experience really helped to

## Grads

(Continued from Page 3A)  
Thomas, Daniel Thompson, Tim Thompson, Mark Townsend, Lonita Tyler, Randall Vicsmann, Sarah Walker, Rebecca Warmble, Michele Ward, Robert Ward,

Jerry Weaver, Marvin Webber, Brenda Wente, Jeff White, Melinda White, David Whittis, Bill Wilson, Karen Wilson, Dennis Winn, Denise Wolford, Richard Wolvelton, Craig Young, Brad Youngkin.

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## Urban League to meet Monday in Alton

The Madison County Urban League will host its annual meeting from 5 to 7 p.m. Monday, at the agency headquarters building, 210 William St., Alton.

Members will have the opportunity to meet the board of directors as well as the agency's Guild members. The event will serve as a farewell reception in honor of

Metro M. Pierson. After 22 years of dedicated employment, she resigned from the position of director of the Health Care Services division, located at 500 Madison Ave., Madison. For directions, call 463-1906.

## Alleged ATM robber charged

A St. Louis man suspected of robbing two women in separate incidents at a local automatic teller machine was charged Monday with three felonies.

The Madison County State's Attorney's office charged Lance A. Blackmon, 35, with two counts of robbery and one count of vehicular invasion. Bond was set at \$175,000.

Police Detective Scott Evers said Blackmon denied committing the robberies, but that both victims identified him as the perpetrator.

The first incident occurred Nov. 22 when a man robbed a 33-year-old city woman who

(See ROBBER, Page 8A)

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## Fiber-optic closer to reality

Granite City service should be complete by mid-1998

By Terry Hillig  
Telegraph staff writer

Charter Communications cable television subscribers in Edwardsville, Glen Carbon and surrounding areas will enjoy upgraded fiber-optic service in mid-1998, but they'll get three new channels even sooner.

Randy Smith, manager of production and programming at Charter's Maryville office, said ESPN2, TV Land and Home & Garden will be added to the expanded basic package later this month.

"We found a way to provide them to people not in the communities that have been upgraded," Smith said.

Charter began a \$15 million

upgrade of its Madison County systems in May. Fiber-optic cable — which is more reliable, allows more channels and provides viewers with better signals — has been installed in the Highland and Troy areas.

Smith said the Granite City area and the Edwardsville-Glen Carbon area should be converted to fiber-optic service by the middle of next year, with the Collinsville-Caseyville area to be converted during the second half of 1998.

The imminent addition of the three channels in areas still without fiber-optic service will be made possible by discontinuance of the Digital Music Express audio service on the

Charter system.

Smith said the ability to add the three channels will benefit many more subscribers than the few who received the optional DMX service. He said Charter might restore DMX later when capacity permits.

The conversion to fiber-optic service will allow Charter to add other channels selected by customers in a survey earlier this year. They are Animal Planet, Classic Sports Network, FX, Cartoon Network and Country Music Television. Z Music, a channel that shows contemporary Christian music videos, also will be added when fiber-optic service begins.

## Highway accidents kill three

By Jason White  
Staff writer

A "bad stretch" of Interstate 64 in East St. Louis claimed the lives of three members of an O'Fallon, Mo., family and a Washington Park man last week.

On Monday, the St. Clair County Coroner's office began an initial toxicology test in an attempt to determine why Fernando Howard, 41, of Washington Park, was driving eastbound I-64 at 12:40 a.m. Saturday.

According to the Illinois

State Police, Howard's 1995 Chevy van collided head-on with a 1993 Chevy Suburban occupied by Randy and Jeanie Coleman, both 41, of O'Fallon, Mo., and their children: Bethanie, 19; Jamie, 16; and Sam, 7. Randy and Jeanie Coleman were pronounced dead at the scene at 1:30 a.m. of massive head and chest injuries. Bethanie Coleman died 20 minutes later in the emergency room at St. Mary's Hospital in East St. Louis.

Jamie and Sam Coleman, who were asleep in the back seat when the vehicles collided,

were released from St. Mary's and the St. Louis University Health Sciences Center over the weekend, according to hospital spokesmen. Their injuries were not serious.

Herb Simmons, the operator of Simmons Ambulance Service in Cahokia, was one of the first people on the scene. He said the damage to the vehicles was so extensive that fire department personnel from East St. Louis and Washington Park had to extricate the victims from the wreckage.

(See CRASH, Page 8A)

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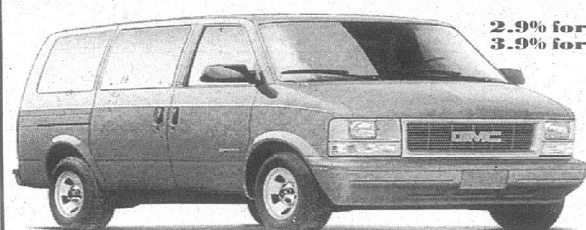
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# MATURE LIFESTYLES

## Surgery is only sure option for hair restoration

Hair cloning, laser technology, and mega-graft sessions are among the breakthroughs in hair restoration surgery currently being studied by specialists from the International Society of Hair Restoration Surgery.

Despite the recent introduction of products claiming to stimulate hair growth, hair restoration surgery remains the only permanent solution for hair loss or alopecia, a problem that affects two in five (35 million) males and one in four (21 million) females in the U.S.

Hair restoration surgery has grown from a \$42 million industry in 1981 to an \$800 million industry in 1994. According to specialists, it has become the most popular elective surgery among men in the U.S.

"Hair restoration surgery is more popular today because the product is better," said Dr. Robert Leonard, immediate past president of ISHRS. "Specialists no longer use the painful, bloody techniques of the early 1980s where large plugs of hair follicles were moved from one area of the scalp to another, often resulting in a 'corn-row' or 'toothbrush' effect. Today, we are able to transplant single hair follicles for a softer, more natural-looking hairline."

New techniques are based upon the concept of hair economics, which appreciates that a limited supply of hair exists with demand increasing as the supply decreases over time. As such, specialists need to develop a strategy or "blueprint" of hair restoration based on a prediction of future hair loss for an individual.

"Our specialty's specific function makes the most out of the hair that is left by either moving remaining hair or reducing bald scalp," said Dr. James Vogel, president of ISHRS. "The art of the specialty is knowing how to create a natural hairline by placing hair follicles in the appropriate areas with the appropriate densities."

Although hair restoration surgery is still somewhat challenged by images of the past, specialists predict it will continue to grow in popularity as advancements progress in the field and temporary topical remedies such as Minoxidil (Rogaine) fail to provide expected results.

According to a recent study, Minoxidil provides a full head of hair in only 5 to 10 percent of cases, and moderate hair growth in only 15 to 20 percent of cases. In clinical trials of women ages 18 to 45 with mild to moderate degrees of hair loss, only 10 percent reported only moderate regrowth, while 40 percent had minimal regrowth after using Minoxidil for eight months.

With the exception of hair restoration surgery, methods used to battle hair loss — including hair additions and topical camouflage agents — requiring continuous investment for cleaning and/or replacement as natural hair grows and/or its color changes. For example, the overall cost for a person to purchase and maintain hair additions beginning at age 35 and ending at age 70 is an estimated \$50,000 to \$70,000, while topical remedies require an estimated long-term investment of \$12,600. In comparison, the estimated cost for permanent hair restoration surgery ranges from \$8,000 to \$30,000, depending upon the number of surgical procedures required over the course of, on average, a 15 to 20-year time period.

"By the time sufferers see a hair restoration specialist, they have already learned that to have a full head of hair from Rogaine or hair additions requires a lifetime of expense and hard work," says Leonard.

Among the newest breakthroughs that point the way to the future of hair restoration surgery are the following:

**Cloning human hair for transplantation.**  
A clinical study under way has successfully taken a portion of hair follicle, grown it in a cell culture and transplanted it into a human. Dr. Leonard defines the overall cost for a person to purchase and maintain hair additions beginning at age 35 and ending at age 70 is an estimated \$50,000 to \$70,000, while topical remedies require an estimated long-term investment of \$12,600. In comparison, the estimated cost for permanent hair restoration surgery ranges from \$8,000 to \$30,000, depending upon the number of surgical procedures required over the course of, on average, a 15 to 20-year time period.

"If we have the ability to clone hair, the law of hair economics will be less of an obstacle for specialists," said Dr. Jerry Conley of the Department of Dermatology at the University of Maryland at Baltimore, who coordinated the study.

"The supply of hair for transplantation would be unlimited, offering the potential to create a full head of hair," he said. Duplicated from a previous study on animals, the preliminary study is based upon cell therapy, a concept currently being investigated for cancer research, whereby cells from one person are used to multiply indefinitely.

**Mega-graft sessions:**  
Mega-graft sessions allow many hair follicles to be transplanted into the scalp at one time, thus eliminating the need for a patient to undergo the 3-5 procedures previously required, when only a few hundred hair follicles could be transplanted at a time. In addition, the results of mega-graft sessions consistently look more natural than transplants completed over the course of several sessions.

An additional advantage of mega-graft sessions is that they transfer thousands of hair grafts into recipient area, eliminating the need to undergo several sessions to complete hair restoration goals.

The role of laser technology in hair restoration surgery. Though hair transplantation has evolved to the point where very little visible scarring occurs, even with conventional surgery, laser technology offers the potential for continual improvement, ultimately even "scalpelless" surgery.

Options exist for replacing scalpels with high-intensity lasers in the transplantation of hair grafts, which would allow for quicker and significantly less bloody procedures.

**Self-Esteem Says Major Role:**  
Alopecia may be a more important issue than most people realize. A recent survey conducted on American OnLine showed that 25 percent of men would trade five years of their life for a full head of hair. Physicians attribute this statistic to the psychological effect hair loss can have on sufferers.

"Hair has always played an important role in society and self-esteem," said Dr. Leonard. "A full head of hair represents youth, virility and attractiveness, an image most people want to maintain throughout life."

Specialists predict that as younger, more active generations continue to age and therefore desire a more youthful appearance, the procedures will become even more popular, especially among baby-boomers, who are reaching an age often characterized as "transitional" in terms of hair loss.

"Recent advancements in the field of hair restoration surgery create a viable — and preferred option for a wide range of men and women of all ages, lending new hope to many. Hair restoration surgery has become an 'investment' in self-esteem from the top down. We often call what we do 'psychological surgery,' based upon the remarkable degree of patient gratification associated with these types of procedures," says Vogel.

Founded in 1992, ISHRS is the largest professional international organization in the field of hair restoration surgery and is dedicated to promoting the advancement of the specialty through education and continuing quality improvement. A not-for-profit voluntary organization, ISHRS membership is composed of 694 physicians and hair restoration specialists. Consumers looking for a hair restoration specialist in their area can call 1-800-444-2737 for a referral.

## Occupational therapy helps mood

Ruth was an elderly Los Angeles woman afraid to ride city buses because she couldn't climb up the step to get aboard.

Thanks to a study being conducted by the University of Southern California, an occupational therapist created a practice step for her at home, then ushered her aboard a real bus one day.

"When she could get on the bus, she was on the threshold of a whole world of opportunity," says Florence Clark, lead author of the study.

The research shows preventive occupational therapy that teaches elderly people how to keep up daily activities improves their physical and mental health and helps them live independently.

Clark, chairman of USC's Department of Occupational Science and Occupational Therapy, presented her results at the American Medical Association's Science Writers Conference in Washington. The study also appeared in a recent issue of *The Journal of the American Medical Association*.

Clark said the study suggests that as an age of medical cost-cutting, occupational therapy could provide savings by delaying reliance on expensive nursing home care.

"Healthy and independent is less expensive than sick and dependent," she said.

Occupational therapists traditionally help people with illness, injury or other impairments regain skills to lead a healthy, productive life. In the USC study, they sought to help seniors develop routines that balance work, rest, recreation and social life. Therapists sought the "just-right challenge" that would inspire each to take risks rather than remain housebound.

"Staying healthy is not just a matter of going to the gym and eating right," or simply keeping busy, Clark said.

To Clark, occupational therapists can be like "personal trainers" for the elderly,

coaching them on "lifestyle redesign" that takes into account their passions as well as limitations.

"Can they walk a block? Are they limited in going to visit their friends because of health issues?" she said.

Such considerations were incorporated into the Well Elderly Study, which looked at 361 residents of federally subsidized apartment buildings for low-income seniors in Los Angeles.

The subjects, ages 60 to 89, came from a broad mix of backgrounds and included blacks, Hispanics, whites and Asians. They were randomly divided into three groups.

The first group received two hours each week of group occupational therapy and an hour each month of individual therapy with personalized programs that were key to success, Clark said.

One control group participated in more than two hours of organized social activities each week, while the other control group had no activities or programs.

Therapists identified activities that would give seniors "a sense of contribution and a sense of accomplishment" and help them confront the fears that can isolate them.

In one group session, participants were helped to hop a bus to Long Beach, where they had to make choices about shopping and sightseeing.

At the end of nine months, those who received occupational therapy posted more gains and fewer declines than those in the two control groups, Clark reported. Researchers measured results using standard tests and questionnaires to rate health, mental attitude and life satisfaction.

When it came to physical health problems that limited work activities, the occupational therapy group showed an improvement of 1 percent, while the control groups declined by 13 percent, Clark said.

"In the measure of vitality,

the (occupational therapy) group showed an increase of 6 percent, while the control groups declined by 2 percent," she said.

— Associated Press

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## Study: plant extract slows Alzheimer's

Ginkgo biloba extract, a herbal medicine used for thousands of years by the Chinese, has been shown to slow the progression of Alzheimer's disease slightly in some patients, researchers report.

In a study published recently in the *Journal of the American Medical Association*, researchers say about a third of the dementia patients treated with ginkgo extract showed some improvement after 52 weeks when compared with a similar group of patients who took a placebo.

Dr. Pierre L. LeBarbier of the New York Institute for Medical Research, lead author of the study, said benefits from the treatment were "modest and were apparent only after six months of taking the extract."

"The study is the source of more questions than answers," said LeBarbier. He said the effects of ginkgo on the brain are not understood but may be related to antioxidants, compounds that neutralize a destructive form of oxygen.

Zaven Khachaturian said the Alzheimer's Association said the study of ginkgo "shows something is working, a little bit for some people," but he said more studies are needed "before we can begin to draw any conclusions" about use of the plant extract for Alzheimer's patients.

LeBarbier, who presented the study at the Alzheimer's Association conference (See STUDY, Page 9A)

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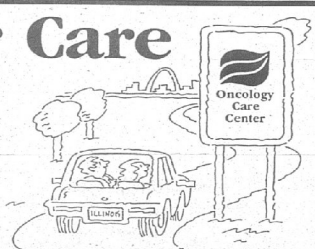
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## Retirement communities offer residents a variety of services

Caring for one's own health needs is essential to maintaining independence. Retirement communities realize this association and plan programs and services to maintain residents' health.

Retirement communities are increasing in number throughout the country and the Midwest is certainly no exception. The advancing technologies in health-care services, healthier lifestyles, and early retirement have all contributed to living longer and healthier lives than past generations. The average American will live an additional 15 years after retiring and the market is definitely reaching out to them.

Retirement communities vary greatly, but have some basic similarities. Most communities consist of independent apartments. Like any apartment complex, residents drive their own cars, cook their own food, do their own shopping and live independently from each other. Many retirement communities offer services on the premises to encourage independence. Necessary services like transportation, a dining room, maid and linen services are available to those who may not drive or simply do not wish to cook for themselves. Security is another asset that most retirement communities offer. Patrolled grounds or locked doors limit accessibility and require outsiders to enter through a manned entrance.

On the other hand, some communities practice an everything-under-one-roof philosophy. Their goal is to be able to provide everything that is necessary and accessibility to everything else. These retirement communities emphasize choice. They offer banking on site, physician and podiatrist visits, educational health-care services. Commu-

nities with a holistic approach present services for the mind, body and soul. They have educational programs, speakers and libraries. They encourage exercise, good diet, and fitness prevention. They offer multiple levels of health-care services. Spiritual needs are addressed according to one's own beliefs, through both ecumenical services and mass.

Retirement complexes offer a wide variety of social interaction and entertainment. They have planned trips to cultural events, such as plays, the art museum or fun outings to a gambling boat or to a Cardinals game. The company is great and transportation is free. Don't like going out? There is plenty happening on the grounds: crafts, billiards, card games, or committees to join. If you are a loner, enjoy a stroll on beautiful secure grounds or spent the afternoon in the library.

Health and independence are closely linked. Caring for one's own health needs is essential to maintaining independence. Retirement communities realize this association and plan programs and services to maintain residents' health. Dietitians plan well-balanced menus, exercise and dance

classes are available, and educational speakers present updates on wellness issues. Some have nurses' clinics, to supply information and answer health related questions, or assist in monitoring hypertension or diabetes. Other communities associate with a home health agency to provide needed temporary in-home services.

A number of differing levels of health-care services exist. A skilled nursing unit is licensed to provide 24-hour skilled nursing services. Advanced health-care services may be available, such as physical, occupational, and speech therapies. Equally important is wound care, insulin regulation, or any service requiring licensed health-care professionals. Skilled nursing facilities are beneficial in recovery situations, such as a fractured hip or CVA, commonly referred to as a stroke. In fact, much of the care that was provided in hospitals in the past is now provided in skilled nursing facilities.

The shift in care providers was initiated by Medicare limitations on both the allowable number of hospital days and the reimbursement that hospitals receive. Some hospitals

have responded by building or turning a part of the hospital into skilled nursing facilities in order to provide continued care. Even in a skilled nursing facility, Medicare reimbursement requires that the condition for which treatment is provided meets certain criteria and funding is limited to a maximum of 100 days. Nationally, Medicare pays less than 2 percent of all nursing home care.

Several communities have a skilled nursing facility attached to their independent apartments. However, a growing number of individuals are somewhere in between, not requiring 24-hour nursing care, but needing a little assistance maintaining their independence. Surprisingly, an extra hand with a bath or a simple medication reminder enables many to maintain their independence, in their own apartment.

There are many advantages to selecting a retirement community that offers the entire spectrum of services. Even if a particular service is not currently needed, it is reassuring to know that the services are available.

*Living in Your Golden Years is a monthly column being sponsored by The Suburban Journalist. The purpose is to provide information of interest to the senior population. Topics will cover the entire spectrum from health issues to travel spots. Comments or suggestions can be mailed to Vicki White, C/O Suburban Journalist, 219 N. Illinois, Belleville, IL 62220, or by phone at The Apartment Community of Our Lady of the Snows at 397-6700.*

## •Study

(Continued from Page 8A)

study at an AMA conference, said the ginkgo extract used in the study was a highly refined compound produced in Europe from the leaves, nuts and branches of the ginkgo biloba tree. He said it differs from the ginkgo extract commonly available in health food stores in the United States.

A total of 327 dementia patients were initially enrolled in the study, but only 137 were included in the final results.

The others were excluded or dropped out for various reasons, including death.

All of the patients had dementia, a progressive mental decline, with 251 patients diagnosed with Alzheimer's. The rest had suffered strokes. At the start, all of the patients were evaluated using standard tests measuring reasoning, memory and behavior.

The patients were divided, with about half taking the ginkgo extract and half taking a sugar pill. Neither patients nor their caregivers knew

which got the extract or the placebo.

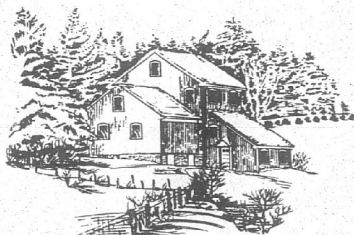
At the end of 52 weeks, the study found that 27 percent of the patients taking ginkgo achieved a four-point improvement on the Alzheimer's Disease Assessment Scale, one of the standard tests. About 14 percent of the placebo patients showed a similar improvement.

On a test based on the evaluation of caregivers, 37 percent of the ginkgo patients were considered improved, versus 23 percent of those on placebo.



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## Disappearing act

### Mailed diamond fails to reach its destination

By Becky Vollmer

Telegraph staff writer

Police are investigating the apparent theft of an engagement ring — a loose diamond worth \$9,000 — that disappeared after it was shipped out of state.

Bill Holder, owner of Gems N Jewels in Edwardsville, said he shipped the 1.5-carat, emerald-cut diamond Monday via Federal Express to a gemological laboratory in Brookline, Mass., to determine its quality.

When the package arrived Wednesday, the lab said the diamond was missing.

According to an Edwardsville police report, Holder packed the diamond in paper and a box, then sealed it in a FedEx package in front of witnesses.

His son dropped it off at Mail Boxes Etc. on Troy Road. The original address label designated the package to be

shipped "priority overnight." However, when it arrived at the lab, the address tag was marked for two-day delivery.

Martin Haske, the lab employee who received the delivery, told police the package itself was not damaged, but that the box the diamond had been in was slightly crushed and the paper in the box was open.

Haske said he looked through the paper for the missing diamond, even using a flashlight and an ultraviolet light, but could not find it.

He reported the development to his local police.

Holder, who said he usually ships by U.S. mail, speculates something went awry with the package at Mail Boxes Etc.

The store's owner, however, said she's not to blame. "It's not my store's responsibility," said Nancy Newport, refusing to comment further.

"You always learn these lessons expensively," Holder said. "You never learn a cheap lesson."

The stone, although valued at \$9,000, is insured by FedEx for only \$500, Holder said. He said he would just have to take a loss on it.

"I paid \$9,000 worth of insurance, but if something happens to it, they'll only pay \$500," he said.

Holder said he felt sorry for the man buying the diamond for an engagement ring, who he said had been looking for a stone of such quality since July.

He said he'll look for another diamond, but that it will be difficult to find another one like it.

"This was just so nice, it will be almost impossible to duplicate," he said. "Everything went wrong with this package. There's a hundred things I would do differently if I had to do it over again."

## Angel tree at Goshen

The second annual University Police Angel Tree will be located in the Goshen Lounge of the University Center for Southern Illinois University at Edwardsville through Dec. 17.

Sponsored by the University Police Department, the tree is designed to provide holiday gifts for children at SIUE's Cougar Village. Entry forms were sent to all the residents in family housing earlier in the semester.

Paper angels with each child's gender, age, clothing size and three Christmas wishes will be placed on the tree for distribution.

This year, more than 40 children will have angels hanging on the tree.

All children's names are kept confidential as well as the names of the people who donate the gifts.

All gifts need to be turned in by 4 p.m. Dec. 17; the gifts will be delivered Dec. 20. Donations will be accepted. For more information, call Lt. Regina Hays at 692-3230.

## Robber

(Continued from Page 5A) had just withdrawn \$100 from the ATM at the Bank of Edwardsville, 330 W. Vandavia St.

The second incident happened Saturday after another woman, also in her early 50s, withdrew \$100 from the same ATM. Police said when the woman returned to her car, a

man was there, demanding she give him the money. This time, the victim was able to give police the full license plate number, which was consistent with the partial number the first victim reported.

Evers said police traced the number to Blackmon and obtained a photo of him from a previous arrest in St. Louis.

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## Crash

(Continued from Page 5A) Simmons said Howard apparently entered the highway on the 25th Street exit ramp, despite four of the familiar red, reflective signs that warn motorists they are going the wrong way.

The 25th Street ramp was the scene of another accident Saturday at 7:12 p.m., when an eastbound Dodge Intrepid left the highway, struck a light pole and overturned in a ditch. The five passengers, whose

identities were not revealed, were not seriously injured, according to the state police.

The exit ramp was also the scene of another head-on collision in January that injured former Olympic runner Craig Virgin of Lebanon. Virgin's car collided with a vehicle headed eastbound in the westbound lanes at nearly the exact same spot.

"Over the years, it's been a bad stretch there," Simmons said.

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## NEWS

## Davis cites other accomplishments

Rep. Steve Davis, who will try for a third term in office, said he also was successful in obtaining emergency funds for the Roxana, East Alton-Wood River-Hartford Elementary school districts, hit hard by lowered assessments of the Shell and Clark oil refineries. He said he secured \$750,000

for the Alton Marina and nearly \$12 million in new investment in the Alton Mental Health and Developmental Disabilities Center. He said he was involved in passage of "brownfields" legislation that will facilitate clean-up of area industrial sites and make them suitable for development. Davis said funding for the

Interstate 255 extension to Godfrey is one of his highest priorities. And, he said, he wants the legislature next year to address ways to make college more affordable.

## Band

(Continued from Page 1A) had taken an interest in their band, but they had no instruments with which to learn.

"When I came back, I started asking questions," Ostrec said. "Superintendent Balen took an interest."

Balen realized that families have unused instruments, either because the student never took band or stopped playing. Donating the instruments would be a convenient way to dispose of an unwanted instrument and fulfill a need elsewhere. To date, a trumpet, clarinet, French horn and trombone have been collected.

Both Ostrec and Balen believe that donating the instruments will benefit children in both countries. "The children will exchange letters and encourage each other," Balen said. "The American children will see children a lot less fortunate and appreciate what they do have and they will see that they share a common interest."

To donate an instrument, call Mary Davis at Frohardt Elementary at 451-5821.



Photos courtesy of School District #9

These two pictures show children sharing around the world. Frohardt Elementary students (holding instruments) are helping to collect band instruments to send to children in Croatia, with the help and coordination of the American Croatian Relief Project.

## Davis

(Continued from Page 1A) Historic Site.

"This fall, I advanced some tough new regulations and training programs for fire-works display companies," he said in a prepared statement. "Because of the tragedy in Alton last summer, I think it is important to make this law early next spring, so we can avoid another summer disaster."

He also said he would do everything he could on the state level to make the Lewis and Clark site a reality by 2003.

The primary election is scheduled for March 17, 1998 and the general election is scheduled for Nov. 3. So far, no one has challenged Davis in either party for the coming election.

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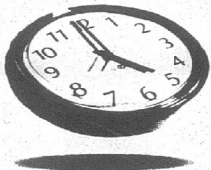


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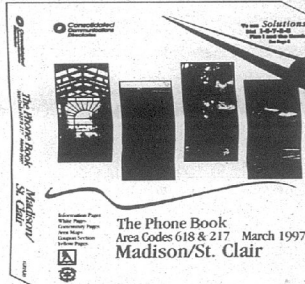
DIRECTIONS: Go to Barnhart/Imperial Road and turn right on Hwy. 61-67, 1/4 mile. For more info, call Joyce. Signage. 12

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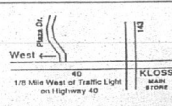
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- Christmas Animation
- Christmas Lights And Garland
- Outdoor Christmas Decor
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10K gold mom/child charm in gift box. Final cost \$1.49

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Reg. 39.99-2699.99, sale 11.99-799.99, final cost 10.79-719.99.

\*Sale does not apply to "Venture Value," "Only" or "Low Price" merchandise. Regular prices reflect offering prices at which sales may or may not have been made. Jewelry shown is representative of assortment and may vary by store. Photo shown is enlarged to show detail. Associate: Ring extra 10% as a line item discount.

**30% to 50% off** Huge Selection Family Shoes, Slippers And Boots.

- 50% Off Kids' Dress And Casual Shoes
- 40% Off Ladies' Jessica Stevens' Boots
- 40% Off Men's Dress Shoes
- 33% Off Ladies', Men's And Kids' Slippers
- 30% Off Ladies' Dress Shoes
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- 30% Off Ladies' Men's And Kids' Athletic Shoes

**40% off** Entire Stock Flannel Sheet Sets. Reg. 19.99-39.99, sale 11.99-23.99. Not available in king sizes. Limit 2 per Customer. 50% off Entire Stock Bed Pillows. Reg. 3.99-19.99, sale 1.99-9.99.

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- 40% Off Fleece tops, vests, pants, socks and more.

**For Ladies**  
**33% to 50% off**

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- 33% Off Huge Selection Misses', Petites' And Women's Coordinations
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- 33% Off Misses' Denim And Corduroy Overalls
- 33% Off Misses' Hanes Basic Fleece Tops And Pants
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**20% to 50% off**

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- 50% Off Infants' & Toddlers' Denim Jumpers
- 50% Off Select Girls' 4-6X, 7-16, Boys' 4-7, 8-20 Fashion Fleece
- 50% Off Boys' 4-7, 8-20 Cargo Pants
- 50% Off Boys' 4-7, 8-20 Team Clothing
- 30% Off Entire Stock Kids' Stone Mesa™ Denim Jeans
- 30% Off Entire Stock Outerwear For Men And Kids.
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- Take \$5 Off Men's Vector Brand Or Riders Jeans

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Save With These Coupons Throughout The Store:

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BUY 1, GET 1

**FREE!**

**Misses' Short-Sleeve Holiday Sweater.**

Reg. 19.99. Cotton/ramie/nylon/angora. \*2nd item must be of equal or lesser value. This coupon must be given to Cashier at time of purchase. Discount taken at the register. Can be used with \$50 Value Club and Associate discounts, but cannot be combined with any other coupon or offer in-stock items only. 1 coupon per household. Does not apply to prior purchases. No photocopies. Selection may vary by store. Cashier: ring as a comp. ad.



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BUY 1, GET 1

**50% off!**

**Girls' 4-16 Lycra And Fleece Leggings.**

Reg. 5.99-10.99. Styles vary by store. \*2nd item must be of equal or lesser value. This coupon must be given to Cashier at time of purchase. Discount taken at the register. Can be used with \$50 Value Club and Associate discounts, but cannot be combined with any other coupon or offer in-stock items only. 1 coupon per household. Does not apply to prior purchases. No photocopies. Selection may vary by store. Valid 12/11-12/14/97 only. Cashier: ring as a line item discount.



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**Entire Stock\* Dining Tables And Chairs.**

29.99-149.99 after coupon.

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\$20 off

**Dan River Complete Bed-In-A-Bag.**

Reg. 75.99-59.99 after coupon.

This coupon must be given to Cashier at time of purchase. Discount taken at the register. Can be used with \$50 Value Club and Associate discounts, but cannot be combined with any other coupon or offer in-stock items only. 1 coupon per household. Does not apply to prior purchases. No photocopies. Selection may vary by store. Valid 12/11-12/14/97 only. Cashier: ring as a manufacturer's coupon.



Venture Instant Coupon

## NEWS

# GC native marks 25 years of teaching

By Kimberly Haas  
Staff writer

Ken Perkins didn't start out in the educational field when he enrolled in college. However, 25 years later, he's found that he loves what he's doing. Now, he's known as Dr. Perkins to students in Fairview Heights School District 110, where he has been superintendent for almost 10 years.

"Teaching was what I always expected to do. I wouldn't have guessed that I would be a superintendent," Perkins said. "There are days when I really miss teaching."

Perkins started college at the University of Illinois, intending to become an engi-

neer. However, after two weeks, he decided the university wasn't for him and moved closer to his roots to attend Southern Illinois University at Edwardsville, majoring in education. Perkins graduated from Granite City High School, after growing up in Roxana and living in Indiana for several years.

In 1972, Perkins received his bachelor's degree from SIUE; his master's degree in 1977 from University of Evansville in Indiana; his administrative specialist's degree in 1987 from SIUE; and his doctorate in curriculum and instruction from SIUE in 1992.

His first teaching position was as a substitute teacher

and coach at Venice Junior High in 1972. After a couple of years, Perkins went on to Oakland City College in Indiana to serve as director of admissions. In 1977, Perkins went back to Venice for six years before becoming assistant principal at Waterloo High School. In 1986, he joined Madison Middle School as the principal until coming to District 110 in 1988.

Throughout his 25 years in education, Perkins said he has followed a simple philosophy — the teachers are here to teach and the students are here to learn.

"I think that's become the district motto because it cuts right to it. We've got a job to

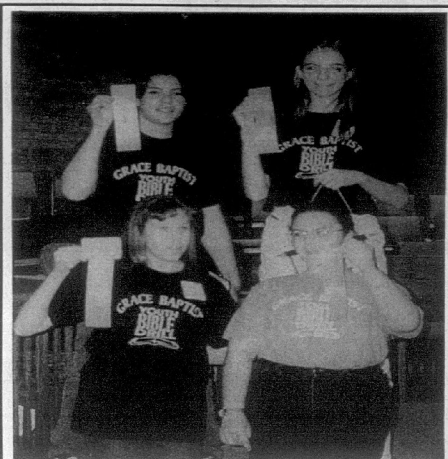
do," he said. For Perkins, keeping the lines of communication open and the paperwork flowing between all of the different entities in the district is his main job.

"Every day is different. My job is to keep the paperwork flowing and make sure the teachers are free to teach," Perkins said.

For the past nine years, Perkins said he has enjoyed working with Grant Middle School and Illini Elementary School in District 110.

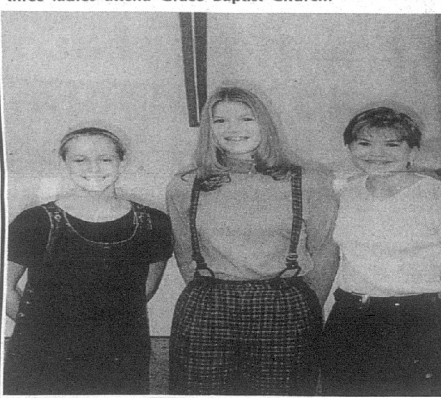
"I love this district. It's a great place to work," he said.

Perkins lives in Waterloo with his wife, Kathy, and their two children, Josh and Samantha.



## Winning teams

The Illinois Baptist State Bible Drill Competition was May 18 in Chatham. Above, Shannon Stapleton (back row, right), of Grace Baptist Church was the state's top scorer for the second consecutive year. She was awarded a \$500 college scholarship. Also competing from Grace were, bottom row, from left: Jodi Boone and Jessica Clutts; and back row: Jesse Tedder. Below, Leah Gamblin (left), Janelle Hanks (center) and Valerie Hanks recently were awarded college scholarships at the Illinois State Speakers Tournament in Chatham. Gamblin placed first and was awarded an \$850 scholarship; while the Hanks sisters tied for second place and were awarded \$450 scholarships. All three ladies attend Grace Baptist Church.



## St. Clair County has long history in Illinois

By Mark Hodapp  
Staff writer

### LOCAL HISTORY

"St. Clair is the mother of counties in Illinois, and still retains her youthful vigor, looking around with pleasure on her happy offspring."

In 1852, Belleville's John Reynolds expressed those words about St. Clair County.

Older than the state itself, St. Clair County also was one of the largest counties in the state. At one time, the boundaries stretched to the Canadian border.

While this month marked the 179th anniversary of Illinois coming into the Union, St. Clair County had an extensive prehistoric Indian culture that flourished in North America during the Mississippi period, 850 A.D. to 1500 A.D.

There is visual evidence of a prehistoric metropolis being found in earthen mounds scattered across 1,200 acres of Cahokia Mounds in Collinsville.

Of great importance to the founding of St. Clair County was the Revolutionary War military expedition made to the area in 1778 by George Rogers Clark. Clark and his men surprised the British at Kaskaskia and took the fort without firing a single shot.

The following day, Clark and his men arrived at Cahokia, and those of French who remained at the settlement became citizens of the United States.

Kay Carr, a history professor at Southern Illinois University at Carbondale, contends in her book, "Belleville, Galesburg and Ottawa," that there also is a link between frontier community building and the acceptance of particular types of democratic processes in the U.S.

"This study of three communities — Belleville, Ottawa and

Galesburg — in the first half of the 19th century illustrates that connection," Carr writes. "It compares and contrasts the decision-making processes of the three communities, where settlers were challenged by the same historical circumstances."

Carr said all three towns were planned communities, including Belleville as the new St. Clair County seat in 1814.

"Belleville's earlier founding date does not mean that its community was more advanced than the others, however, since its most influential ethnic group, the Germans, did not arrive until the 1830s," Carr said.

But Carr pointed out the towns were very different from one another in their economics and in their ethnic compositions.

"From its founding, Belleville, located in the southwest part of the state, was overshadowed economically by neighboring St. Louis," Carr writes.

"Ottawa, in the northern central portion of Illinois, depended on the business of the Illinois and Michigan Canal for its survival and competed continually with LaSalle (the eventual terminus of the canal) for dominance of the county."

"Galesburg, in the northwest, was and remains a geographically isolated city; its people relied upon the business from the surrounding farm economy for their livelihoods."

Fertile soil and freedom were attractions for many German immigrants to this area in the 1630s and 1840s. By this time the county had been reduced to its present size.

# HOLLY DAYS SALE

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20% OFF SELECT STOCK

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SALE \$29.90 REGULAR \$35

## MEN'S

### SWEATERS

20% OFF ENTIRE REGULAR PRICE STOCK

### LONG SLEEVE KNIT & FLEECE

20-33% OFF SELECT STOCK

### WOVEN & FLANNEL SHIRTS

20-33% OFF ENTIRE REGULAR PRICE STOCK

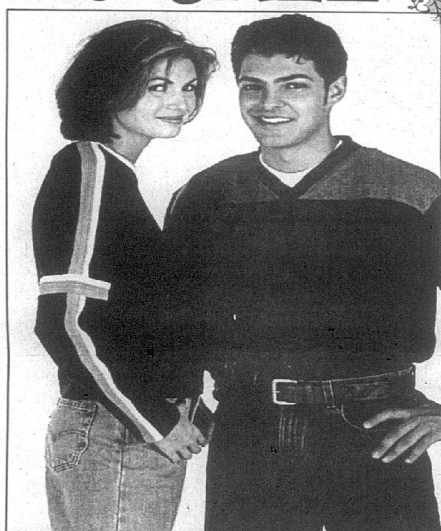
### LEVI'S® 550 RELAXED FIT JEANS

SALE \$29.90 REGULAR \$34

## BOYS'

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Necklaces, earrings & hair accessories

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25% OFF

Choose from solid dress pants & casual plaids & stripes from vendors like Smartparts® & Tracy Evans®

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Choose from flat front or classic pleat front pants in 100% cotton.

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20% OFF ENTIRE REGULAR PRICE STOCK  
Tiara & heirloom collectibles embellished sweaters & vests.

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## REGIONAL NEWS

# Holiday shopping off to good start

By Jim Merkel  
Staff writer

Those who went Christmas shopping the weekend after Thanksgiving likely had to wait for a parking space, and children likely had to wait to see Santa Claus.

Big crowds at St. Louis area shopping centers signified a healthy start to the Christmas shopping season, retailers said.

At Crestwood Plaza, the wait showed itself clearly when Santa arrived at his Candyland Home in the Dillard Center at 9 a.m. Nov. 28.

"The wait to see Santa was 45 minutes," said Sean Phillips, director of marketing at Crestwood Plaza.

To reduce the time in line for children, people can sign up ahead and return at the appointed time. When they do return, they can spend a short wait at a table where there are activities for the children, Phillips said.

At South County Center, the wait wasn't nearly as long last weekend because Santa had arrived earlier.

"Our Santa arrival was the week before Thanksgiving," said Fran Percich, director of marketing at South County Center. "At the prime time, it might have been a 15- to 20-minute wait."

However long the wait may be for Santa, stores are reporting sales.

"It's going well," Percich said. "We expected increases, and we're getting comment from the stores that they're seeing increases."

Phillips points to a prediction by the International Council of Shopping Centers and various shopping center trade magazines that sales will be up 3 1/2 to 7 percent this season.

Stephen Latz, a retailing analyst for A.G. Edwards focusing on department stores and general merchandise, is quite an optimist. But he does predict a good year.

"We think the holiday season will probably be up someplace in the 3 to 3 1/2 percent range versus last year," Latz said. Last year, the improvement was 3 to 3 1/2 percent compared to 1995, he said.

'A parking space is worth about \$1,500 a day at Crestwood Plaza, so we like to free those up for our customers.'

— Sean Phillips  
Director of marketing  
Crestwood Plaza

"We think it's sort of singles and doubles, not home runs," Latz said.

As for hot items, Percich reports the Snore and Sing Ernie is the best selling toy, and that solitaire diamonds are doing well.

"Ready-to-wear sales are doing very well," Percich said.

Although the South County Center parking lot has been crowded, Percich said a shuttle helps people get from their cars to stores.

To cut down on its parking problem, Crestwood Plaza is encouraging employees to park off-site at Grant's Farm and then take a shuttle in.

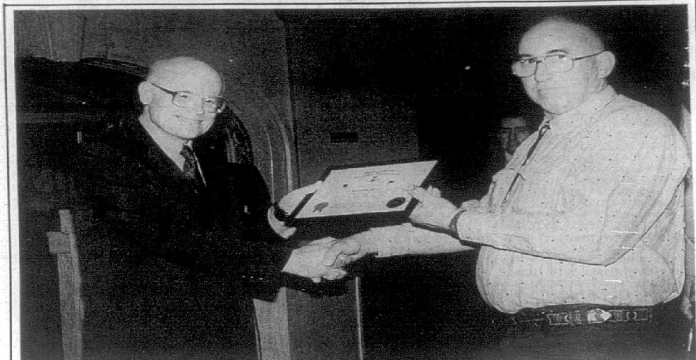
"A parking space is worth about \$1,500 a day at Crestwood Plaza, so we like to free those up for our customers," Phillips said.

At the Target department store at Hampton Avenue and Chippewa Street in south St. Louis, executive team leader Connie Corby said, "I think we're holding our own. Business has been really steady."

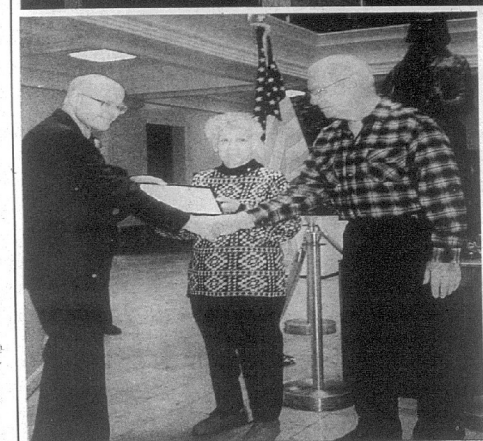
Joe Caravella, manager of the J.C. Penney store in Hampton Village, said sales so far aren't as good as was hoped.

"I really can't say it's been better than fair. It's been a little bit below expectations, but it's been fair," Caravella said.

Warm weather may have hurt sales, Caravella said. "We've got all cold weather goods," Caravella said. "It's hard to think about Christmas when it's 60 degrees out."



**Flag Awards** — Above, William R. Feeney of Edwardsville, left, chairman of the Sons of the American Revolution Flag Awards committee, presents a plaque to Kenneth Britz of Granite City Nov. 17 at the Madison County Courthouse. The George Rogers Clark Chapter, SAR, conferred certificates upon homeowners and business people for patriotic display of the U.S. flag. At left, Feeney presents an award to Virginia and Louis Zarantello of Wood River. Below, Deborah and Michael Klopfer of Alton receive their award from Feeney.



(Submitted photos)

## Ice skating season going according to form at rinks

By Jim Merkel  
Staff writer

While most people don't think about ice skating until the Christmas season and the gold set in, two St. Louis rinks are well into their seasons.

The indoor rink at the Kennedy Recreation Complex, 6800 Wells Road in South County, opened its season Sept. 29. And the outdoor Steinberg Skating Rink in Forest Park started its season Nov. 6.

The managers say the rinks are doing well and are on track to repeat their attendance of last year.

"I think we're going to have a great season. We can get the weather to cooperate with us," said Phyllis Wilcox, co-

manager of the Steinberg rink. T.L. Zobel, Inc. markets and manages the rink under a contract with the City of St. Louis.

While attendance was good throughout November, the weather caused a dropoff during Thanksgiving weekend.

"It's usually one of our biggest weekends," Wilcox said.

"Wednesday and Thursday were great, but Friday and Saturday and Sunday, it rained all the time."

Steinberg Rink will offer ice skating until mid-March. In warmer months, it offers roller skating. Those wanting more information about times or programs may call 361-5103.

Meanwhile, at the Kennedy Recreation Complex, recre-

ation supervisor Daina Skujins-Kinlen also reported a good start of the 2-month-old season at the indoor rink.

"The holidays and the cold weather always makes an increase in the amount of people that come here," Skujins-Kinlen said. There was a good turnout on Thanksgiving weekend, she said.

Among the skating programs and events scheduled at the Kennedy complex is a holiday celebration from 2:30 to 3:30 p.m. Sunday, Dec. 21. Admission is free to that event, which will feature solo routines by lesson participants.

Those wanting more information about the skating programs at Kennedy Recreation Complex should call 894-3083.

## St. Louis Winter Wonderland open through Jan. 4

The annual holiday lighting display at Tilles Park in St. Louis is open through Jan. 4.

The display, called Winter Wonderland, is open from 6 p.m. to 10 p.m. Sunday through Friday, except Christmas Eve and New Year's Eve at the park, McKnight and Latz.

singer roads in Ladue.

Visitors drive along a path with more than 1 million outdoor lights.

Admission is \$6 for family vehicles, \$20 for commercial vans and \$50 for tour buses.

## Holiday (re) past

### Jefferson Barracks event recreates 1860s gathering

By Jim Merkel  
Staff writer

When the ordinance keeper who lived at the Laborers Home in Jefferson Barracks in the 1860s decided to serve a Christmas meal, he may have started with wassail, cheese and pate.

Then he may have served cream of potato soup, hearty breads, fillet of beef with mushrooms and red wine, seasoned green beans, Mary Lincoln's almond pecan pie and cranberry plum pudding. And he would have served it by candlelight.

The ordinance keeper won't make it, but that menu will when 60 people sit down at the Laborers Home on Dec. 6 for the fourth annual mid-1860s Christmas meal there.

Don't bother calling Jefferson Barracks Park for a reservation. At \$30 apiece, the meal and follow-up candlelight tour of the park has been a sellout for about three months.

"A meal is a production, and it's staged like any other theatrical production," said Suzanne Corbett, a culinary historian who is in charge of the meal.

"What you're having here is an experience, which focus is the food," said Corbett, an Oakville resident. She has specialized in historic foodways interpretation and presentation since 1978. "Food brings everyone together. That's the joys of the table."

To Corbett, such events help make the South County park such a special place for Christmas.

"The Barracks have really gone out of the way to make this site an important part of the holiday," Corbett said.

Another example of this may be the Holiday in the Barracks event planned for

'The Barracks have really gone out of the way to make this site an important part of the holiday.'

— Suzanne Corbett  
Culinary historian

9:30 a.m. to 5 p.m. Saturday and Sunday, Dec. 6 and 7. A variety of events are planned in and around the historic site visitor center, including appearances by re-enactors for various wars, carriage rides and the arrival of Father Christmas.

Holiday in the Barracks will offer a chance for those who didn't get their reservations in for the Dec. 6 meal and candlelight tour to have a taste of Corbett's historic-style cooking.

She will prepare holiday pastries on a World War II camp stove in the visitor center all weekend.

While it may seem unorthodox to have fancy old-time food in a park, it actually serves the main purpose at the Jefferson Barracks Historic Site.

"We had done a candlelight tour, just as another way to get people to see the site," said Gina M. Mills, museum educator at the Jefferson Barracks Historic Site. Then Mills and Marc E. Kollbaum, curator at the Jefferson Barracks Historic Site, got an idea to serve a period meal, such as the ordinance keeper at the barracks actually might have served.

The first meal, served four years ago, went over beautifully, except for one slight problem.

"We did it in August, and it was dread-

fully hot," Mills said. The next one was in December. "So we're kind of just stuck the last couple of years in doing it in December."

Early December was picked so people could come before they're wrapped up in Christmas parties and other events of the holiday season.

"It's based on 19th-century traditional menus," Corbett said.

"It's difficult to make it exactly the way it used to be made," she said. Chickens are plumper and meat is more tender, she said. But it will be made in the style, and that will be a true taste of the past, she promised.

To maintain the tone, the staff serving the meal will be in period costumes.

"The timing is critical for this," Corbett said. "I want them to feel as though they're suspended in time."

If she's successful, Corbett said, those eating the meal will sing "Here We Go a Wassailing" when they leave and begin the candlelight tour.

If all that makes a reader hungry to enjoy meals the way they once were served, there's an easy answer, as long as the reader doesn't mind waiting awhile.

That reader can call Jefferson Barracks Park at (314) 544-5714 to get on a waiting list for next year's Christmastime historic meal and candlelight tour. Those who don't want to wait quite so long may call the same number to get on a list for a mid-1860s-style picnic meal planned for early May at the Jefferson Barracks Historic Site.

The best way to be certain of getting the meal is doing what a student in a Corbett's culinary class does.

That student told teacher Corbett not long ago, "I made my reservation in July, and I hope I'm on the list."

## From the heart

### Team performs surgery, educates

By Barbara Ponder  
Staff writer

When the Turnages of Bridgeton, Mo., count their blessings this holiday season, no doubt those less fortunate will be on their minds.

Kendra and Sherman Turnage, along with their three children ranging in age from 1 to 5, recently participated in a two-week Cardio-Start medical trip to Nicaragua.

Kendra Turnage said the trip was the first of many such family trips.

"My daughter enjoyed it as much as she enjoyed our trip to Disneyland," said Kendra Turnage, a registered nurse. "It brings us closer as a family because we're helping people together. It's such an experience for my five-year-old, one she wouldn't get from a textbook at school."

The Turnages have begun organizing the St. Louis office of Cardio-Start.

Aubyn Marath, a cardiothoracic surgeon and friend of the Turnages, began the non-profit organization in 1994 to provide cardiac surgery to children in developing nations.

The team operated on 13 patients during the Nicaraguan trip. Most of the patients suffered from valvular heart disease caused by rheumatic fever.

The disease is common in developing nations and stems from untreated severe strep throat infections, said Sherman Turnage, who is board-certified in anesthesiology and critical care medicine.

The Cardio-Start team — consisting of physicians, nurses and technicians — educated as well as operated.

The only way developing nations develop is if we help them develop their own people and resources," said Sherman Turnage, the director of critical care at St. Louis University.

Kendra Turnage, who is an adjunct faculty member at Maryville University in St. Louis, sometimes had to review basic life support procedures, such as cardiopulmonary resuscitation, with the Nicaraguan nurses.

In some ways the actual medical mission in Nicaragua was the easy part. Preparation for Cardio-Start trips include obtaining governmental approvals, coordinating with hospitals and arranging hotel accommodations.

"And we have to scrounge for supplies," Kendra Turnage said. "We don't just take Band-Aids. We take two or three heart lung machines and we take some ventilators, professional equipment and drugs."



## NEWS

## Eagles Auxiliary holds meeting

The Eagles Auxiliary 1126 October meeting was opened by President Mildred Boyd.

Membership chairman Katie Kostoff reported favorably on Hilda Fortner, who was then voted in. The Ritual Team, with Sue Rogers substituting as conductor for Angie Buehler, then initiated her.

A letter was received from State President Ruth Brown regarding the state convention to be held June 18-21, 1998 in Countryside, Ill. Letters were also received from the following state charity chairmen: state project chairman Marilyn Oyen; Eagle education chairman Ruth Anne Lynn; membership chairman Rita Cuoco; re-enrollment chairman Shelia Goban; disaster chairman Marsha

Bryant; Alzheimer's chairman Darla Vandenberg; DARE chairman Betty Clark enclosing information regarding grants; no goose egg chairman Jean Seper; and a letter from cancer fund director Lew Reed announcing that the project this year for the Worthy Grand President Bill Bloom, as well as the Madam Grand President, is cancer. There was also a letter regarding Illinois Fire Safety Alliance. Thank you cards were received from Ellen Amsler and Lynn Cooper.

President Mildred Boyd reported that cards had been sent to Irene Rheinhardt and Barbara Modrusic. Secretary Vincine Zerlan presented membership pins for signing one member to Helen Pasched

ag and Flo Stokes. Joanna Spencer had already received her pin at the Alton officers weekend. Quota membership certificate was awarded to Junior Past President Susan Allen.

A memorial Bible was presented by Mildred Boyd to Barbara Modrusic whose brother recently passed away. The first reading of the new by-law changes were read by Sue Rogers and Nina Jackson. The bingo, trustee, secretary and treasurer reports were given and approved.

There was no jackpot winner as Sophia Thomas was not present. Good of the Auxiliary was won by Sherri Wilson and Barbara Modrusic.

## Temperance Union has meeting

The Granite City Women's Christian Temperance Union held a breakfast meeting recently in the Fellowship Hall of the Central Free Methodist Church in Pontoon Beach. The attendance was very good and several visitors were present.

Doris Brown, president, called the meeting to order. The program was presented by

the WCTU state president, Mildred Clark, and Alberta Christ, a state field worker for the WCTU, and Juanita Whisler, a WCTU national field worker.

Clark spoke on the subject of prayer, one of the emphasis for the 1997-98 year of the Temperance Union. She also spoke of some of the other

activities for the year. Christ gave an impersonation of Frances Willard, who was the president of the Illinois WCTU in 1878-79. Whisler spoke of the work the WCTU and what the local union should be doing.

Everyone felt this was an enjoyable and profitable time spent with the guest speakers.



## Halloween bash

Scout Troop 672 had a successful Halloween party in October, as this photo shows a group of well-dressed young men and women. Attending the party were: Ashley Briggs, Brendan Dodd, Nichole Harris (scariest costume), Nathan Harris, Cassandra Stoops, Janelle Wilson, Andrea Wilson, Cassie McCarthy, Elizabeth McCarthy, Katlyn Robertson, Jessica Lee, Crystal Sharp, Curtis Sharp, Carmen Sharp, Tabitha Roemer, Natalie Sharp, Rayna Olaguez, Kerri Tringh, Amanda Tringh, Jessica Otten, Lena Weber, Heather Lee, Sara Testor, Liz Peters, Lorinda Harris and Sunny Teller (funniest costume).



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# Shimkus turns teacher at West Point Academy

Telegraph staff report

U.S. Rep. John Shimkus, R-Collinsville, is spending this week as a teacher at the U.S. Military Academy at West Point, N.Y.

Shimkus, a 1980 graduate of West Point, is teaching at the academy to fulfill his Army Reserve duties. His teaching stint began Monday and ends Saturday.

"I am honored to be returning to my alma mater," Shimkus said before leaving. "I hope to instill in the cadets the idea that government and public service can be a worthy and respected position."

Earlier this year, Shimkus became a charter member of the Education Caucus, a newly formed bipartisan group of members with experience in education. Shimkus previously taught at Metro East Lutheran High School in Edwardsville.

"The education community needs a voice in Congress," said Shimkus, who represents Illinois' 20th Congressional District. "And that voice can come from those with experience as teachers, administrators or counselors."

Shimkus also is publicizing educational information available either on-line or through

toll-free telephone numbers.

"I hope the public takes advantage of the variety of opportunities to obtain free college financial aid information," he said.

On the Internet, students can file their Free Application for Federal Student Aid at [www.fafsa.ed.gov](http://www.fafsa.ed.gov). This application will determine eligibility for Pell Grants, Stafford Loans, Perkins Loans and Federal Work Study.

Free publications, such as "Planning for College" and "All About Direct Loans," are available either on-line at [www.pueblo.gsa.gov/chil](http://www.pueblo.gsa.gov/chil) or by calling 1-888-8-PUEBLO.

The Illinois Student Assistance Commission's toll-free number is 1-800-896-4722. The U.S. Department of Education Student Financial Aid Information hot line is 1-800-4FED-AID.

The U.S. Department of Veterans Affairs has a toll-free

number to obtain VA education benefits information. Call 1-888-442-4551 between 7 a.m. and 4 p.m.

## Reeb stresses taxes

By Rebecca Hopkins  
Telegraph staff writer

The 112th Legislative District has a new face in politics as state representative candidate Steve Reeb gears up for a run against incumbent Jay Hoffmann.

Reeb, who held a fund raiser Sunday at Montclair, Bow, said he is running as an unsatisfied taxpayer.

"I'm running because I was not happy with the last race between (Glenn) Bradford and (Mario) Garcia," Reeb said. "It was too negative. Also, our property taxes are way too high and that is the No. 1 issue with the people."

Reeb said he would like to see more of the state funds already allocated from residential and commercial growth in the district come back to the district to fund necessary improvements.

"Route 159 needs to be widened and our high school system needs to catch up with residential and commercial growth," Reeb said. "We should be seeing more of that growth returning as increased revenue to our area."

Reeb also said he was displeased with the new school funding bill signed by Gov. Jim Edgar last Thursday. The money for the school funding reform package will come from \$485 million to be generated by increased taxes on cig-

arettes, riverboat gambling, telephone calls and penalties on late property taxes. The bill promises a financial boost to Illinois school districts, but Reeb is against a tax increase on telephone calls and any increase of property taxes.

"I don't want to sound like a broken record, but the tax increases are just unacceptable," Reeb said.

Reeb, 38, is employed as a computer programmer at Hager Co. in St. Louis and lives with his wife, Beverly, and their four children in Swansea.

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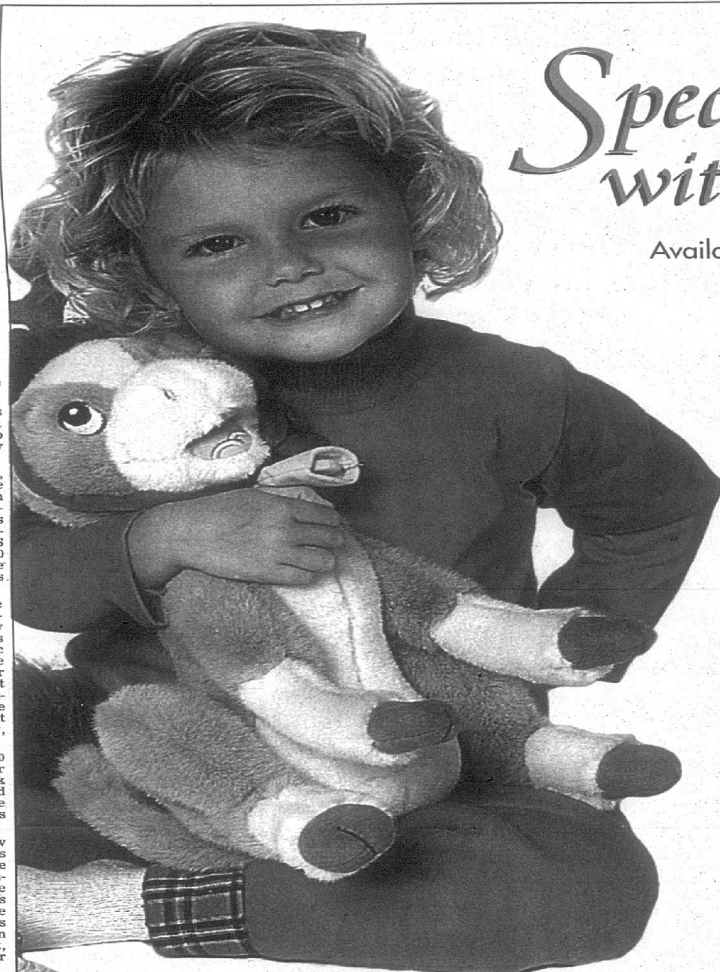
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## Delay saved Des Peres man 56 years ago

By David W. Fiedler  
Correspondent

Sometimes being a little late isn't such a bad thing.

Bob Conyers of Des Peres would agree wholeheartedly. He remembers a day long ago when being late probably saved his life.

It was 1941. Conyers, now 79, was a 23-year-old ensign in the U.S. Navy, a new officer with only three months in the service. His first assignment was to serve as assistant engineering officer aboard the USS Craven, a destroyer nearly 400 feet long that carried five 5-inch guns, eight 20mm guns and eight torpedoes.

The Craven, named for the commander of a Union ironclad that sank in Mobile Bay during the Civil War, was steaming across the Pacific Ocean toward Hawaii. The ship left Wake Island after completing a trip as an escort for an aircraft carrier transporting 12 fighter planes. The Craven was due to dock at Pearl Harbor on Saturday, Dec. 6.

The ship was still about 50 miles out of Pearl Harbor when news of a surprise attack by the Japanese was relayed to the crew. Initially the response was skeptical. It was 8 a.m. Sunday, Dec. 7.

What Conyers and the crew of the Craven heard was news of the attack by the Japanese on Pearl Harbor. Although tensions were high between the U.S. and Japan, the countries were not at war and the ambush caught the Americans completely off-guard. Nineteen ships were damaged or sunk, and 2,300 Americans lost their lives.

After the devastating attack, in a speech to Congress and the nation, President Franklin Delano Roosevelt called Dec. 7, 1941, "a date that will live in infamy."

Conyers and the crew finally realized it was no exercise. Conyers served the Navy through the duration of the war, nearly another four years, "at sea the entire time on a destroyer." He and his sweetheart from Oregon, Mary Jane, were married in 1943 when he was home on leave. During the course of the war, he saw action at Iwo Jima, Guadalcanal, the Philippines and New Guinea.

## SPORTS

Updated standings  
for prep sports

Page 2B

Warriors wrestlers  
sweep Edwardsville

Page 4B

Granite City Journal

Wednesday, December 10, 1997

Section B

Art  
VoellingerTurner's  
situation  
is cause  
for wonder

Regardless of any outcome of the current collegiate basketball season, I doubt any game will have the turnaround of Saint Louis University's recent 85-76 victory at SIUC-Carbondale, in which the Billikens outscored the Salukis 17-0 in the final 2:35 of play.

The game may stand as the foreshadowing of stardom for 33-point scorer Larry Hughes, a freshman for St. Louis U., but my bet is it will be long forgotten as the return of Rashad Tucker to the Carbondale lineup.

Even if the game becomes one that helps put a nail in the coffin of SIUC coach Rich Herrin, Tucker's return from ineligibility due to a National Collegiate Athletic Association ruling has me wondering.

According to the SIUC official I spoke with, Tucker was eligible by the Carbondale school's standards and would have been able to play after the end of the first semester regardless of any NCAA decision.

Fortunately, the SIUC appeal was recognized and Tucker played after missing two exhibition games and the first two games of the regular season. Obviously, Tucker, the team's leading returning scorer at 15.1 points and 9.1 rebounds per game, was needed immediately. Although the Salukis blew a 15-point lead in the final 11:28, Tucker finished with 22 points.

Yet, I found something most interesting in the SIUC media guide — something worth passing on to every high school athlete other than the fact that Tucker is 6-foot-7, graduated from Carbondale High and had a dispute with Herrin in the 14th game of last season.

Said Tucker in an interview with SIUC sports information director Fred Huff: "School means a lot of me, too, but it's hard. I'd really like to have a degree, but I feel so awkward in class and much of the time am scared to ask questions because I think I'm wrong."

"I was never acquainted with the classroom until I went to college. I just blew off high school, but realized when I went to college, I was going to have to study some if I was going to play basketball."

"That doesn't mean I don't want to learn. I really do. But first things first, and right now I just want to win."

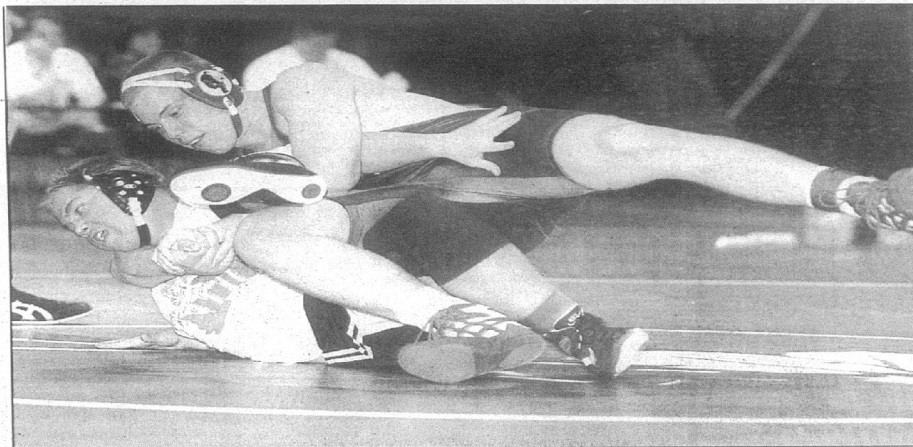
Is there a better example for players who already find themselves just putting the time in high school? I've already been told of Tucker's tough childhood and helping to raise his brothers and sisters, but to what did the line from Carbondale High to Southeastern (Harrisburg) Junior College to SIUC lead?

If it's basketball, then there's no denying Tucker should have played as soon as he was cleared by the NCAA. Meanwhile, while the guide does not specifically refer to a major academic area for Tucker or for any other Salukis player, page 47 does note that Herrin has had a graduation rate of 85 percent (35 of 41) in 13 previous seasons.

After the NCAA investigation of Tucker's transcript, one can only wonder where he fit in at SIUC or, for that matter, at Carbondale High or at Southeastern except for basketball.

Even if Tucker is fortunate enough to reach pro basketball, I continue to wonder about such things as "awkward in class," "scared to ask questions," and "blowing off high school."

## Warriors win Morton Quad



(Staff photo by JOHN FRES)

Granite City's Kevin Venne (on top, in control of teammate Daniel Chalevik in a challenge match) posted three victories by pin Saturday at the Morton Quadrangular Meet.

## Warriors travel north for 'wake-up calls'

By Patrick C. Heston  
Staff writer

After a busy weekend which saw his Granite City team defeat Edwardsville on Friday and then a trio of top northern Illinois teams at the Morton Quadrangular on Saturday, Granite City High School wrestling coach Mike Garland was pleased with his grapplers.

"We wrestled well and I was pleased," said Garland. "We picked up our intensity and mat movement. And some of our wrestlers received a call at Morton. That's one of the reasons we take our kids up north. You can wrestle down here and think you're better than you actually are. But when you face the competition you do in these meets up north, it makes you realize how tough the competition in

this state is. You realize that you may be a little behind in technique, or strength, or quickness, or mental toughness. And it makes you determined to work just that much harder."

Granite City will travel Morton again on Jan. 10 for the prestigious Morton Invitational Tournament. Later this season, on Jan. 16-17, the Warriors travel to Geneseo for one of the premier team tournaments in America. GCHS will also participate in the Springfield Lanphier Quadrangular this Friday, the Springfield (Ill.) Tournament on Dec. 20, and the Chatham-Glenwood Triangular on Jan. 24. The Warriors will also host their only holiday tournament on Dec. 29-30.

"Bobby Grammer received a wake-up call when he got pinned twice this weekend," said Garland. "He's already told

me he's going to work even harder now." (Kevin) Venne received a wake-up call when he was put on his back against Edwardsville, and he responded with a strong performance at Morton. Worthen got a wake-up call, too, as did Ben Lofink, who said to me, "They're stronger up here. That's something our wrestlers need to know. It helps them see where they need to improve."

"Ike Newman had the hardest job of anyone on the team at Morton. He had to wrestle three tough wrestlers. He lost, but he went down fighting. I think, as a result, he got more out of the weekend than anyone. Adam Dunnivant lost to Kelly Madden of Pekin, who finished second at state last year. He learned that

(See WRESTLING, Page 4B)

By Patrick C. Heston  
Staff writer

Winning the Morton Quadrangular Meet on Saturday was as simple as 1-2-3 for the Granite City wrestling Warriors.

PREP  
WRESTLING

One: The Warriors defeated Pekin 57-15.

The Dragons roared to a sudden 15-3 lead after four matches, but the Warriors came storming back to reel off 51 straight points, sparked by John Kelly's 15-2 domination of Walt Keiser in the fifth match of the contest.

Matt Werner captured a 2-0 win over Joe Augustin in the 135-pound match and when Ryan Worthen (140 pounds) won by fall at 3:46, the Warriors had a 16-15 lead and a head of steam.

Jonas Janek (160), George Kirgan (171), Kevin Venne (189), Bobby Grammer (215) and David Crouch (275) all won by falls — Venne in only 28 seconds over Brian Zeigenbein — while Brooks Narvaez (145) claimed a 13-3 decision.

In a tense match that featured no third period scores, Ike Newman (152) edged Josh Augustin 5-4.

Two: The Warriors bounced Morton 57-12.

Granite City jumped to a 30-0 lead against the host school, with the help of pins by Paul Johnson, Adam Dunnivant and Ben Lofink.

Brooks Narvaez and George Kirgan won by sizeable margins, dominating their foes by 17-7 and 26-11 scores respectively. Venne and Crouch both pinned their opponents in the third frame, Crouch's win by fall coming at 5:29 and Venne's at 5:59.

The Warriors' Richie Carney won by forfeit to open the match.

Three: GCHS crushed Bloomington 67-13.

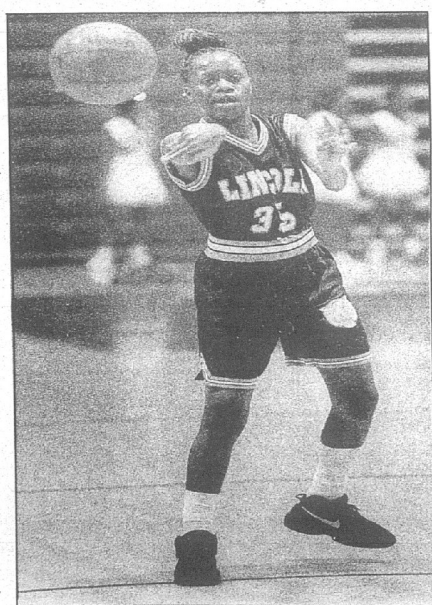
Bloomington, the last team to win a regular season dual meet against the Warriors, trailed 36-0 and 41-3 as Granite City dominated from start to finish.

Paul Johnson took the sec-

(See WARRIORS, Page 4B)

Perfect  
start

East St. Louis Lincoln's Kyetta Walker passes to a teammate during a recent victory against Belleville West. Lincoln opened the 1997-98 girls basketball season with a 4-0 mark. Standings appear on Page 2B.



(Staff photo by T.L. WITT)

Cougars ready  
for holiday breakBy Bill Hester  
Correspondent

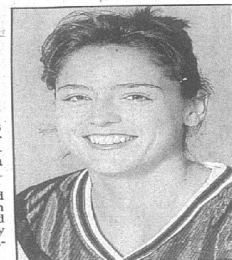
The holiday break will come at the right time for the Southern Illinois University-Edwardsville women's basketball team.

COLLEGE BASKETBALL The Cougars have a respectable 6-3 record and they did win their first Great Lakes Valley Conference game of the season last Thursday night against St. Joseph's (Ind.) College.

But the wins have been hard to come by for a team which has rarely been able to field the starting five coach Wendy Hedberg hoped to use this season.

"We've had some injuries and had a couple of games where we had to play without our leading scorer," Hedberg said. "We aren't able to do some things because of that and we've been struggling to find a rhythm on offense. We are happy for any wins we can get now."

SIUE was scheduled to play another conference game Saturday against Fort Wayne (Ind.) at home. The Cougars then have a week off before hosting McKendree before a holiday break which will have them out of action until Jan. 2. Hedberg hopes to have her entire team back by that point. Senior forward Alicia Harkins, the team's leading scorer last year with an average of 14.8 points per game, missed two of the three games in a recent



Triad grad Cris Loomis is a member of the SIUE women's basketball team, off to a 6-3 start.

tournament at Mesa College in Colorado with a rib injury. She returned Thursday against St. Joseph's and didn't miss a beat, scoring 22 points. "Alicia is a very versatile player," Hedberg said. "She has a nice outside shot but she can also take it to the basket." One starter, April Clendenin, did miss the game against St. Joseph after suffering a severe ankle sprain last week. She may not be back until after the holiday break.

(See COUGARS, Page 3B)



# STANDINGS

## PREP SPORTS STANDINGS

### METRO EAST HOCKEY

Southern Division				
Team	Conf	Overall	GF	GA
Alton	2-0	2-0	30	3
Granite City	1-1	2-1	14	4
Collinsville	2-2	2-2	12	18
Belleville West	2-1	3-1	14	6
O'Fallon	0-2	1-2	8	10
Belleville East	0-1	1-2	11	12
Cahokia	0-2	0-2	0	10

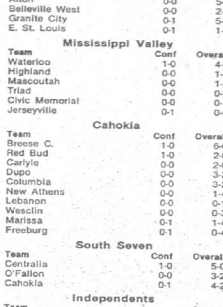
### Girls Hoops Standings

Southwestern Conference				
Team	Conf	Overall	PF	GA
Belleville East	2-0	2-1	20	10
Edwardsville	1-0	1-0	20	10
Collinsville	1-1	2-2	19	20
Alton	1-1	2-2	19	20
Granite City	0-1	0-1	4	5
Belleville West	0-1	0-1	4	5
E. St. Louis	0-2	0-2	0	10

### Boys Hoops Standings

Southwestern Conference				
Team	Conf	Overall	PF	GA
Belleville East	2-0	2-1	20	10
Edwardsville	1-0	1-0	20	10
Collinsville	1-1	2-2	19	20
Alton	1-1	2-2	19	20
Granite City	0-1	0-1	4	5
Belleville West	0-1	0-1	4	5
E. St. Louis	0-2	0-2	0	10

### Cardinals Team of the Week



The Millstadt Blue Sox won the Metro East Fall League with a 12-0 regular season and finished the year 14-1 overall. The team was managed by Paul Baillargeon with coaches Keith Howard and Tim Johnson. Members of the team (from left to right): In front — Chad Friedrich, Tanner Icenogle, Luke Joshi, Doug McMorris and Travis Jones; In back — Gary Miller, John Stier, Keith Howard, Brian Unger, John Habrel and Todd Baltz.

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P205/60R15	78
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P235/70SR15	69	69	69	69
P255/70SR15	75	75	75	75
P215/65SR15	65	65	65	65
P215/60SR14	64	64	64	64
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P225/70SR14	39	39	39	39
P235/70SR15	44	44	44	44
P255/70SR15	45	45	45	45
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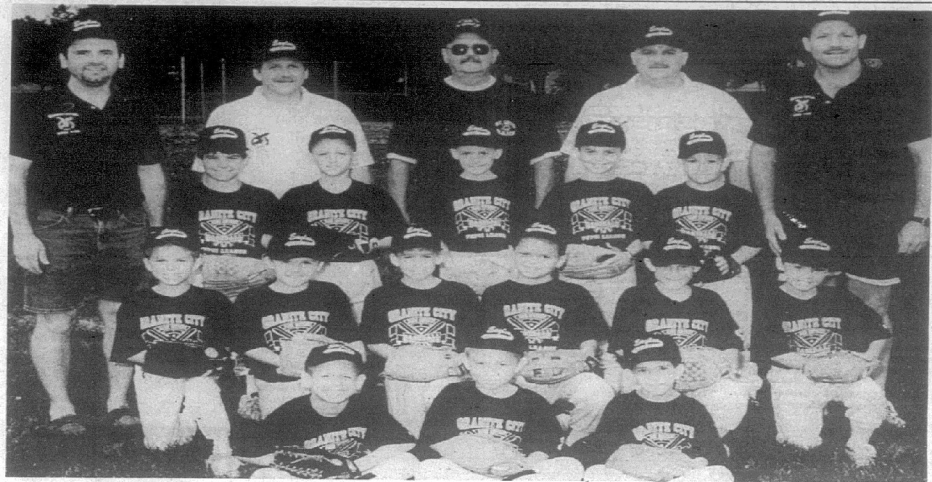
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## •Cougars

(Continued from Page 18)

Another key player, Leslie Phillips, a 5-9 senior guard from Pinckneyville, has not missed a game but has been bothered by knee problems. She was the second-leading scorer on last year's 19-8 team with an average of 14.7 points per game.

"Leslie is seeing a doctor Monday," Hedberg said. "She's been playing at probably only about 75 percent. She can do a lot of things for us. She's a good 3-point shooter and is capable of taking it to the basket."

Junior forward Kim Lowe has been one of the team's most valuable performers early this season. Lowe led the team in rebounding last season while coming off the bench. This season, she is starting and averaging a double-double

with 12.6 points and 10.8 rebounds per game. She had an outstanding contest in the league opener Thursday with 22 points and 14 rebounds.

The team's leading scorer in the first nine games is a freshman, point guard Missi Clark. The product of Paris is averaging almost 13 points per game and also leads the team in assists.

Another freshman guard, Erica Cory, from New Castle, Ind., and senior forward Cris Loomis, a graduate of Triad High, have also played well for Hedberg.

"We are still in a learning and building mode because of the injuries and the freshmen are still learning the offense," Hedberg said. "We've had to rotate a lot of players around."

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## •Wrestling

(Continued from Page 1B)

he's a little behind where he should be as far as technique is concerned. These are the type of wake-up calls your wrestlers need to make them better and to prepare them for February."

Garland highlighted the recent performances of three wrestlers in particular.

"(Jonas) Janek is starting to pin people now. He had just been winning handily, but now he is putting them on the mat," Garland said. "(George) Kirgan has stabilized his weight and has his strength back. Paul Johnson is wrestling tough. Richie Carney keeps winning and is starting to really open up. (Matt) Werner is probably as consistent as any wrestler we have at the moment. He is very tough and physical."

"And I keep waiting for David Crouch to lose, to see how he reacts and what he learns from it. But he keeps winning. I guess that's OK. We'll let David keep learning from winning."

The wake-up calls are bad news for future opponents of the state's second ranked squad, which is living up to preseason expectations.

Civic Memorial comes calling Thursday night in what coach Garland calls a "deja vu meet."

"Last year we went in to their place as the

"Last year we went in to their place as the young team taking on the favorite, and we upset them. Now the roles are reversed. We've got to heed our wake-up calls and wrestle well fundamentally to keep from being upset."

—Mike Garland  
Granite City coach  
on match with  
Civic Memorial

young team taking on the favorite, and we upset them," Garland remembered. "Now the roles are reversed. We've got to heed our wake-up calls and wrestle well fundamentally to keep from being upset."

A win would be quite an accomplishment for the Warriors. It will mark the school's 100th consecutive dual meet win — one of the top marks in state wrestling history.

Granite City is currently just 17 dual meet wins shy of becoming the first high school wrestling program in the country to post more than 1,000 all-time victories.

## Warriors JV, frosh sweep Edwardsville

By Patrick C. Heston  
Staff writer

It was a clean sweep for the Granite City grapplers at Edwardsville last Friday afternoon.

Not only did the varsity squad smoke the Tigers 65-3, but both the junior varsity and freshman teams also came away with victories.

The freshmen opened strong, taking a 24-0 lead before the Tigers came clawing back to knot the score at 27-27. But a string of three straight wins in the heavier weight classes clinched the 45-33 win for the Warriors.

Steven Peach (103 pounds) and Gerald Curtis (125) both won by forfeit, while the Warriors forfeited matches in three weight classes (130, 150, 215).

Winning by fall for the freshman team were Adam Johnsee (112) over Corey Grohferdt in 2:38; Greg Campbell (119) against Matt Townsend in 1:00; Jon Harley (148) over Isaac Kotton in 5:27; Jeff Hard (180) against Jeremy

### PREP WRESTLING

Wilkinson in 3:59; and Justin York (213) over Mike McClean in 3:30.

Also winning big for the Warriors were Dan Watson (135), with a 15-7 decision against Justin Joiner, and Justin Morton with a 14-6 win over Dan Goodman.

In junior varsity competition, Granite City notched 23 points in the meet's final four matches to upend the Tigers 48-28.

Jake Triant opened the meet by pinning his opponent in the 103-pound weight class in just 36 seconds. The Warriors built on the early lead with the help of pins by Dennis Davis (1:05) and Scott Carney (2:05) to seize a 22-4 advantage.

The lead was 25-10 when Edwardsville took the lead with three straight match wins. But pins by Matt Levart (2:25), Craig Mooshegian (3:41), Mike Derossett and Ken Kovar (5:55) gave the Warriors the 20-point win.

## •Warriors

(Continued from Page 1B)

and match of the meet, pinning Sean Lane in a quick 23 seconds. Kelly (5:57), Janek (3:55), Venne (1:22) and Kirgan (0:41) also won by fall.

Narvaez won big (19-3), as did Newman (12-4). Carney, Dunnivant, Lofink and Werner all won by forfeit.

The trio of wins set the stage for Thursday's home meet against Bethalto Civic Memorial. The Eagles finished second to Vandalia in the Civic Memorial Tournament on Saturday.

The last time Granite and CM met was in last year's team regional finals. The Warriors upset the favored Eagles 30-25 when Brad Becker was whistled for an illegal slam

against Jonas Janek. This time, GCHS is a heavy favorite. The Warriors are 7-0-0 on the season, 1-0-0 in the Southwestern Conference. If the Warriors can avoid the

upset, they will win their 100th consecutive regular season dual meet. GCHS is currently only 17 dual meet wins shy of an unprecedented 1,000 all-time victories.

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**ST. JOHN UNITED CHURCH OF CHRIST**, 9 a.m., 2901 Nameoki Road, Sunday School; 9 a.m. Two Sunday Worship Services, 9 a.m. and 10:30 a.m. Nursery available. Everyone is welcome.

**GENERATION JESUS YOUTH GROUP**, led by youth minister, 6 to 8 p.m. every Sunday at Nameoki United Methodist Church, 1900 Pontoon Road.

**CENTRAL CHRISTIAN CHURCH**, 2020 Johnson Road, holds Sunday School at 9:30 a.m. and morning worship at 10:45 a.m. every Sunday. Everyone is welcome.

**ST. PETER UNITED CHURCH OF CHRIST**, 2101 Cleveland Blvd. holds Sunday School at 9 a.m. and has preschool available. Morning worship services at 10:15 a.m. Nursery available. Everyone is welcome.

## Community

**MADISON COMMUNITY ACTION GROUP**, meets at 7 p.m. on the fifth Monday of the month. For more information call Dan at 452-2336 or Diane at 876-1360.

**MITCHELL FIRE PROTECTION DISTRICT** monthly meeting, 7 p.m., second Tuesday of each month, Maryville and Old Alton roads.

## Dance

**MIDWESTERN UNITED STATES IMPERIAL DANCE CLUB (MUSIC)** regular monthly meeting is held every other Sunday evening at the American Legion Hall in Collinsville. Non-members welcome. Dance lessons from beginning to advanced are given from 6-8 p.m. Open dancing in the main hall is open from 8-10 p.m. at a cost of \$4.00 for nonmembers and \$2 for members.

**BOOTS & SLIPPERS SQUARE DANCE CLUB**, square dance lessons, 7 to 9 p.m., every Monday, St. Paul Lutheran Church, Fairview Heights. The cost is \$2.50 per person, per lesson. For more information, call 797-6528 or 344-4636.

**AMERICAN ASSOCIATION OF RETIRED PERSONS, CHAPTER 1340**, will have its Christmas Dinner Dance, Dec. 10, doors open at 5 p.m. with dinner at 6 p.m. Dance members \$6, guests, \$8. Donations of canned goods, paper products, and outdated eye glasses will be accepted for distribution to local charities. Those 50 and over are welcome to attend. For questions, call 797-3020.

## Food/Nutrition

**POLISH PIEROGI SALE**, Sacred Heart Polish National Catholic Church, 930 Reynolds, Madison, first Saturday of the month. Seven varieties: cabbage, cheese, kielbasa, potato, sausage and kielbasa, plum pudding and taco. Carry-outs only. Special seasonal feature: Whole plump pierogi. \$6 per dozen. Cooked and ready to eat. Call 876-5660, 876-3698, or 931-3367.

**RESCUE MISSION**, 1536 Fourth St., Madison, food pantry is open from 9 a.m. to noon every Saturday. Samuel Turner is the chairman, Valinda Turner is the secretary and Alfred Turner is the pastor.

**GRANITE CITY FOURSCORES CHURCH**, 12th Street and Edwardsville Road, hot meals served free of charge, the last Monday of each month, to those in need or those

who just want someone to talk to. Open to public. For information or a ride, call 451-9635.

## Health/Exercise

**Bemis Chiropractic**, 3361 Fehling Road in Granite City, is offering FREE ELECTRONIC SPINAL SCREENINGS from 9 a.m. to noon every Tuesday and Thursday. Call 876-2273 for more information.

**TOPS 2363**, 6:30 p.m. every Thursday at Anchorage Recreation Center, 2909 Edwards St. For more information call Bobbie at 452-0273.

**FREE SENIOR CITIZEN EXERCISE CLASS**, 9 a.m., every Thursday, Anchorage Recreation Center, 2909 Edwards St.

**TOPS 2048** (Take Off Pounds Sensibly), 6 p.m. every Monday, Melvin Pivce Support Center in Granite City, 876-2124.

**TOPS 1145**, 7 p.m. every Monday, Anchorage Recreation Center, 2909 Edwards St., Granite City, 452-6102. Men and women welcome.

**TOPS 1699**, (Take Off Pounds Sensibly) will meet at 6:45 p.m. every Tuesday at the Anchorage Recreation Center, 2909 Edwards St.; call 797-2724 for more information. Men and women are welcome to attend.

**TOPS 1147**, 6 p.m. every Tuesday, Briarcliff Pentecostal Church, 1120 Pontoon Road, Collinsville, 452-2222. Weigh-in at 5:30 p.m. Anyone age 7 or above with a weight problem is welcome. For more information call Lisa at 931-3602.

**ST. ELIZABETH MEDICAL CENTER'S BEHAVIORAL HEALTH SYSTEM** will present a talk on "Dealing with the Holidays and Loss" at 7:30 p.m. Dec. 16 at Pascal Hall. The presentation is free and open to the public. To register or for more information, call 798-3888.

## Organizations

**AMERICAN ASSOCIATION OF RETIRED PERSONS CHAPTER 1340**, meets at Granite City township Hall second Wednesday of each month. Doors open at 5 p.m., refreshments served at 6 p.m. All seniors 50 and over are welcome. For information call 877-3020.

**MEN'S FELLOWSHIP GROUP** of Central Christian Church meets at 8:30 p.m. the second Wednesday of each month for breakfast and fellowship. For more information and/or location of meetings call 931-2098.

**GRANITE CITY BUSINESS AND PROFESSIONAL WOMEN**, meeting at Jerry's Cafeteria, Dinner at 6:30 p.m., third Wednesday of each month, followed by a program at 7:15 p.m. open to the public. For more information call 452-5391 or 451-6914.

**NON NETWORKING FOR WOMEN**, third Wednesday of each month, Ramada Inn in Fairview Heights. Cost is \$10 (no annual dues). Please feel free to bring your business cards and brochures. Bring a friend a get \$4 off your next lunch at Non Networking.

**CHRISTIAN WOMEN'S FELLOWSHIP** group, Central Christian Church meets at 1 p.m. the first Thursday of each month. For more information, call Helen Stumpe at 931-2295.

**SONS OF CONFEDERATE VETERANS**, a hereditary group for descendants over age 12 of Confederate veterans, meets every third Thursday of every other month at Ravanelli's

Restaurant in Granite City. Call 877-3065 for more information.

**NAVY MOTHERS CLUBS OF AMERICA**, meets at 7:30 p.m., second Thursday of each month, at the Veterans of Foreign Wars Post in Granite City. Mothers, fathers, daughters, wives or sisters of former and present Navy, Marines, Coast Guard or Sea Bees are encouraged to join. For more information, call 931-2292 or 876-2299.

**THE SARAH AND DORCAS CIRCLES OF CHRISTIAN WOMEN'S FELLOWSHIP**, meets at 9:30 a.m. the third Thursday of each month. For more information and/or meeting location, call Helen Stumpe at 931-2098.

**THE RUTH CIRCLE OF CHRISTIAN WOMEN'S FELLOWSHIP**, meets at 7 p.m. the third Thursday of each month. For more information and/or meeting location, call Helen Stumpe at 931-2098.

**LYDIA CIRCLE of Nameoki United Methodist Church** meets at 1 p.m. the third Thursday of each month. For more information, phone, 877-1936.

**CHURCH WOMEN UNITED** will meet at 10 a.m. the fourth Thursday of each month, except July, at the Holy Family Community Center.

**MODERN WOODMEN OF AMERICA Life Insurance Society** meets the last Thursday of each month at 5 p.m. at the Jolly Quilters' Restaurant in Granite City.

**THE JOLLY QUILTERS**, 9 a.m. to 2 p.m., every Thursday at the Social Center, 905 Thorgate Drive, Mitchell.

**GRANITE CITY COMMUNITY BAND** rehearsals, 7:30 to 9 p.m. every Thursday, St. John United Church of Christ, 2901 Nameoki Road, Granite City, 931-0443.

**GREATER BENEFICIAL UNION OF PITTSBURGH**, District 491, Granite City Council, meets at 8 p.m., first Friday of each month, at Third Baptist Church, 26th Street and Grand Avenue in Granite City. James P. Reagan, president, can be reached at 288-7396; and Mary Solomon, secretary, can be reached at 451-9201.

**GREATER BENEFICIAL UNION**, District #491 of Granite City will have their annual Christmas Party at 8 p.m., Friday, Dec. 5, at Third Baptist Church, 26th Street and Grand Avenue in Granite City. Members only.

**GRANITE CHAPTER 650 ORDER OF THE EASTERN STAR** meets the second Friday of each month, 7:30 p.m., at the Masonic Temple, 20th Street and Cleveland Boulevard in Granite City.

**DOWNTOWN NEIGHBORHOOD RESTORATION SOCIETY**, 8 p.m., second Friday of each month, Granite City, 876-7715.

**GRANITE CHAPTER 650 ORDER OF THE EASTERN STAR** meets the fourth Friday of each month, 7:30 p.m., at the Masonic Temple, 20th Street and Cleveland Boulevard in Granite City.

**THE PONTON BEACH JAYCEES** regular meeting is held 7:30 p.m. the first and third Sunday of each month, at Ralph and Charlie's Steak House. The meetings are open and the public is invited.

**METRO EAST LANDLORD'S ASSOCIATION** meets the first Monday of each month at the Eagles Lodge in Collinsville.

**CAMERA EXPLORERS CLUB**, Hartford

Public Library, 143 W. Hawthorne St., 7 p.m., first Monday of each month, call Beverly Zager, 254-9394.

**ELETTES**, Granite City Lodge 1063, Maryville, 931-2557, 7 p.m., the first Tuesday of each month except July and August.

**MADISON COUNTY LEGAL SECRETARIES ASSOCIATION**, meets the first Tuesday of each month at 6:30 p.m. Open to everyone in legal field attorneys, legal secretaries, support staff, court reporters and court personnel. For more information call 465-4400.

**MADISON COUNTY HOMEMAKERS EXTENSION ASSOCIATION**, Granite City unit, noon, first Tuesday of each month, Anchorage Recreation Center. For more information call 876-7026 or 931-3735.

**TRIO UNIT, MADISON COUNTY HOMEMAKERS EXTENSION ASSOCIATION**, noon, first Tuesday of each month, Hope Lutheran Church, 3715 Washburn Ave., Granite City.

**TOASTMASTERS INTERNATIONAL** meets the first, third and fifth Tuesday of the month from 7 to 9 p.m. at Shoney's, Highway 157 (#4 Commerce Drive), Collinsville. Come join us for better communication and leadership skills. For more information call 882-0228 or 344-2888.

**NATIONAL ASSOCIATION OF RETIRED FEDERAL EMPLOYEES (NARFE) Chapter 1067** meets the second Tuesday of each month, except July and August, at 11:30 a.m. at Charlie's Restaurant in Granite City. For more information call 876-8450.

**BAND PARENTS ASSOCIATION OF GRANITE CITY HIGH SCHOOL**, 3101 Madison Ave., 451-5808, 7 p.m., second Tuesday of each month.

**BENEVOLENT AND PROTECTIVE ORDER OF ELKS**, Granite City Lodge 1063, Maryville Road, Granite City, 931-3557, 8 p.m., second Tuesday of each month.

**KNIGHTS OF COLUMBUS, 3RD DEGREE**, 4225 Old Alton Road, 7:30 p.m., the second Tuesday of each month, 877-4250.

**KNIGHTS OF COLUMBUS, 4TH DEGREE**, 4225 Old Alton Road, 7:30 p.m., third Tuesday of each month, 877-4250.

**BENEVOLENT AND PROTECTIVE ORDER OF ELKS**, Granite City Lodge 1063, Maryville Road, Granite City, 931-3557, 8 p.m., fourth Tuesday of each month.

**JOB'S DAUGHTERS BETHEL #43** meets the fourth Tuesday of each month at 7 p.m. at the Masonic Temple, 20th Street and Cleveland Boulevard.

**GRANITE CITY KIWANIS** meet at Granite City at 7:30 a.m. every Tuesday.

The Troy/Maryville/Collinsville chapter of **BUSINESS NETWORK INT'L (BNI)** meets every Tuesday at 7 a.m. at Randy's Restaurant in Troy. For more information, please call Lisa at 867-8340.

**BURT - BURLINBLASTERS UNDERWATER RESCUE TEAM** meets the third Wednesday of every month at 7 p.m. at 4064 Old Alton Road next door to the Mitchell Fire Department. Reservations are available by appointment, please call 931-8317 or write to the address mentioned above.

**MADISON COUNTY FAMILY RESOURCE ALLIANCE** will meet from 9 to 10:30 a.m. at Milonski

Room at St. Elizabeth's Hospital in Granite City. For Directions and information call, 462-4883, extension 104.

## Schools

**SCHOOL OF METAPHYSICS**, 7:30 to 10:30 p.m., every Tuesday, 9459 Rosalyn Place, St. John, Mo. Classes in applied metaphysics. Call Melanle McManus at 429-0076.

## Seniors

**PONTON BEACH SENIOR CITIZENS** BINGO, every Wednesday, 11:30 a.m., 3910 Illinois 111, Pontoon Beach.

**CHOUTEAU TOWNSHIP SENIOR CITIZENS** meet at 10 a.m. Dec. 18, at the Social Center, 806 Thorgate Drive, Mitchell. A ham dinner will be served, and everyone should bring a complementary dish. Also, everyone should bring a gift-wrapped present that will be given to the needy.

**ATTENTION MEDICARE BENEFICIARIES** — Come and hear how Advantage can give you complete health-care coverage. You are invited to hear a presentation every Monday, Tuesday and Thursday from 10 a.m. at the Pontoon Beach Senior Center, 3910 Highway 111, Pontoon Beach.

**EAGLE PARK ACRE SENIORS OF MADISON** meet every Thursday from 10 a.m. to noon at 100 Hill St. (rear), Eagle Park Acres, Madison.

**FREE SENIOR CITIZEN EXERCISE CLASS**, 9 a.m., every Thursday, Anchorage Recreation Center, 2909 Edwards St.

**FRIDAY AFTERNOON PINOCCHIO CLUB** for seniors 55 and over meets at 12:30 p.m. every Friday at the Harold Brown Recreation Center, Franklin Avenue and Pontoon Road. Call 877-0350 for more information.

**PONTON BEACH SENIOR CITIZENS** meet at 10 a.m. the first Saturday of each month, 5 p.m., 3910 Highway 111, Pontoon Beach.

**SENIOR SOCIAL CLUB**, meets the first Sunday of the month at the Nelson Hagauer Township Hall. There will be bingo first Sunday of the month, doors open 12:30 p.m. and refreshments served at 1 p.m. Games start at 2 p.m. Call 877-1215 for more details. Every other month on the fourth Monday there is bingo or a dance. Doors open at 5:30 p.m., 8 p.m. refreshments served, and dance or bingo starts at 7 p.m.

**SOCIAL CLUB**, business meeting, 6 p.m., fourth Monday of every other month, Nelson Hagauer Township Hall. Dessert is served following the meeting. All who are broken in at bingo are played at 7 p.m. Call 877-1215 for more details.

**PONTON BEACH SENIOR CITIZENS**, meeting, third Tuesday or each month, 5 p.m., 3910 Highway 111, Pontoon Beach.

## Support Groups

**STROKE SUPPORT GROUP**, for stroke survivors and caregivers, 8:30 p.m., second Wednesday of each month, in Pascal Hall, St. Elizabeth's Hospital. Refreshments are served. Call 798-3018 for more information.

**PULMONARY SUPPORT GROUP**, for persons with diagnosed lung condition, 11 a.m. to noon every Wednesday at 4400 S. Main, St. Elizabeth's Medical Center, 798-3018.

**ALANON**, 9:30 a.m. every Monday, 2116 Edison (side door), Granite City, Call 463-2429 for more information.

**ALCOHOLICS ANONYMOUS**, 11 a.m. and 8 p.m. every Wednesday, 2116 Edison, 2116 Edison, Granite City, (800) 307-6600.

**ALANON ADULT CHILDREN** meets at 7 p.m. every Wednesday at St. Elizabeth's Hospital, 2100 Madison Ave. in the Kettler Center. Thursday meetings are in Conference Rm. A. Call 463-2429 for more information.

**ALCOHOLICS ANONYMOUS**, 8 p.m. every Wednesday, St. Elizabeth's School's Noah's Ark Day Care, Pontoon Beach. The group, run only, will meet in the church's Terrace Room, onto through the Fellowship Hall door on the east side of the building. There is no charge. For more information phone Roger Zollars, any evening, at 656-5458.

**PARENTS ANONYMOUS** GROUP, meets 8:30 to 9:30 p.m., first and third Thursday of each month. For information on where meeting will be, call Elaine Searcy at 462-2714 or Lyne Cusberry at 876-2882.

**MULTIPLE SCLEROSIS SELF-HELP GROUP** meets from 7 to 9 p.m., second Thursday of each month, in the Social Center, 2100 Madison Ave. in Granite City, Call 797-2760 or 451-0728 for more information.

**ALZHEIMER'S SUPPORT GROUP** meets from 6:30 to 8 p.m., third Thursday of each month, in the Pontoon Beach Senior Center, Bonaventure's Cafeteria, on the ground floor of St. Elizabeth's Medical Center, 2100 Madison Ave. The group focuses on addressing the questions and concerns of care-givers and family members of people with Alzheimer's. All meetings are open to community members. Call 798-3018 for more information.

**ALCOHOLICS ANONYMOUS**, 8 p.m. every Thursday, 2116 Club, 2116 Edison, Granite City, (800) 307-6600.

**ALCOHOLICS ANONYMOUS**, 8 p.m. every Thursday, Presbyterian Church, Mitchell, (800) 307-6600.

**ALCOHOLICS ANONYMOUS**, 11 a.m., every Thursday, 2116 Club, 2116 Edison Ave., Granite City, (800) 307-6600.

**ALANON**, 7 p.m. every Thursday, St. Elizabeth's Hospital, 2100 Madison Ave., Kettler Conference Rm.

A. For more information, call 463-2429.

**ALATEEN AND PREALATEEN PROGRAM** for 12 to 17 age group, and preteens (12 years and under) group, meets at 7 p.m. every Thursday at St. Elizabeth's Hospital, 2100 Madison Ave., Kettler Center, Room C. For more information call 463-2429.

**NARCOTICS ANONYMOUS**, Seeking recovery, 8 p.m. every Thursday, 2016 Delmar Ave., 24-hour hot line 398-9409.

**SOUTHERN ILLINOIS DIVORCED AND SEPARATED CATHOLICS**, second Friday of each month (September through May), 7:30 p.m., St. Boniface Medical Center, 128 N. Buchanan, Edwardsville.

**HEREDITARY ATAXIA** (a disorder of nerve cells in the spinal cord and cerebellum) SUPPORT GROUP meets the second and fourth Friday of each month. Call Curt Williams, 877-5172, for information.

**ALANON** meets at 8 p.m. every Friday in the Milonski Room in the basement of the Madison County Health Center, Call 463-2429 for more information.

**ALCOHOLICS ANONYMOUS**, noon and 8 p.m., every Wednesday, 2116 Edison, Granite City, (800) 307-6600.

**STEMS** (Support Together for Emotional and Mental Serenity and Sobriety). A support group for people with a mental illness and an alcohol or substance abuse problem, meets every Friday from 1:30 to 2:30 p.m. at Pascal Hall, St. Elizabeth's Medical Center, Call 798-3604 for more information.

**DEPRESSIVE MANIC DEPRESSIVE ASSOCIATION OF MADISON COUNTY** will meet from 1 to 3 p.m., every Friday, at the Madison County Health Center, Granite City, in the Milonski Room located in the basement. For more information call the DMDA office at (314) 776-3969.

**DEPRESSED ANONYMOUS** will meet at three locations in the metro-area: at 7 p.m. every Tuesday at First Baptist Church, 534 St. Louis Street, Edwardsville; at 7 p.m. every Thursday at St. Elizabeth's Medical Center, Granite City; at 7 p.m. every Saturday at St. John's Church, 9801 Old Lincoln Trail, Fairview Heights; and at 7 p.m. every Saturday at St. Paul's Church, North High and "D" Streets, Belleville. For more information call 632-6757 or 277-3768.

**RIVERS OF WATER WORSHIP CENTER SUPPORT GROUP**, meets the first and third Saturday of each month, at 3307 Madison Avenue, Madison, 9:30 to 11 a.m., to comfort and restore. Group membership is free. All who are broken in at no cost. Worship service will follow each third Saturday at 11:30 a.m. For more information, call 341-3643 or 656-7831.

**OBSESSIVE/COMPULSIVE DISORDER SUPPORT GROUP**, meets the third Saturday of each month, at the Gontard Conference Center at St. John's Mercy Medical Center, 615 South New Ballas Road, 10 a.m. For information call (314) 842-2228.

**ALCOHOLICS ANONYMOUS**, 8 p.m. every Saturday, 2116 Club, 2116 Edison, Granite City, (800) 307-6600.

**NARCOTICS ANONYMOUS**, Acceptance, 8 p.m. every Saturday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

**ALCOHOLICS ANONYMOUS**, 1:30 p.m. and 8 p.m., every Sunday, 2116 Edison, 2116 Edison, Granite City, (800) 307-6600.

**NARCOTICS ANONYMOUS**, Live the Steps, 8 p.m. every Sunday, 2016 Delmar Ave., 24-hour hot line 398-9409.

**ALCOHOLICS ANONYMOUS**, 8 p.m. every Sunday, St. Elizabeth's Medical Center, Pascal Hall, main floor, Granite City, (800) 307-6600.

**PROSTATE CANCER SUPPORT GROUP**, 3 to 4:30 p.m., third Sunday of each month, at Central Christian Church, 2020 Johnson Road, Granite City. The group, run only, will meet in the church's Terrace Room, onto through the Fellowship Hall door on the east side of the building. There is no charge. For more information phone Roger Zollars, any evening, at 656-5458.

**ARTHRTIS SUPPORT GROUP**, 7 p.m., fourth Monday of each month, Alton Memorial Hospital cafeteria, Room

**NEGLECTED VICTIMS OF CHUAL ABUSE**, a support group, nonmembers only, meets from 6 to 7:30 p.m. every Monday at Southern Illinois University Edwardsville's Rape and Sexual Abuse Care Center. Call 692-2197 for details.

**DIABETES SUPPORT GROUP**, 1 to 3 p.m., first Tuesday of each month, St. Elizabeth's Medical Center, 798-3458.

**ALLIANCE FOR THE MENTALLY ILL OF MADISON COUNTY**, (AMI) meets the first Tuesday of each month from 7 p.m. to 9 p.m. at the Mental Health Clinic, 50 Industrial Drive, Granite City. For information call 798-3604.

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# CHRISTMAS GIFT GUIDE

## Old toys, games still popular as gifts

By Lea C. Braff  
Correspondent

Toy retailers are humming "Everything Old is New Again" as they look over sales this Christmas season.

With only a few exceptions, tried-and-true toys are selling the best. One toy already stands out from the crowd — "Sing 'N Snore Ernie" from Tyco.

"The doll reclines and just like the name says, he sings or he snores," said Tina Schneider, manager of Marketing Communications for Venture Stores Inc.

Debbie Aubuchon, Hard Line manager for the Rock Road K mart, agreed.

"The standout toy this year is Sing 'N Snore Ernie of Sesame Street. We're almost sold out already," she said.

Don't worry about Ernie being lonely.

"Tickle Me Elmo is back, plus

**"Tickle Me Elmo is back, plus there are other characters which have been made into those kinds of figures — the big, plush Sesame Street dolls."**

Tina Schneider  
manager, marketing communications  
Venture Stores Inc.

there are other characters which have been made into those kinds of figures — the big, plush Sesame Street dolls," said Schneider. The dolls also talk.

Other dolls are selling well, too. "There's a soft-bodied talking Arthur doll from the 'Arthur' (children's book series), who's doing well," Schneider said. "Anything Barbie is hot — Barbie dolls and accessories."

New models introduced by Mattel include Cool Shoppin' Barbie and Dentist Barbie.

On the boys' side, Aubuchon noted that "Mega-Rig Construction Set from Hot Wheels has done real well this year." Hot Wheels die-cast cars are also popular.

The Mega-Rig is "under \$30. In this store, it's all the big expensive toys which have already gone," said Aubuchon, who warned, "If people wait until December, they won't be able to get what they want."

What kids want is largely fed by advertising, especially television advertising, the retailers agree. That might explain the strong showing of virtual reality pets like Tomagochis

or Gigapets, and of stuffed-animal series, like Beanie Babies or Pebble Pets.

Mike Reevey, toy department manager of the St. Ann Wal-Mart, reports that virtual pets are Wal-Mart's best-selling class of toys.

Collectors as well as children choose licensed category action figures, available this year from the movies "Star Wars," "Batman" and "Jurassic Park."

Finally, "games are always popular," Schneider said. "The old favorites are strong, like Legos."

Everyone agrees that games are enjoying a surprising surge of popularity this year. Old standbys like Monopoly and Scrabble are moving briskly at Venture and K mart.

In addition, Amy Kinsey, independent distributor of Discovery Toys, said "I've been selling a lot of self-teaching chess sets, which surprised me. Chess seems to be coming back with the kids and even with the

adults, because (the set) is self-teaching. Pocket checkers and pocket chess, they're great for travel. A couple of new games (from Discovery Toys) promote family togetherness."

Like Reevey, Kinsey's also surprised by the amount of infant-play toys she's sold.

"We carry Jumpstart Preschool (software). Now there's Jumpstart Baby, too. They don't need to be able to use a mouse, just to push a key and it brings up animal sounds, or numbers or whatever," Kinsey said.

All four toy sellers agree that in order to find the best selection, buyers need to shop early.

K mart's Aubuchon sums it up: "If you want to be sure to get the toy your kid's asking for, then you need to shop early this year. People are shopping a little earlier, laying them aside for later. If you wait, you won't be able to find it in December."

## Crafts stores offer hand-made ideas

By Barbara Ponder  
Staff writer

Kids and adults with more time than cash may find holiday gift-giving easier after a visit to one of the local craft stores.

"Candle-making becomes real popular at Christmas time," said Kitty Watson, one of the craft instructors at Michaels Arts and Crafts in Florissant. "Everything picks up. We do a lot of classes and our shirt classes become real popular now. You can do a shirt overnight."

There is still time to create a variety of craft projects for the holidays, Watson said.

Wooden items, like decorative sleds and birdhouses, are extremely popular and now even easier to decorate with the new rub-ons available.

"Rub-ons are like the old-fashioned decals but you don't have to wet them," Watson said. "You just lay it down and rub it on and it looks like it has been painted on."

For children, Watson suggests filling a sticker-decorated bag with crayons, clay, markers, and other arts and crafts items.

Connie O'Dell, the office manager at Frank's Nursery and Crafts in Bridgeton, said (See CRAFTS, Page 8B)

## Malls prepare for busiest season

By Karen Quagliata  
Correspondent

The turkey's been carved. The last of the pumpkin pie and cranberry sauce has been eaten. Thanks have been given.

Let the shopping begin.

The day after Thanksgiving — this coming Friday — is traditionally one of the busiest shopping days of the year. It also marks the onset of the most important selling period for the retail industry.

"For us that day usually does three times more business than what is normally done on Fridays," said Linda Biondi, marketing director for Jamestown Mall.

But Biondi said business really increases as Christmas gets closer.

"The Sunday before Christmas we do more traffic than on the day after Thanksgiving. In North County we seem to have a lot of last-minute shoppers," Biondi said. "But the retailers say the day after Thanksgiving is the biggest volume day."

Lynn Nosal, marketing director for Northwest Plaza, agrees. She says that the day after Thanksgiving is still a crucial start to the all-important holiday shopping season.

"It's definitely one of the busiest days of the year. But it gets busier the closer to

Christmas," Nosal said. To encourage shoppers to spend their dollar at their stores, local malls are catering to their customers' needs.

Biondi said there are many events planned at Jamestown Mall for this year's Christmas season, including story-telling for children and the traditional visit from Santa Claus.

Northwest Plaza also is taking the customers' needs into consideration.

"We try to do everything as

customer-oriented as possible. This year we've hired greeters and are beefing up staff and security for the holiday season," Nosal said. "The horses will also be out every day during the Christmas season."

Parking also seems to be a major factor in the holiday shopping season.

According to Nosal, Northwest Plaza is adding courtesy shuttles in its parking lots for tired shoppers. Biondi said (See MALLS, Page 8B)

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# Gift & Dining Guide

## Hey, it could happen

Find the gift for that special someone in your life

By Harry Colbert Jr.  
Staff writer

Here's the scenario:  
You, being a single person in search of Mr. or Mrs. Right, meet a potential soulmate on say, today (hey, it could happen). The holiday season is right around the corner. What do you do?

Run out and buy a brand new Corvette (hey, it could happen) or do you hand your potential life partner a Hallmark card and call it a day? Keep in mind, you've known this person only a little more than a few weeks before the holiday gift-giving season runs in full swing.

This scenario has happened to me a couple of times. I guess this says either, A: I can't keep a girlfriend longer than a year; B: I keep meeting women at the wrong times; or C: all of the above. However, each time this has occurred, I was caught in a Catch-22. Do I hand the woman

**"Buy something you can do together, like racquetball rackets. That way you can get to know each other better."**

Gail Hunt  
Target manager

of my dreams (at least for a couple of months) a thoughtful card and look really cheap or do I surprise the love (or at least strong like) of my life with the keys to a brand new home (hey, it could happen

if I win the lottery)? How do you decide what's too little and what's way too much?

I guess it all depends on how connected you feel with the other person. Is this person worthy of a considerable expenditure of your holiday budget?

In talking the subject over with a couple of other people, I got several interesting responses. Gail Hunt, manager at the North County Target store, 2241 N. Highway 67, said to buy things in pairs.

"Buy something you can do together, like racquetball rackets," Hunt said. "That way you can get to know each other better."

Hunt also suggested buying games that require group interaction. Good idea! I wish I had thought of that a couple of girlfriends ago.

Hunt said if you're real impressed with your new love, a trip would be in order. I really like this suggestion. I figure if things don't work out between the two of you, at

least you get something out of the deal. Besides, you could meet that truly special person while on vacation (hey, it could happen).

My suggestion is to buy something thoughtful, yet inexpensive (OK, so I'm cheap). Things like perfume and cologne are great gifts and they won't put too big of a dent in your wallet.

A nice shirt also is a good way to show your affection for your newfound sweetheart without going over your holiday budget.

A colleague of mine has an interesting thought. He suggests not meeting anyone between Thanksgiving and Valentine's Day. That way it exempts you from having to worry about all the major gift-giving holidays.

Sounds like a plan. But, who's to say when Cupid's arrow will strike.

## Cars, jewelry make good gift choices

By Harry Colbert Jr.  
Staff writer

There are many ways for a person to express their love for another individual.

One of the more common methods of expression is through gift giving. For some people, a more expensive gift equates to a greater expression of love.

Several sales people in various retail markets claim to have made their biggest sales during the winter holiday season. Homes have been sold and given to spouses and parents. Cars have been found parked in the garage wrapped with a bow. And eyes gleam in at the sight of a diamond-studded tennis bracelet early on Christmas morning.

Domick Rodriguez of Romantique Jewelers, 12262 St. Charles Rock Road, said his store does a brisk business during the holiday season.

"Sales always seem to pick up during the holidays," Rodriguez said.

Rodriguez said one of the biggest sellers during the season is engagement rings. He said because of sale prices on many rings, the holiday season is a good time for couples to get engaged.

Rodriguez feels no price is too great to express a true sentiment of love.

"Anything a person feels is something special to mark a milestone like an anniversary is a good gift to buy," he said.

John Everett, a sales representative at Feld Chevrolet Geo, 11200 St. Charles Rock Road, said he's sold several cars as holiday gifts.

"In previous years, I've sold cars that are presents for a child or a spouse," Everett said.

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## Include outdoor guide on shopping list

The Department of Natural Resources' Outdoor Illinois holiday gift guide can make your Christmas shopping easier this year.

The guide includes gift ideas for everyone on your shopping list, from attire to the latest in good books.

"We are always expanding our product line with appealing gifts with an indoor theme for men, women and children," IDNR Director Brent Manning said. "It's also nice to know that when you purchase these high-quality products, proceeds go directly

to the Illinois Wildlife and Fish Fund or the Illinois Conservation Foundation."

This year's eye-catchers include:

• "Winter in Illinois," a white sweat shirt featuring a blue jay and a cardinal perched on the wooden stick arms of a snowman. Priced at \$30 in medium, large and extra-large sizes, it also comes in double-X for \$31.

A newly introduced sweat shirt with screened feathers and an intricately embroidered pheasant. Available in natural, it sells for \$36, except for size

double-X, which runs \$37.

• A denim shirt, with a button-down collar and a choice of eight embroidered designs for \$37, \$38 for double-X. It looks great with the Illinois Conservation Foundation's royal blue coach's jacket, which sells for \$32.50. Complete the ensemble with the baseball-style cap, \$15 for \$15 in your choice of five styles, including a new sunflower design.

An outstanding addition to the line of youth apparel is a sweat shirt named Retriever Pup. The shirt is a great companion with the adult sporting dog sweat shirt. The child's version sells for \$18 while adult sizes run \$34, \$35 for size double-X.

To take away that winter chill, car bands, hats and scarves made with Polartec fabric are the ideal answer. All have the Outdoor Illinois theme and come in a choice of black or frost blue. Ear bands and scarves are \$14 and hats are \$16.

• Keep toasty warm with a 100 percent cotton throw showcasing Illinois state symbols, including the violet, monarch butterfly, bluegill and cardinal. This three-by-46-by-47-inch throw is an IDNR gift guide exclusive and is available for \$48.

The IDNR has expanded its selection of books and guides, including "The Upland

Bird Art of Maynard Reese," \$49.50; "Daytrip Illinois," \$16.95; "Just Retrievers," \$35; "Duchess and Goose Cookbook," \$12.95; "Geology Underfoot in Illinois," \$15; and "The Butterfly Book," \$12.95. Also available are beautiful ivory note cards featuring native plants and animals created by Illinois artists. Dan Harris. A set of 12 note cards and envelopes sells for \$5.

A new series titled "Illinois Seasons of Light" is being offered as a hard-cover book for \$39.95, a calendar for \$9.95 and a set of note cards for \$12.95. The book is a collection of 130 images by wildlife photographer Robert Shaw, with an introduction by well-known singer and songwriter Dan Fogelberg, an Illinois native. The 11-by-11-inch calendar features pictures from the book, and the note cards are available in three series: nature, wildlife and rural landscapes, with five images in each set.

To order a free copy of the Outdoor Illinois Holiday '97 Gift Guide, call toll-free 1-800-720-3249, (217) 782-1687 or fax (217) 782-9175. TDD: fax (217) 782-9552; or access the department's home page on the Internet Wide Web at <http://dnr.state.il.us>.

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## Use imagination to treat teachers with special gift

By Nancy L. Ide  
Staff writer

When purchasing gifts for those very special people at Christmas, don't forget teachers.

"We have a lot of things here that teachers could use in the classroom that would make good gifts," said Marie Trost, an employee of School Tools and Things at

3254 N. Highway 67 in unincorporated North County near Florissant.

Trost recommended "using the imagination" in choosing gifts for teachers.

"You could fill containers with baked goods or get a Christmas bag with a handle and put in coffee, tea and hot chocolate," Trost said. "Baskets filled with items like pencils, notebooks and stickers are always nice. Some teachers appreciate gift certificates."

Trost said gift certificates from stores such as School Tools and Things are nice because the cost of extra supplies used in the classroom often is not reimbursed to the teacher. Other ideas for Christmas gifts for teachers are plants; books; stamp pads and stamps; decorative pins; coffee mugs filled with candy; and Christmas ornaments.

But perhaps the most valued gift is homemade items.

In an informal poll of some elementary school teachers, an overwhelming majority listed home-baked bread, cookies and other prizes as the gift most appreciated by teachers. After a hectic day at school, the last thing some teachers want to do is bake.

Craft items for both the home and classroom also are appreciated by teachers, according to the poll.

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# MATURE LIFESTYLES

## Gold, silver tones stand out

Want to add a note of richness to your decor? Go for the gold.

According to The Home Furnishings Council, burnished gold and silver finishes are showing up on everything from table legs to mirror frames, lending a subtle shimmer to furnishings and accent pieces.

Gold and silver tones stand out at night, when they glow under indoor lighting. Since most people are at home (or choose to entertain) in the evening, these colors are particularly appealing in a dining or living area.

When adding luster to those rooms, look first to the walls. Mirrors are a traditional source of sparkle, and there's now a wider selection in gold and silver finishes than ever before.

"We've seen strong growth in that area,"

said Richard Holt, executive vice president of Carolina Mirror Co. "We're offering a number of burnished gold finishes, including a silver leaf blended with gold leaf, or a soft silver leaf with gold ornamentation."

Picture frames are another traditional spot for gold or silver highlights, whether an ornate gold frame around an antique print, or a collection of matte silver frames around some family photographs.

Larger furnishings, too, can get the Midas touch.

"We've seen strong interest in our Opulence collection, which features gold-toned finishes — black and gold, mottled gold and natural — on all the tables," said Thomas Stout Jr., vice president of operations at Carson's of High Point, a Carolina-based furniture company.

## Classic ottoman changing form

Sit down and put your feet up. The classic ottoman is back in a big way, according to The Home Furnishings Council.

No longer merely a footrest, this traditional furniture staple is now showing up as extra seating or storage and even a coffee table.

"Ottomans are making a huge comeback because they wear so many hats," said Jack Arthur of Norwalk Furniture, an Ohio-based company that offers a variety of ottomans in wood, fabric and leather. "You can still put your feet on them,

but they've gotten bigger and more ample, so they make very comfortable occasional seating. And they now often replace the cocktail table. Put a nice serving tray on top and you have a stable surface for eating; serving, playing a game."

Ottomans have been household mainstays for several centuries. Originating in Turkey (hence the name), the first ottomans popped up in England in the late 18th century, when decorating in the Turkish style was all the rage. The term then referred to any

long upholstered seat, often piled with loose cushions. By the time of their arrival in the United States in the early 19th century, ottomans had taken on many forms: circular or octagonal benches (the kind occasionally still seen in old theater lobbies), corner benches or low fireside seats.

By the end of the 19th century, the ottoman footstool, usually featuring an upholstered and buttoned top, was a drawing room favorite, and it has faded in and out of style ever since.

## Variations join usual choices

By Lea C. Braff  
Correspondent

Denim, sweaters, and cute dressy dresses once again dominate men's and children's fashion choices this Christmas season. But manufacturers have introduced new variations even in these traditional areas.

For example, Graeme Wilson, store manager of the Northwest Plaza Sears said, "This year for men it's denim, denim and denim and sweaters, sweaters and sweaters. It used to be we could not get enough Levi's, but this year we have enough. Customers have been very receptive to our house brand, Canyon River Blues, which comes in denim. It's the price — Levi's are (about) \$40 and Canyon River Blues run regularly \$25, on sale \$19. They have the quality and the fashion look."

A leading salesperson in Dillard's men's department at Northwest Plaza concurred with Wilson about denim's popularity. Lisa McKnight talked about variations on the denim theme introduced this year.

"This year we're selling a lot of our carpenter's jeans," she explained recently. "They're like the painter's pants; they have the pockets on the side. The Polo department has them and the Guess department has them in different colors, different stitching,

"Fleece is one of the big sellers — fleece jogging pants and fleece tops to match. Our coats also have fleece linings and also sell well."

Lisa McKnight  
Dillard's salesperson

different pocket sizes. A lot of (jeans) are coming in with an elastic band on the waist, which give a kind of boxer look without the boxers. Guess, Tommy Hilfiger, and Polo all carry it. The table is on the band — the main thing is that it shows."

But there's more happening in men's wear than just denim. McKnight went on to talk about the fabric Polar Fleece. This year it's making an impact in lots of places.

"Polar Fleece has been really popular this year," she said. "It's like a sweatshirt. We have a lot of red, and a lot of red-and-green, in especially for the Christmas season. Fleece is one of the big sellers."

fleece jogging pants and fleece tops to match. They come in some solid colors and some plaid. The top is plaid, the fleece pants would be solid colors. Our coats also have fleece linings and also sell well."

McKnight said that there's even something new about that old reliable, the turtleneck. "Our turtlenecks always sell. Nautica has a turtleneck with a flat collar, which folds down neat, no bulkiness. (It's) two-tone color. Maybe a burgundy with a blue underneath."

But what's hot this year for kid's? Well, Northwest Plaza's Famous-Barr store seems to have Winnie-the-Pooh everywhere. Much more than a stuffed toy, the lovable bear appears on kids' towels and toddler clothes. In jewelry, even on sweatshirts in juniors. There's lots of Pooh at Sears, as well.

Wilson thinks that "It's denim even with kids. We sell in this store a lot of sports apparel — they want to get the Rams, the Pittsburgh Steelers, or whatever team happens to be hot. The Blues are hot as a firecracker."

## Crafts

(Continued from Page 68)

Make-A-Memory kits and supplies are popular year-round.

The kits and supplies including covers, backgrounds and stencils are used to make personalized photo albums. The albums make great Christmas gifts for grandparents, O'Dell said.

Project sheets, with instructions, are available free at Franks for those struggling to come up with an idea.

Television craft programs, magazines and books are other sources of inspiration and instruction.

"The library is a very good source of craft books because we're seeing a lot of old crafts making a resurgence," Watson said. "Macrame, decoupage — all those are becoming more popular."

Crafting helps relieve stress and provides a sense of accomplishment as well as resulting in creative gifts and decor items, Watson said.

"I had a lady in my line checking out yesterday," Watson said. "And she was buying this Bob Ross kit (wet on wet oil painting) and I said, 'Did you take any of our Bob Ross classes,' and she looked at me and said, 'I took one Sunday and I am so proud of myself. I think that sort of says it all.'"

Michaels offers a variety of craft classes.

"We can find something that you can do," Watson said. "I always tell them to start with a bow-making class. It's a one-hour class that costs \$6 plus the cost of ribbon. Usually once they learn to make those bows, they're ready to make anything."

Another hot craft item is the clay pots, which can be used singly or together. (See snowman for craft idea.)

"We really do sell a lot of them (clay pots)," Watson said. "They're really inexpensive and people have found they can take a regular clay pot and decorate it and have something attractive to sit on the front porch."

## Malls

(Continued from Page 68)

Jamestown Mall has plenty of parking lot spaces available for Christmas shoppers.

For Northwest Plaza and Jamestown Mall, the holiday season starts around the third week of November. Former President Franklin D. Roosevelt would have approved.

According to *Yankee Magazine*, Roosevelt in 1939 announced that Thanksgiving would be moved from the last Thursday in November to the next-to-last Thursday. He reasoned that it would lengthen the Christmas shopping season and thus boost the economy.

It never came to pass, though, because the uproar it caused. So in 1941, Congress moved Thanksgiving to its present date, the fourth Thursday of November.



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# Today's Food

Wednesday, December 10, 1997

## Food & Nutrition

### Wise Ways

Along with the food, presents and extra relatives come seasonal plants. Green thumbs do not go on sale in the mall, but Elena Victory plants the seeds of good care to help them flourish.

INSIDE

### Heart-y Bites

Beef comes along as part of a realistic approach to wise eating.

INSIDE

### Blue Ribbon Cook

Chicken and a dash of chile pepper spice up winning dish.

INSIDE

### Hometown Test Run

Lentils Divine come by the package to create quick meals with seasoning that ranges from hot to hearty.

INSIDE

### Micro Raves

Jams pack a sensational treat into a sweet holiday tradition of giving a gift from the kitchen.

INSIDE

### Kids' Cuisine

Kids will be kids. When they decorate cookies, provide colorful icing, sprinkles and/or candies and never lose sight of the fact there is no correct way to do it. Help them stay healthy. Variable hours play havoc on their little systems. Make certain they get as much sleep as possible, eat breakfast and wash their hands often.

## Health & Fitness

### Medicine Chest

The World Wide Web provides a wealth of nutrition information any search engine easily finds. Be warned of sites that purport to give information when they really sell information or foods that supposedly support it. Watch references and credentials.

### Fresh Picks

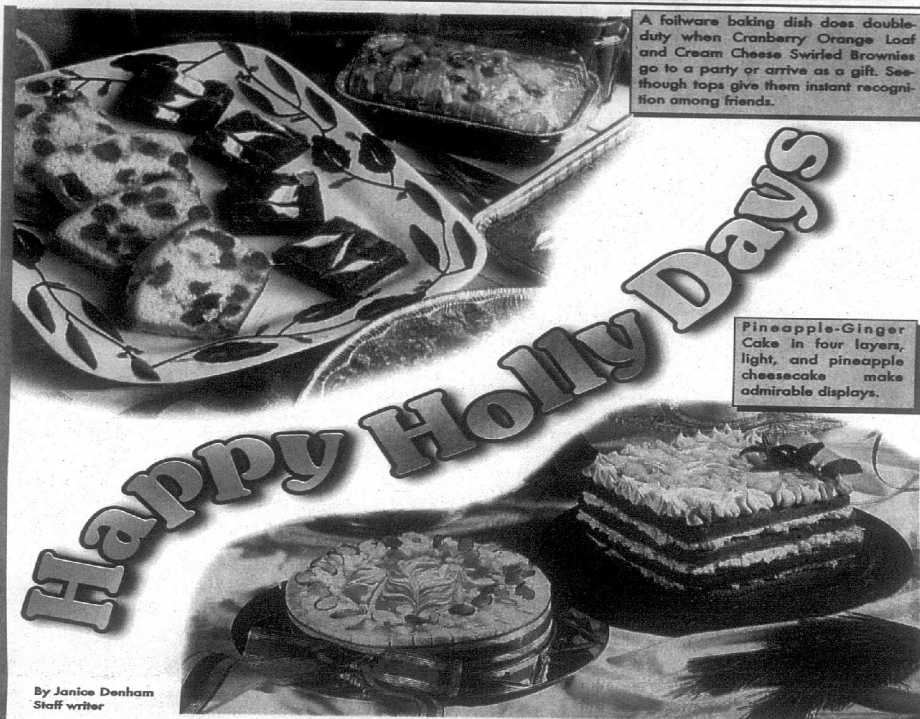
Grapefruit juice is ready to use wherever lemon commonly appears, says Chef Baby (Chef Miles Norris), who lives in the heart of Florida citrus. Use it instead of Key lime in pie or in Hollandaise sauce, squeeze it over Caesar salad, add it to a bloody Mary. When cooking rice for pilaf, use half stock, half grapefruit juice. Thyme and rosemary match its eloquence when marinating flank steak at least 2 hours, preferably overnight; roast 20 to 25 minutes at 400 degrees. When stir-frying vegetables, cook with half the usual peanut oil and squeeze juice from half a grapefruit on top. Coat salmon with Cajun seasoning. Cook in a little olive oil to blacken it quickly; as soon as it changes color at the edge, flip it over, squeeze grapefruit juice on top and cook 2 minutes longer to finish cooking and caramelize flavors.

### Big Fat Tip

Trifle looks magnificent. Whisk 1-1/2 cups skim milk with 1 cup nonfat sour cream until smooth. Gradually whisk in 1 package (4-servings) instant vanilla pudding mix and 1 teaspoon grated lemon peel, mixing 1 to 2 minutes until thickened. Tear angel food cake (about 1 pound) in bite-size pieces. In large clear bowl, layer half the cake, 1-1/2 cups fresh berries and half the pudding mixture. Repeat layers; Garnish with 1/2 cup berries. Refrigerate, covered, at least 2 hours. Add fresh mint leaves at serving time.

### Future Shop

Irradiation's approval by the U.S. Food and Drug Administration for use on beef, lamb and pork is another step to ensure safe foods. Even if implemented, it does not reduce the responsibility for clean cattle breeding, modern technology in meat inspection, government's gaining authority to order a recall of tainted meat and — the surest 'kill' for food-borne bacteria — safe handling, storage and cooking. The process could become as widespread as pasteurization of milk. Tiny doses of gamma rays or X-rays kill bacteria and parasites in, not just on, meat, allowing safe storage longer. Irradiation of poultry was approved seven years ago, but few moves to use it are apparent. The OK on meat comes after August's recall of 25 million pounds of tainted hamburger, the largest ever. FDA studies concluded irradiation does not make meat radioactive, nor change its taste, texture or appearance.



A foilware baking dish does double-duty when Cranberry Orange Loaf and Cream Cheese Swirled Brownies go to a party or arrive as a gift. See-though tops give them instant recognition among friends.

Pineapple-Ginger Cake in four layers, light, and pineapple cheesecake make admirable displays.

By Janice Denham  
Staff writer

A desire to bake up a little holiday is tucked somewhere between the wings that won't stay attached to the angel, the visit to grandma in the nursing home and the fifth casserole that needs to go to a party in one week. A busy cook needs to use the entire arsenal of kitchen aids to offer seasonal fare that is festively appealing and tastes delicious.

Sweets that use convenience foods with glamorous effect and desserts with abbreviated richness are highly desirable.

A cache of cake mixes, whipped topping and fruit provides mix-and-match versatility. Rather than overwhelm bodies beleaguered by fun, extended hours and expansive eating, festive foods are adapted to fill tables and gift baskets. An assortment of lower-fat components, fat substitutes and helpful light recipes should be ready instantly for easy duty.

Fruit can be fresh, frozen or canned.

Winter pears, cranberries and oranges are precious seasonal foods to use on their own or augment canned pineapple and peaches and frozen berries in fruit salad or cobbler. They also can be mixed with dried apricots, figs and raisins to fill plates and appetites with healthy goodness.

The presentation produces an instantaneous effect. Shiny foilware makes sense for baking gifts. Clear lids added after the treats are cool keep them moist and give immediate delight, particularly when bows and bells adorn the package.

Small gifts make sense. Use mini loaf pans or bake pineapple upside-down cake in muffin cups. After baking, turn cakes fruit-side up, fill each center with a cherry or three fresh raspberries, encase it in plastic wrap pulled to the top and caught with a ribbon so the

SEE HOLLY INSIDE TODAY'S FOOD PAGE 2

## Season for Giving

The gift is dandy, but the container is handy.

Baskets, mugs and plates multiply the value of a present given to a host or hostess or tucked under the tree.

Cookies fit into a shower caddy or paint bucket as easily as on a plate. They can be baked by Santa or a baker's elves. Colored decoration can come from a tube or tub of frosting, plus sprinkled candy. Pack cookies in a plastic bag or wrap, or lay cookies amid tissue paper, confetti and cellophane streamers. Cover the entire package in plastic with a holiday bow around an edge.

Coffee and tea find a home in a cigar box covered or left as is. A mug or spice jar is good, too. Nuts are enhanced in flavor when toasted. In a pan, roast them in a 325 degree oven about 10 minutes, turning frequently. Cool before packing.

Parmigiano-Reggiano cheese in a wedge can be packaged with a grater and dried fruit in cheese-cloth. Wrap it airtight.

Flavored and fragrant sugar comes from sticks of cinnamon or a split vanilla bean with white or raw sugar in a see-through jar.

Recipes are a bonus. This one is attached to a bright mug with Cranberry Wassail seasonings.

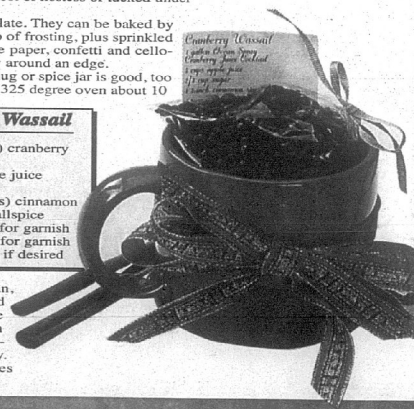
For more cranberry recipes, call Ocean Spray at toll-free 1-800-662-3263, extension 300. Other ideas are from "Modern Food Gifts" by Martha Gill (\$18.95, Longstreet Press).

**LIVELY TASTE**

Directions: In large saucepan, heat juices, sugar, cinnamon and allspice until boiling. Reduce heat. Simmer 10 minutes. Strain to remove spices. Place in heat-proof punch bowl. Stir in brandy. Garnish with orange slices studded with cloves.

### Cranberry Wassail

- 1 bottle (32 oz.) cranberry juice cocktail
- 1-1/4 cups apple juice
- 3 tbsp. sugar
- 1 stick (3 inches) cinnamon
- 1/2 tsp. whole allspice
- 2 slices orange for garnish
- 4 whole cloves for garnish
- 1/2 cup brandy, if desired





# Today's Food

## Holly

Continued from Page 1

plastic stands over the treat like a starburst.

For a winter pie to serve warm or at room temperature, prebake a single refrigerated crust 8 minutes in a preheated 450 degree oven.

Arrange 1 or 2

fresh ripe pears, cored and thinly sliced, on bottom of the crust. Sprinkle evenly with 3/4 cup dried apricots, cut in quarters, 1 can (20 ounces) pineapple chunks, drained (juice reserved), and 1/3 cup dried cranberries. Bring the pineapple

juice and 4 teaspoons cornstarch to a boil. Reduce heat and simmer the mixture 2 minutes or until thickened and clear. Spoon this mixture evenly over fruit, then bake it 35 to 45 minutes until the crust is golden brown and fruit is tender.

### CRANBERRY ORANGE LOAF

2-1/4 cups flour  
3/4 tsp. baking powder  
1/4 tsp. baking soda  
1/4 tsp. salt  
1 cup sugar  
1/2 cup (1 stick) margarine, softened  
1/2 cup yolk-free egg product  
2 tsp. grated orange peel  
1-1/2 tsp. vanilla  
1 carton (8 oz.) plain nonfat yogurt  
1-1/2 cups fresh or frozen cranberries  
1/3 cup confectioner's sugar  
1 tsp. orange juice

Preheat oven to 350 degrees. Lightly grease two (8-by-4-inch) foil loaf pans.

Mix flour, baking powder, baking soda and salt.

Using low speed of electric mixer, beat sugar and margarine

until creamy. Blend in egg product, 1 teaspoon orange peel and vanilla.

Add flour mixture alternately with yogurt until well blended. Stir in cranberries.

Pour batter into prepared pans. Bake in preheated oven 50 to 55 minutes until toothpick inserted in center comes out clean.

Cool in pans on wire rack. Blend confectioner's sugar, orange juice and 1 teaspoon orange peel. Drizzle glaze over loaves just before serving.

**Mini loaves:** Bake in four (6-by-3-inch) mini loaf pans. Start checking for doneness after 45 minutes.

**To freeze:** Do not glaze. Cover completely cooled loaves and freeze. Thaw in pan at room temperature.

Makes twenty (3/4-inch) slices; 153 calories, 5 g fat, no cholesterol and 127 mg sodium each.

### CREAM CHEESE SWIRLED BROWNIES

1-1/2 cups reduced-fat semi-sweet chocolate chips  
1/3 cup margarine  
1-1/4 cups sugar  
3/4 cup yolk-free egg product  
2-1/2 tsp. vanilla  
1 cup flour  
1/4 tsp. salt  
4 oz. fat-free cream cheese, softened

Preheat oven to 350 degrees. Grease 12-by-8-inch aluminum foil cake pan.

In small saucepan over low heat, melt baking chips and margarine, stirring constantly. Cool

slightly.

Blend 1 cup sugar, egg product and 2 teaspoons vanilla until smooth. Stir in melted chips.

Mix flour and salt. Stir into chocolate mixture until just blended. Spread in prepared pan.

Beat together cream cheese, remaining 1/4 cup sugar and 1/2 teaspoon vanilla until smooth.

Drop by spoonful over brownie batter in pan. Cut through batters to marble.

Bake in preheated oven 20 to 25 minutes until toothpick inserted in center comes out clean.

Drop completely in pan on wire rack. Cut in squares.

Makes 24 brownies; 151 calories, 5 g fat, no cholesterol, 93 mg sodium each.

### NO-BAKE PINEAPPLE CHEESECAKE TORTE

2 pkg. (11.1 oz. each) plain no-bake cheesecake mix  
1 (16 oz.) frozen pound cake, thawed, cut in 2-by-1/2-by-1/2-inch sticks, or 2 pkg. (3 oz. each) ladyfingers  
2 cans (8 oz. each) crushed pineapple  
2 cups milk  
3 to 4 tbsp. almond liqueur, if desired  
2 tbsp. caramel or butterscotch ice cream topping  
Sliced almonds, toasted, if desired

Coat 8-inch springform pan with nonstick cooking spray.

Prepare 1 packet graham cracker mixture according to package directions (save second packet for other use). Press on

bottom of pan. Stand cake on end around side.

Drain pineapple, reserving 3 tablespoons juice. Set aside 3/4 cup pineapple for topping.

Beat together both cheesecake filling packets, remaining pineapple, milk, 3 tablespoons juice and liqueur until blended. Pour into prepared pan.

Drizzle caramel topping over cheesecake. Using knife, swirl topping into filling for marbled effect.

Chill, covered, 4 hours or until firm.

Place torte on serving plate. Remove pan sides. If desired, tie ribbon around torte in large bow. Garnish top with reserved pineapple and almonds. Remove ribbon before serving.

Makes 10 servings; 414 calories, 11 g fat, 5 mg cholesterol, 761 mg sodium, 71 g carbohydrate and 7 g protein each.

### PINEAPPLE-GINGER CAKE

1 pkg. (2 layers) spice cake mix  
1 can (8 oz.) crushed pineapple  
1 cup water  
3 eggs  
1/3 cup oil  
1 carton (8 oz.) frozen whipped topping, thawed  
3 tsp. chopped crystallized ginger  
Additional sliced crystallized ginger, if desired

Preheat oven to 350 degrees. Coat two 8- or 9-inch square or round cake pans with nonstick cooking spray.

Drain pineapple, reserving

juice.

Beat cake mix with reserved juice, water, eggs and oil until blended. Pour evenly into pre-

pared pans.

Bake in preheated oven 22 to 25 minutes until toothpick inserted in center comes out clean.

Cool 10 minutes. Invert onto cooling racks to cool completely.

Split each layer horizontally into two layers. Place one layer on serving plate.

Reserve 1 cup whipped topping and 1/3 cup pineapple for cake top. Combine remaining crushed pineapple and whipped topping with chopped ginger.

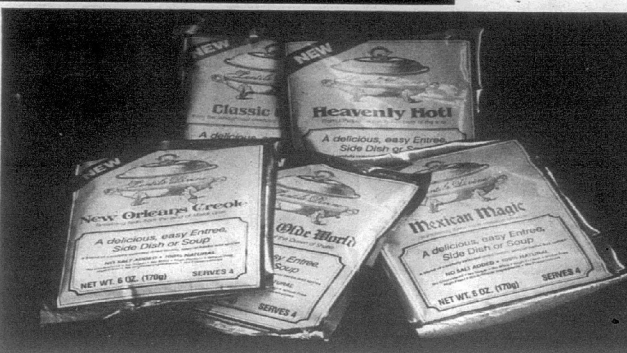
Spread one-third pineapple mixture evenly over cake. Top with cake layer and one-third pineapple mixture. Repeat layers.

Decorate top layer with reserved whipping topping and pineapple. Garnish with ginger slivers. Chill cake, covered, at least 1 hour before serving.

Makes 8 servings; 364 calories,

18 g fat, 46 mg cholesterol, 287 mg sodium, 50 g carbohydrate and 4 g protein each.

## Hometown Test Run



Lentils are a treat because they are a dried legume that can be cooked without soaking. Add seasonings and meal ideas, like Lentils Divine does, and dinner is on its way.

## Lentils by the bag give seasoned start on dinner

Today the world has found lentils, one of the easiest legumes to cook because they do not need a long soaking. Lentils Divine takes fixing them to the next step and packages them with a variety of seasonings so they can be eaten in just 30 to 40 minutes or turned into soup, salad, sandwich or casserole.

"My taste buds must have been surprised by her own impression."

The person who suggested trying them was surprised by her own impression. "My taste buds must have opened up. I remember trying them several years ago and feeling the seasonings were a bit eclectic. Now they seem tamer to me and I really enjoyed the variety of the recipes on the back of the package," she said.

Earlier this fall she used the Saint Louis Savory variety to make vegetable soup, with what she called "excellent" results.

Mexican Magic, New Orleans Creole, Authentic Old World and Heavenly Hot! were the flavors tasted. Classic Greek is another available. They cost \$2.19 to \$2.39

at Schnuck Markets or Dierbergs, with varieties different in each store. Each package makes 3 to 4 cups.

"The tester of the 'olde world' flavor, who added just salt, oil and a little onion, called them 'addictive.'"

"They have a sort of grainy taste at first bite. I like the texture of them and that package directions turn them into a soupy consistency," she said.

On a second try she would add to their heartiness with carrot, celery and other ingredients, like ham.

All trials according to the basic recipe turned out a seasoning that was milder than expected, including the Mexican and 'heavenly hot' ones.

"Though the name is Mexican, the lentils are very lightly seasoned, so they would appeal to many. It would make a good, different side dish. It's really filling enough to be a main dish. I would spice it up to serve to my family," a tester said.

Another taster who likes milder food was ready to sign on with the Mexican lentils made into a casserole, which includes a can of tomatoes and cornmeal for thickening. She would serve it with cornbread on a cold night.

"The lentils Mexican Magic smelled wonderful when it was being heated and tasted as good as the expectations," she said.

"The grainy look of the mixture almost put me off, but it was moist and not sticky."

Once the milder seasoning was established, testers took the liberty of pumping up flavors, using optional ingredients in the recipes. A big vote went to jambalaya from the New Orleans variety.

"By including rice, a can of shrimp, a little leftover ham and several sprinkles of ground cayenne, this became a meal of sustenance in only 45 minutes," she said enthusiastically. "I'd like to put a couple of these packets in the stockings of some relatives who love this kind of dish."

## Micro Raves

By BETTY SERATI

## Jam kitchen presents into refrigerator as gifts

Shoppers fill the malls, looking for just the right present these days. After the big gifts are bought, another list of smaller gifts remains with names of teachers, clergymen, neighbors, relatives and co-workers. An offering made by the giver is doubly appreciated because of the personal touch attached.

Food items are always appreciated, but one that can be saved to eat after the holidays lasts longer. Attractive glasses or jars filled with homemade jams and jelly bring the giver to mind long after the holiday season has passed.

The task of canning is not an obstacle. While water bath processing is necessary for room temperature storage, individual jars intended to be stored in a refrigerator or freezer make perfect gifts without processing. Just be certain jars are sterilized with boiling water while the jelly cooks, then they can be filled with the hot liquid. This avoids breakage and promotes safe storage.

To further simplify gift-making, use a microwave oven for preparation. These easy preserves hold holiday appeal.

Tangy Apple Jelly is the ideal adornment for a breakfast bagel. Parsley Jelly tops cream cheese on a cracker for an interesting appetizer. For dessert, spoon Peach Pineapple Conserve over pound cake or ice cream.

Combine all three in an attractive little basket kept chilled at all times and watch the grateful recipients beam with pleasure.

Betty Serati specializes in microwave cooking.

### TANGY APPLE JELLY

2 cups apple juice  
2 cups sugar  
1 pkg. (1-3/4 oz.) powdered fruit pectin  
3 tbsp. lemon juice  
1/4 cup red-hot cinnamon candies

In 2-quart glass bowl, cook apple juice, sugar and fruit pectin on high power 5 to 7 minutes until mixture boils.

Stir in lemon juice and red-hot candies. Cook on medium (50 percent) power 8 to 12 minutes until thickened.

Skim off foam. Pour into hot jars. Cover. Refrigerate.

Makes 2 pints.

### PARSLEY JELLY

2 cups chopped fresh parsley  
1-1/2 cups water  
1 tsp. lemon juice  
2 tsp. plus 1/2 tsp. powdered pectin  
1-1/2 cups sugar  
4 drops green food coloring  
2 tsp. finely chopped fresh parsley leaves

bine 2 cups chopped parsley and water. Cook on high power 8 minutes. Strain.

Add lemon juice and pectin to parsley water. Mix thoroughly. Cook on high power 4 to 5 minutes until mixture boils hard.

Stir in sugar, food coloring, and 2 tablespoons chopped parsley leaves. Cook on high power 5 minutes. Stir hard 1 minute.

Skim off foam. Pour into hot jars. Cover. Refrigerate.

Makes 2 cups.

### PEACH-PINEAPPLE CONSERVE

1 cup chopped fresh peaches  
1 can (15-1/4 oz.) crushed pineapple, drained  
1/3 cup chopped maraschino cherries  
1/4 cup maraschino cherry juice  
2 cups sugar  
1 pouch (3 oz.) liquid fruit pectin

Combine peaches, pineapple, cherries and juice in 2-quart glass bowl or casserole dish. Cook, covered, on high power 5 minutes.

Stir in sugar. Cook, uncovered, on high power 5 minutes longer until boiling.

Stir in liquid fruit pectin. Cook on high power 5 minutes.

Pour into hot jars. Cover. Refrigerate.

Makes 1 quart.

**\*\*\*\*\*  
REWARM  
SANDWICH**  
To warm 2 frozen sand-

wiches on a microwave-safe glass plate or rack, cover them with waxed paper and microwave 1½ to 4 minutes.

depending on sandwich size and oven wattage. Bread placed directly on bottom of oven gets tough.

## Wise Ways

By ELENA VICTORY

## Which holiday plants need magic to bloom?

Floral displays symbolize December holidays as much as pumpkins go with Halloween and turkeys with Thanksgiving. Retail store shelves are weighed down with holiday gift plants.

Family and friends love to receive them, but it is often frustrating to keep these plants looking good, let alone get them to rebloom.

Here is a guide to help keep plants looking like they just arrived:  
• African violets and holiday cactus are the easiest to keep. Give them bright light from an east-facing window and even, not erratic, moisture to encourage faithful reblooming each year.

Holiday cacti love being set outside in September and October. The short days and cooler night temperatures induce a heavier crop of flower buds than if left indoors. Bring them in before the first frost and enjoy their display for the holidays.

• Cyclamen, amaryllis,

gardenias and azaleas require extra steps to encourage flowering. Do not choose these gift plants for friends with no patience, or the next stop after blooming will be a garbage can.

Cyclamen and amaryllis both need a dormant period. After blooms fade, decrease watering until foliage withers and dies, then trim it off.

Cyclamen corms then should be stored in perforated resealable bags containing dry peat moss in a cool, dry place. In July, repot the corms in a light soilless mix and move pots outdoors. When foliage emerges, resume watering and fertilizing. Bring pots indoors before the first frost and place in an east window, where they will flower right before Christmas.

Amaryllis care is similar, the the pot and all can be buried in the garden in spring. In September, lift out the pot, stop watering and store in a cool, dry place. Six weeks before

flowers are desired, bring the pot indoors and set in a bright window facing south or west. When foliage emerges, resume watering.

Gardenias and azaleas are trickier. After blooming, they must have four to six hours of direct light, high humidity, an acid-type fertilizer, water only when the top one inch of soil is dry, no drafts and plenty of pinching. If this routine is done correctly both ornamentals reward their keeper with colorful or fragrant blooms.

• Kalanchoes and poinsettias are not for a faint-hearted gardener. They both require 10 hours of bright light, then 14-hour periods of completely uninterrupted darkness. These conditions are best met in a greenhouse.

Enjoy them as short-term gifts, unless a horticultural friend cares for them.

Elena Victory is horticulture specialist with University Extension (University of Missouri system) in St. Louis County.

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and olive recipes are available in a free booklet, "Dinner Time Survival," by Mel Walsh, author of "Guerrilla

Cooking." For a copy, request it from: California Olive Industry, P.O. Box 7796, Fresno, Calif. 93747.

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**Suburban Journals**

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Tell us, in 50 words or more, why your hero should become a Hardee's Hometown Hero. Include your hero's name, address, and phone number. Also include your name, address, and phone number.

### CATEGORIES

Personal Bravery • Human Rights • Helping Children  
Environmental Awareness • Senior Citizen Assistance • Honesty  
Demonstrating Patriotism • Healthcare • Community Service  
Educational Contributions • Arts & Humanities • Animal Welfare  
Handicapped Support • Agricultural Advancements  
Employment Assistance • Substance Abuse Prevention  
Public Safety Improvement

**MAIL NOMINATIONS TO:**  
**Hardee's Hometown Heroes**  
 c/o The Suburban Journals  
 1714 Deer Tracks Trail  
 St. Louis, MO 63131

Area judges make final selections based on recommendations from all entries. Decisions on the selection process are final. Only 25 honorees will be chosen. Official entry form can be extended for written explanation. There can be more than one selection in one category. Nominations received after January 31, 1998 cannot be considered.

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# Today's Food

## Blue Ribbon Cook

### Chicken Spaghetti sized with elastic

Shirley Mecca, Manchester, is this week's winner of dinner certificates to the Pasta House Co. for Chicken Spaghetti.

This is a dish for all seasons and groups, which Mecca finds a big hit at potlucks. Her sister used the recipe first.

It can be made with chicken or any other cooked meat, cut in half, seasoned to taste with the tomato-chile and soup additions or even refrigerated ready to warm when needed.

The deadline for this month's Winter Vegetable or Fruit Recipe Contest is Dec. 31. A recipe that uses any item plentiful in the winter produce department can be sent to: Winter Vegetable or Fruit Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

Each Wednesday in January a winner will be chosen on the basis of taste and eye appeal, as well as originality, although the recipe need not be original. That means there will be four winners in all.

Double-check directions and specific amounts, giving variations that individualize the recipe.

If possible, tell where the recipe came from and tell specific information about special touches that give it a personal signature or a special story about when it was served. Indicate which Journal newspaper you receive.

Duplicate entries will be considered on the basis of earlier entry or best compliance with rules. Contest

winners may enter again six months after their prize-winning publication date.

#### CHICKEN SPAGHETTI

- 1 chicken or 6 to 8 chicken breasts
- 1 pkg. (16 oz.) uncooked spaghetti
- Oil
- 2 onions, chopped
- 2 green bell peppers, chopped
- 1 can (14 1/2 oz.) cream of mushroom soup
- 1 can (14 oz.) tomato soup
- 1 can black olives, chopped
- 1 can (10 1/2 oz.) tomatoes with chiles
- 1 lb. American cheese, grated (less, if desired)

Preheat oven to 350°. Cook spaghetti according to package directions. Drain.

Cook chicken in water, adding seasonings, if desired. Remove and discard skin. Remove chicken from bones and cut in chunks. Reserve cooking broth.

Brown onion and green pepper in small amount of oil. Add soups and tomatoes to taste.

In large casserole, combine spaghetti, chicken and soup mixture. Add small amount of broth, if mixture seems too dry.

Cheese can be mixed with other ingredients or used on top of casserole. Bake in preheated oven 20 to 25 minutes until cheese melts.

## Recipe

### POTATO PANCAKES WITH PORK

- 1 1/2 lb. pork tenderloin
- Salt and pepper to taste
- 2 1/4 to 3 lb. russet potatoes, peeled, cut in chunks
- 1 medium onion, quartered
- 3 eggs
- 3 tbsp. flour
- 1 tsp. salt
- 1/2 tsp. baking powder
- 1/4 tsp. coarsely ground pepper
- 2 tbsp. chopped chives
- Oil
- 1/4 cup cranberry relish
- Dairy sour cream and more chopped chives, if desired

Preheat oven to 400°. Season pork with salt and pepper.

Roast in preheated oven 30 to 35 minutes until meat thermometer registers 160°. Let rest 5 minutes before slicing.

In food processor, process half the potato and onion until coarsely chopped.

Place mixture in strainer. Repeat with remaining potato and onion. Drain. Place in large bowl.

In food processor, blend eggs, flour, salt, baking powder and pepper until foamy.

Stir egg mixture and chives into potato mixture.

In large skillet over medium-high heat, heat oil 1/4-inch deep in pan. Spoon 1/4 cup batter per pancake into oil. Pressing lightly to flatten, fry 4 to 5 minutes until golden.

Turn over. Cook 2 to 3 minutes longer. Drain. Keep warm.

Slice pork in 18 slices. Top each pancake with 1 slice pork and top with 1 teaspoon cranberry relish. To serve, garnish with dollop of sour cream and chopped chives. Makes 18 pancakes.

### ONCE-A-YEAR SPICE RACK

Dried coriander and cardamom are available in the spice section of supermarkets. Each spice is distinctive and has no direct substitute.

Coriander comes ground and as whole seeds. Its flavor is mildly fragrant and similar to a cross between lemon peel and sage. It is used for breads, cakes, cookies, curry powder, sausages, seafood, pastries, pickling and Mexican and Spanish dishes.

Cardamom is found in ground, seed or whole pod form. It belongs to the ginger family and is pungent with a slight menthol flavor. It is used in coffee, custard, curry, fruit, sausage and Scandinavian bread.

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# Today's Food

## Heart-y Bites

By PAUL OTT

### Eating plan-for-a-day holds small beef serving

Eating beef does not preclude following a low-fat diet or watching one's cholesterol. Neither does it constitute cheating. Nor does it give an alibi to the person who is going to eat it, along with chicken and fish, some of the time.

Beef can be part of a well-rounded heart-healthy diet if a few guidelines are followed. Portion size is probably the biggest obstacle for people to overcome with meat, as well as foods in general. One of the best ways to control fat intake and total calories is to cut down on portion sizes.

It is not uncommon to

find 10-, 16- or even 24-ounce steaks on a restaurant menu. This is far more than the amount of protein needed in a whole day. Along with the extra portion comes excess fat, excess cholesterol and eventually excess weight.

American Heart Association guidelines recommend no more than six ounces of cooked, lean meat, poultry or fish per day. A 3-ounce cooked portion is about the size of a deck of cards. This may seem small compared to portion sizes people have grown to expect as normal, but it is better for bodies in the long run.

A good way to make the

controlled portion of meat seem bigger is to combine it with other foods to make a meal.

Making a rice or noodle casserole with the meat included as a main dish or a stir-fry recipe with lots of vegetables lets the flavor of meats be stretched without the impression of a smaller amount. Served with salads and other vegetables, a similar volume can be eaten with less fat and fewer calories.

When choosing beef, look for "choice" or "select" grades rather than "prime." These grades tend to have a little less fat in the marbling. Also, trim

all visible fat to help reduce the total fat and cholesterol.

Since cold weather has arrived, slow cooking in a temperature-controlled pot is a handy option. Many soup, stew and bean recipes contain small amounts of meat as one of many ingredients, so they are lower in fat.

This beef goulash recipe was modified to be lower in sodium and fat, but still have lots of flavor. Serving the lower-fat sauce from the goulash over noodles extends the meat's flavor. Mushrooms were added to add volume and texture, because the total amount of

meat was reduced.

Registered dietician Paul Ott is a member of the nutrition committee of the American Heart Association, St. Louis Chapter.

1 tbsp. brown sugar  
1/2 tsp. dry mustard  
1/8 tsp. garlic powder  
1 can (4 oz.) sodium-free tomato paste  
1 1/2 cups plus 1/2 cup water  
1/2 cup flour

Place meat in slow cooker. Cover with onion and mushrooms.

Combine Worcestershire sauce, paprika, brown sugar, dry mustard, garlic powder, tomato paste and 1 1/2 cups water. Cook 9 to 10 hours.

Turn pot temperature to high. Dissolve 1/2 cup flour in 1/2 cup cold water. Stir into meat mixture. Cook 10 to 15 minutes longer.

#### SLOW-COOKER BEEF GOULASH

- 1 lb. stew meat, cut in bite-size pieces
- 1 large onion, sliced
- 8 oz. fresh mushrooms, sliced
- 2 tbsp. Worcestershire sauce
- 1 tbsp. paprika

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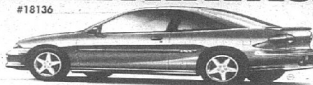
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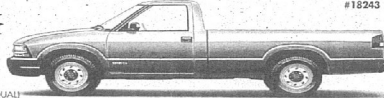
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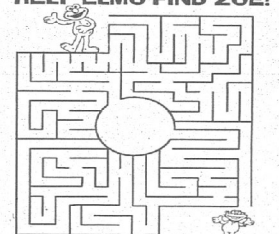


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# 'Tis the season

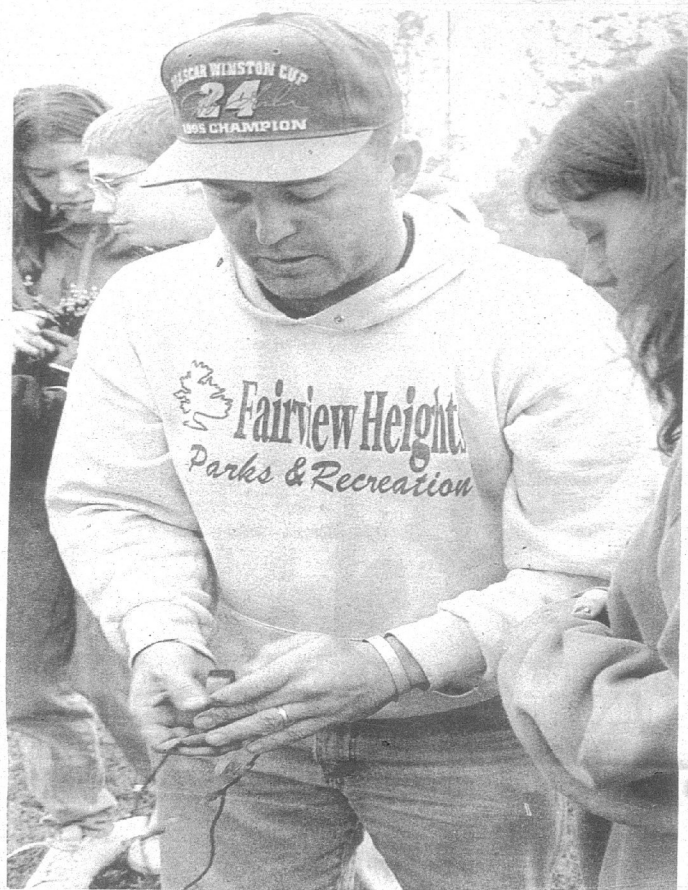
You won't have to go far to find Yuletide greetings



Mike Wilson, 5, meets the Gingerbread Man during Belleville's Gingerbread Walk.



Doug, 10, Nick, 12, and Nathan, 15, Santiago inspect their entry in an area craft competition.



Fairview Heights park employee, Dave Pierpoint, puts together a string of lights for the municipal display.



If there's ever any doubt about whether the Christmas season has arrived, just take an evening ride to the Shrine of Our Lady of Snows Shrine and see lights by the million.



# Today's Food

## Spicy, non-alcoholic glow cheers on festive holiday

By Dana Jacobi  
Correspondent

During the Christmas season, English revelers traditionally preferred a strong, intoxicating grog called wassail, a name from an Anglo-Saxon phrase meaning "be healthy."

The more people learn about effects of alcohol on health, however, the more desirable it seems to celebrate the holidays without it. By no means is it necessary to give up festive drinking. Plenty of drinks much like what went into the wassail bowl provide abundant holiday cheer without alcohol.

Wassailing, an old English custom, entailed

carrying a large bowl decorated with ribbons from door to door to be filled with a beverage at each stop. Wealthier households filled the bowl with mulled ale, gave food and even money to the revelers.

Another English holiday custom was to "wassail the apple tree." In this custom, farmers carried a bowl filled with cider out to the orchard at Christmas time. Participants drank some of the cider and poured the rest over the rooks of apple trees to encourage an abundant harvest the next year.

Mulled drinks, which simply are beverages that are warmed, often were served to Christmas carolers as they made rounds from

house to house. Mulled wine was heated by sticking a hot poker into the liquid.

Hard and sweet cider became popular in the New World, because of the abundance of apples. Mulled cider came by dropping a cheesecloth bag of spices into a pot filled with plain cider. The liquid should be heated through, but not boiled.

Dana Jacobi — author of "Best of Claypot Cooking" and "The Natural Kitchen: Soy" — submits this material on behalf of the American Institute for Cancer Research in Washington, D.C.

### MULLED ROSY CIDER

- 4 cups cider or apple juice
- 2 tbsp. grenadine syrup
- 4 whole cloves
- 4 pods cardamom, slightly crushed
- 1 stick cinnamon, cut in 2 inch pieces
- Lemon zest, cut in 2 inch strips
- Orange zest, cut in 2 inch strips

In medium saucepan, warm cider, grenadine, cloves, cardamom, cinnamon, lemon and orange zest until small bubbles appear around edge. Reduce heat so cider stays warm enough with steam rising from surface. Hold 20 minutes. Remove spices and zest. Pour cider into clear punch cups or mugs.

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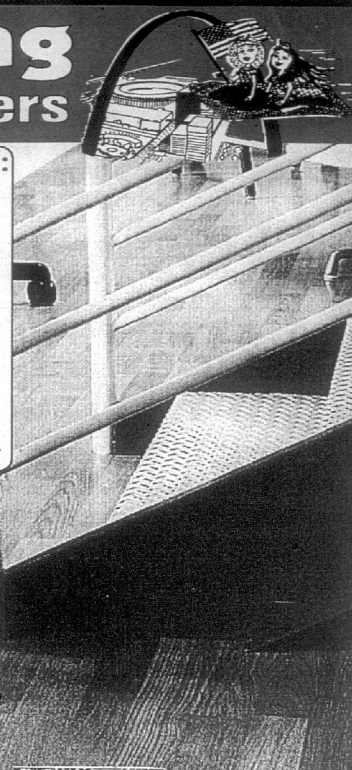
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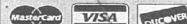
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## HOLIDAY NEWS

# Salvation Army collecting food — and applications

By Scott Cousins  
Staff writer

It's food basket time at the Salvation Army.

Capt. Martin Colip, director of the Southwestern Madison County Salvation Army office in Granite City, said the agency is busy collecting food for Christmas.

That office covers the Granite City, Collinsville, Edwardsville and Highland areas.

"It's going good," he said. "We are taking applications for Christmas baskets right now. Last year, we did a little over 1,250 families. That's a lot of food for Christmas."

He also pointed out that although there was more publicity about it during Christmas, the Salvation Army gives out more food in the other 11 months.

"What we do at Christmas is so big because it's so large at that moment," he said. "But we have many more people over the other 11 months than we actually do at Christmas."

"We do food every day and Maxine (caseworker Maxine Rutter) does 15-20 families per day," he said. "It varies by what time of the month it is. If it's a harsh winter and utility bills are up, people have a tendency to come in more because they can't afford to do both."

He said changes in social service programs are also having an effect. "The Army is being hit more and more every day," he said. "We can see all kinds of people who didn't used to come here, but now because they've had their food stamps lowered or cut out completely, whatever the situation may be, we have a lot more people coming here."

However, he said he understands why all the emphasis is on Christmas.

"It's that time of the year when you just want to feel secure," he said. "When you can't even sometimes put a good Christmas dinner on, it's just something that uplifts the families and allows them to feel that for one day at least they're on an equal basis with everybody else."

He said the toy program is also "tremendous."

"Some of these kids we help, those will be the only toys that they'll get because mom and dad just can't afford to go out and buy things," he said. "Thinking back, I was one of those who was fortunate that I never had to worry about waking up on Christmas morning and not having gifts under the tree. I guess I just can't imagine what that would be like. I hope that we don't have any kids in this community that have that happen to them."

Most of the applications for food baskets and toys will be taken from Nov. 9-21, Colip said. Distribution will be some time around Dec. 18.

"We're doing a three-week push here through Nov. 21," he said. "That doesn't mean that if they come in after that they can't sign up."

He said it takes a lot of planning to put everything together.

The first big food drive was the Scouting for Food in early November. "From there, there are a lot of schools that will collect food between

now and then," he said. "Right now, several schools are doing food drives for us."

He said the food appeared to be coming in at about the same pace as last year. That includes items both unusable and odd.

"And you always get the canned crab," he said. "Kids go to the pantry and pick out things they don't like. You get a lot of vegetables because kids don't like vegetables."

Once, he said they were given an entire freezer full of food. There was a slight problem, however.

"It was solid ice," he said. "You couldn't even open the doors, and it was filled with food. It took us days to defrost this thing and to chip all the ice out of it and get the food out of it."

Then, they discovered that the food was too old and had to be thrown away. However, they did get a nice freezer out of it, which is still in use. Colip said they also get returned government commodities, including chicken, pork, peanut butter, beans, and juice.

"It's not like back in the days when we used to get the five-pound blocks of cheese," he said. "You could do all kinds of things with that cheese, but you still get some good things."

Colip said it will take several weeks to put everything together, and that they will be taking donations of food right up to the end.

"When you're dealing with that many baskets of food, and when you're talking about a turkey or a chicken in each one, we try to give them everything they would need for a Christmas dinner."

In addition to donations, he said they would be buying a large amount of food.

"Unfortunately, we're not able to find 600 turkeys and 600 chickens donated to us," he said. "If we're spending one dollar, we try to spend it toward meat and stuff."

## Holiday cards help send cheer, raise funds for causes

The holidays are fast approaching, and what better way to spread good cheer than by sending messages of hope and joy.

At this time of year, numerous organizations sell holiday cards as a fund-raising project. It offers the public an opportunity to send a specially designed card to family, friends and business associates, and to also make a contribution to a group or groups of their choice.

As in the past, the *Journals* have compiled a list of organizations that sell holiday cards. The holiday cards were reproduced as space allowed.

Non-profit organizations with cards include:

Alliance for the Mentally III:

Proceeds support the activities of the Alliance and for national research into serious mental disorders. Assorted designs available. Prices vary. Information: 966-4670.

Alzheimer's Association: Proceeds benefit the organization's program services. Four designs: A Santa Claus scene by Mary Engelbreit; Three Wise Men by Brother Matthew Gallagher, O.S.F.; a collage of St. Louis landmarks by Bill Vann; and a hot-air balloon created by an anonymous artist. Price: 20 cards, \$15; 100 cards, \$70. Personalized orders by Nov. 28. Information: 432-2200.

American Heart Association: Proceeds support \$2.5 million in cardiovascular research at

Washington University and St. Louis University. The card, designed by award-winning artist Charles Wallis of Webster Groves, features a holiday scene of the Kirkwood Train Station. Price: ranges from \$16.25 to \$25 for box of 25 with imprinting extra. Information: 367-3805.

Birthingright Counseling St. Louis: Proceeds support Birthingright, a non-profit, non-sectarian organization providing alternatives to abortion. Card features a manger scene. Price: \$3.50 for 10 cards. Information: 962-3300.

Cardinal Glennon Children's Hospital: Proceeds benefit the Children's Fund, which provides life-saving care for premature and critically ill

infants, provides accident victims with emergency care and aids the Pediatric Research Institute at Cardinal Glennon. Twelve designs available. Price: \$15 for 20 cards. Information: 577-5605.

Central Institute for the Deaf: Proceeds benefit the institute's education, research and clinical programs for people of all ages. The card was designed by one of Central's upper school students. Price: \$15 for 20 cards. Information: 977-0224.

Council of Lutheran Churches: Proceeds help those in need in the St. Louis area. Card features houses covered with snow. Price: \$12.50 for 25. Information: 268-1200.

Epworth Children and Fam-

ily Services: Proceeds benefit Epworth's work with severely troubled adolescents. The full color cards depict children frolicking in the snow. Price: \$11 for 20 cards. Information: 961-5718.

Family Support Network: Proceeds support the nonprofit agency that works to strengthen families through the prevention of child abuse and neglect. The card features, designed by Ruthie Sexton, depicts multi-ethnic children in a snowy setting. Price: \$10 for 10 cards. Information: 963-1450.

Food Outreach: Proceeds will help provide the HIV infected community with meals, groceries and home delivery. Two cards available: one by artist Ann Paick and

the other by artist Deborah Finkelstein and photographer Robert O'Leary. Price: \$10 per card. Information: 367-4481.

Humane Society of Missouri: Proceeds go directly to the Humane Society's programs and services. Three different styles highlight animated dogs and cats adorned by festive accessories in holiday settings. Price: \$9 for 12 cards. Information: 781-8486.

Lafayette Square Restoration Committee: Several designs, including "Christmas on Park Avenue" and "Lafayette Square" by Sharon Stockman. Price: \$8 for eight cards. Information: 772-5724.

Make-a-Wish Foundation of Metro St. Louis Inc.: Proceeds help grant wishes to children between the ages of 2-12 to 18 years old who have been diagnosed with a life-threatening illness. Five different cards, designed by "Wish" children per pack. Price: \$12 for 25 cards. Information: 291-4673.

Place for People Inc.: Proceeds support programs and services for people with mental disabilities. The cards have room for personalized messages or to contain a group's "holiday house pin," which may be purchased for \$12 each. Price: \$10 for 10 cards. Information: 535-5600.

St. Charles Humane Society: Proceeds benefit programs at the non-euthanizing agency. Card features four designs by artist Sierra "Corky" Jon. Price: 46 for 12 cards. Information: 949-9918.

St. Joseph Institute for the Deaf: Proceeds support the schools speech therapy and computer centers. Choice of four designs of cards: Sleigh Ride, Angel, Poinsettia and Joy. Price: \$3 for 25 cards. Information: 332-3201.

St. Louis Association for Retarded Citizens: Proceeds benefit association programs including its supported employment program. Mary Engelbreit card features child riding polar bear. Price: ranges from \$20 to \$500 for 25 to 1000 cards. Information: 689-2215.

St. Louis Children's Hospital: Proceeds benefit the organ and tissue donor awareness program. Two designs are available, one with room for a photo on the front. Price: \$15 for 20 cards with imprinting an additional \$18. Deadline: Nov. 21 for imprinting orders and Dec. 1 for other orders. Information: 454-2750.

St. Louis Peregrine Society Inc.: Proceeds support Peregrine's service programs for cancer patients. The card, designed by Sharon Stockman, depicts a holiday scene at Landing. Price: \$10 for 12 cards. Information: 781-5775.

St. Mary's Special Services: Proceeds benefit the agency which provides life skills training and residential services for children with mental retardation and other developmental delays. The card is a shepherd scene printed in a festive holiday green. Price: \$6 for 15. Information: 533-3454.

The Salvation Army Women's Auxiliary: Proceeds benefit the Women's Auxiliary support the work of The Salvation Army. The five by seven full color card was designed by local artist Sharon Stockman. It features the Old Post Office, the site of the first Salvation Army Tree of Lights. This year marks the 50th year for the campaign. Price: \$6 for 8 cards; \$65 for 100; and \$150 for 250. Information: 286-3039.

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# Today's Food

## Go Southern with holiday leftovers

Not all parts of the country are willing, like in Louisiana, to give up its holiday turkey to frying it whole in an iron kettle of hot oil.

However, some of the Cajun style is an exuberant antidote for a later meal of leftover sliced turkey.

The flavors of cornbread stuffing enhance the dish, with spicy andouille or smoked sausage in place of traditional pork sausage and red and green bell peppers brighten its color and flavor.

Leftover cornbread and biscuits can be used.

### CAJUN CORNBREAD DRESSING

- 1 lb. andouille or smoked sausage, cut in bite-size pieces
- 2 cups chopped onion
- 1 cup chopped celery
- 1 large green bell pepper, chopped
- 1 large red bell pepper, chopped
- 2 cloves garlic, minced
- 6 cups crumbled cornbread
- 5 cups crumbled biscuits or toasted dry bread cubes
- 1/2 cup chopped fresh

- parsley
- 1/2 tsp. oregano
- 1/2 tsp. thyme
- 1/2 tsp. black pepper
- 1/4 tsp. crushed red pepper
- 4 cups chicken broth

Preheat oven to 375°. Grease 13-by-9-inch baking dish or pan.

In large skillet, cook sausage about 5 minutes. Add onion, celery, green and red pepper and garlic. Cook until sausage is browned and vegetables are tender. In large bowl, combine sausage mixture with cornbread, biscuits, parsley, oregano, thyme, black and red pepper and broth. Stir gently. Bake in preheated oven 45 min.

## Celebrate New Year's Eve DOWNTOWN



America's Center ★ City Museum

★ Dec. 31, 1997  
★ 6 p.m. to Midnight ★

- ★ Music
- ★ Dancing
- ★ Storytelling
- ★ Theatre
- ★ Laser Show
- ★ And Zanies ★

Admission: \$5. Call 588-0002 for more information.

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## Give Your Child A Personalized Letter From Santa!

\*\*\*\*\*

Postmarked directly from the North Pole your child can receive a fully personalized letter signed by Santa himself for only \$5 per letter! Best of all, you'll be making a difference in kids' lives. Just fill out all the information on the attached form and return it before December 12. Then watch the mail because Santa's letter will be on the way!

And, You'll Get A Tax Deduction For A Great Cause!

Please PRINT the following information for each child or adult who will receive a letter from Santa:

NAME  BOY OR GIRL (circle) AKA   
ADDRESS   
CITY  STATE  ZIP   
BROTHERS' NAMES   
SISTERS' NAMES   
SPECIAL ACCOMPLISHMENTS/EXPERIENCES (such as learned to ride a bike, visited Disneyland, sports, school accomplishments):

Please return by December 12 with a minimum gift of \$5 for each letter requested. Make checks payable to KIDS In the Middle and send to:

KIDS In the Middle  
6129 Delmar  
St. Louis, Missouri 63130

ADDITIONAL GIFT ENCLOSED \$

YOUR NAME AND ADDRESS

PHONE NUMBER (required)



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Wednesday, December 10, 9:00 am to 3:00 pm  
and

Thursday, December 11, 9:00 am to 4:00 pm  
In the Main Lobby of St. Elizabeth Medical Center  
(2100 Madison Avenue, Granite City, IL)

More than 200 new hardcover books will be available for immediate purchase, including New York Times Bestsellers, award-winning children's books, educational/reference books and popular cookbooks.



## Calendar—

(Continued from Page 5B)  
692-1762; 7 p.m. Friday, Dec. 12 for happy hour buffet at Michael's in Highland. RSVP to John, 654-5072; Dinner at Moonlight Restaurant, 6:30 p.m. Saturday, Dec. 13, 3400 Fosterburg Road in Alton. Reservations are required, so RSVP to Mary Lou, 463-9530 by Dec. 10; Sunday, Dec. 14, food and fellowship at Cracker Barrel in Troy.

MADISON COUNTY PARTNERS WITHOUT PARTNERS meets the fourth Monday of each month in the Fellowship Hall at Nameoki United Methodist Church, 1900 Pontoon Road in Granite City. For more information, call Jean at 259-2335, Kate at 885-5330, Rita at 346-1959, Truman at 498-2588 or Richard at 467-1302.

## Veterans' Services

DISABLED AMERICAN VETERANS CHAPTER 53 will offer a service officer from 1 to 3 p.m. every Wednesday at the Tri-City Veterans Home, located at 1417 19th St. in Granite City. Call 876-7816 for more information.

OKAW CHAPTER AMERICAN EX-PRISONERS OF WAR INC. meeting held from 11 a.m. to 3 p.m. Dec. 14, at the VFW Post 3523 in Carlyle, cost, \$6.

## Other

MADISON COMMUNITY ACTION GROUP, meets at 7 p.m. every Wednesday. For more information call Dan at 452-2336 or Diane at 676-1360.

MADISON COUNTY GENEALOGICAL SOCIETY, meets 7 p.m., second Thursday of each month, at Immanuel United Church, 800 N. Main, Edwardsville.

VENICE PARK BOARD, fourth Thursday of each month, 5:30 p.m., Venice Recreation Center, 451-7201.

CRAFT SHOW AND FLEA MARKET will be the third Sunday of each month from 10 a.m. to 4 p.m. at the Pontoon Beach Senior Citizens building, 3910 Highway 111. For more information, call 756-2513.

OLD SIX MILE MUSEUM, 327 Maryville Road, Granite City, is open to the public each Sunday from 1 to 4 p.m. through Dec. 15. Special tours for groups are available. Call 931-3023 to arrange a tour or call 931-1352 for more information.

GATEWAY SOUNDS CHORUS, 7:30 p.m. every Tuesday at the Collinsville Senior Citizen Center, 420 E. Main, Collinsville. For more information, call Joyce Dreiner at 398-8953.

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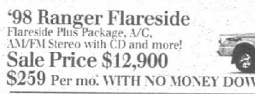
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## 'Sarajevo' bruising, compassionate

"Are you ready to play Sarajevo's favorite game?" local driver Risto asks Michael Henderson, the English TV journalist who has hired him.

"It's called, 'Is there a God?'"

The question arrives near the end of "Welcome to Sarajevo," Michael Winterbottom's bruising and compassionate film about the war in Bosnia, but it hangs over the entire movie.

Where was God — not to mention, the film implies, the West — when Europe in 1992 began experiencing the sorts of atrocities thought to have vanished with the end of the Third Reich?

The answer is as hard to come by as the origins of a conflict so knotted and bound up with history that the movie doesn't try to explain it. Instead, "Welcome to Sarajevo" plunges its heading into a savage civil war.

Governments may have been loath to help, says the movie, but individuals were not. Such comfort as the film offers comes from a view of humanity that allows the possibility of kindness amid the Balkan slaughter.

The movie is adapted from "Natasha's Story," reporter Michael Nicholson's account of the war he covered for almost four years for Britain's Independent Television News. The memoir takes its title from the 9-year-old Bosnian girl, Natasha, whom Nicholson smuggled to Britain and later adopted, thereby breaking every rule of journalistic detachment.

Frank Cottrell Boyce's screenplay is a piece of "fiction": names and specifics have been changed for narrative purposes and to keep the film from being a biography of Nicholson (renamed Henderson on screen).

Henderson may be the central character, but the film's

subject remains a city under siege. While land mines, mortars and snipers lay waste to the capital, its people go about their business, shopping, drinking and attending weddings until fate — and interethnic conflict — cuts their lives short.

"Welcome to Sarajevo" is antiwar, heaven knows, but it sustains its own unique, impressive tone. Just as Winterbottom made something volatile and brooding out of the would-be costume drama "Jude," on this occasion he avoids easy hyperbole.

The film has the harrowing immediacy of a genre classic like "The Battle of Algiers," or even Roger Spottiswoode's underrated "Under Fire" (1983), and makes its points coolly and without hysteria. Those wanting Oliver Stone-style theatrics should look elsewhere.

The prevailing mood is caught by leading man Stephen Dillane, an accomplished English theater actor in his first starring role on screen. (Jeremy Irons was an early candidate for the Henderson part, but the film benefits from Dillane's anonymity.)

Dry and even clipped, his Henderson has no time for indulgent emotions in his rush to get on air the story of Sarajevo. After all, if his editors back in London are leading the news with the marital breakdown of the Duke and Duchess of York, Henderson's task is doubly difficult.

## HOROSCOPE

Wednesday, Dec. 10

The moon enters earthy Taurus, stimulating appetites for the extravagant. Keep reminding yourself that you mustn't overspend. While trying to get a leg up on the competition, you'll stumble across some valuable information or ideas. The friendly Sagittarian sun could influence a romantic plan. Go for it. The moon is sensual, helping you to see the sexiness in others.

**ARIES** (March 21-April 19). A stroke of genius ensures victory. Shy away from any offers that have strings attached. A former lover has changed. Be encouraging. This evening brings an opportunity to double your knowledge on a certain topic.

**TAURUS** (April 20-May 20). You are so popular! Potential employers or patrons clamor for your attention. Delegate responsibility, and you will add to your power. Finish tedious work today, and the money will come six weeks from now.

**GEMINI** (May 21-June 21). Master difficult tasks now, while the teachers are close at hand. Style and flair help you make that winning impression. Be hopeful about your financial future. Money will roll in, giving you financial stability.

**CANCER** (June 22-July 22). A new love helps you bounce back. Quarreling couples will make up for good. When you break out from the normal routine, your realm of influence expands. Evaluations get a special touch of luck.

**LEO** (July 23-Aug. 22). Work unusual hours. Your most creative moments are in the evening.

ning. A lover runs late; try to be flexible. Take a good friend's side in a dispute. Forgo the lawyers, and ask a mediator to try and work out a dispute.

**VIRGO** (Aug. 23-Sept. 22). Family members will send you money. A relative is still trying to play matchmaker. Elders are helpful to you. A lover needs your support, but stop giving any more "loans." Your curiosity will get you in trouble.

**LIBRA** (Sept. 23-Oct. 23). Money comes to you in lump sums. A foe takes your side in a strange twist of fate. Be firm from the outset with students and subordinates. Instead of responding to an associate's

rudeness, be the model of dignity.

**SCORPIO** (Oct. 24-Nov. 21). Use strategy, and things lost can be recovered. Be discreet, even when out of town. Letters bring expected news, but there's still time to change the outcome. A meeting with a former love is easier after some time has passed.

**SAGITTARIUS** (Nov. 22-Dec. 21). Direct your attention to what can be done. While others play you work. A positive attitude turns a competitor into an ally.

**CAPRICORN** (Dec. 22-Jan. 19). Show support to those who

are truly trying, even if it means putting your personal bias on hold. Love is an adventure, so stop being so concerned!

**AQUARIUS** (Jan. 20-Feb. 18). Rejoin some former colleagues for a special job assignment. Start saving up for tuition and educational supplies. A lover will respond to ultimatums. Singles may decide to marry. A sport brings you luck and acclaim.

**PISCES** (Feb. 19-March 20). A lover returns. Your creative talent impresses a potential employer. Attend to what others do, not what they say.

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**The Jackal** (R)  
Mon. - Thurs. 4:00, 7:00, 9:00 Sat/Sun Mat. 1:15

**Anastasia** (PG)  
Mon. - Thurs. 4:00, 6:30, 9:45 Sat/Sun Mat. 1:45

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Sandwich  
Wheat Bread... **99¢**  
12-OZ. LOAF

SHOP'N SAVE  
Brown'n Serve  
Rolls... **99¢**  
12-OZ. PKG.

BREAD'N BUTTER CHIPS  
OR SWEET ONIONS  
Mt. Olive  
Pickles... **139**  
18-OZ. JAR

ZESTY BREAD'N BUTTER OR  
KOSHER DILL  
Mt. Olive  
Snack Crunchers **99¢**  
16-OZ. JAR

Second Cup  
Drip Coffee... **439**  
26-OZ. PKG.

THIN OR LONG SPAGHETTI,  
ELbow MACARONI  
OR VERMICELLI  
R-F Pasta... **3/\$2**  
18-OZ. BOX

SUNSHINE HYDROX COOKIES OR  
Vienna Finger  
Cookies... **179**  
20-OZ. PKG.

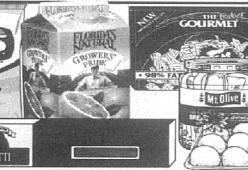


CHILLED  
Shop'n Save  
Orange Juice... **99¢**  
16-OZ. CAN

LIMIT 2  
1 1/2 Dozen  
Medium Eggs... **79¢**  
12-OZ. CEN.

Shop'n Save  
Spread... **119**  
5-LB. BOX

FAMILY SIZE  
Campbell's  
Soup... **119**  
26 TO 32-OZ. CAN

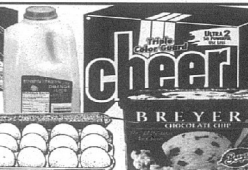


MAXWELL HOUSE OR  
Folgers  
Ground Coffee... **779**  
24 TO 30-OZ. CAN

98% FAT FREE  
Budget Gourmet  
Dinners... **3/5**  
11-OZ. PKG.

ASSORTED VARIETIES  
Prairie Farms  
Frozen Yogurt... **269**  
1-1/2 GALLON

Meadow Gold  
Dream Bars... **99¢**  
16-OZ. PKG.



Lay's  
Potato Chips... **3/588**  
14-OZ. BAG  
ASSORTED VARI.

REGULAR OR COUNTRY STYLE  
Grower's Pride  
Orange Juice... **2/295**  
64-OZ. CEN.

ASSORTED VARIETIES  
Tropicana  
Fruit Wise... **99¢**  
16-OZ. BTL.

CHILLED  
Prairie Farms  
Orange Juice... **2/3**  
1/2 GALLON

REGULAR OR W/BLEACH  
Cheer Powder  
Detergent... **999**  
166-OZ. BOX

ASSORTED VARIETIES  
Lucia's  
Pizza... **3/999**  
17 TO 22-OZ. PKG.

ASSORTED FLAVORS  
Breyer's  
Ice Cream... **2/588**  
1/2 GALLON

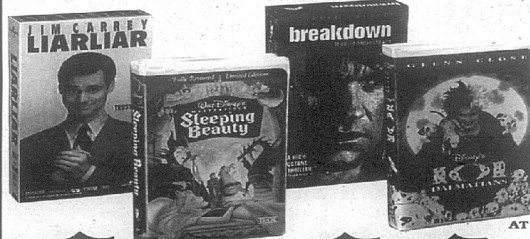
Interstate  
Hash Browns... **2/119**  
5-OZ. PKG.

SHOP'N SAVE  
Whipped  
Topping... **2/129**  
8-OZ. TUB

BUTTER FLAVOR  
OR ROMANO  
Coles  
Garlic Bread... **3/5**  
18-OZ. PKG.

Northern White  
Bath Tissue... **289**  
19 ROLL

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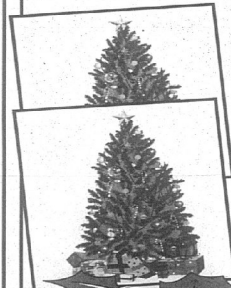
**99¢**  
EACH

All Other Titles

**49¢**  
EACH

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Prints Plus  
FREE FILM or  
DOUBLE PRINTS

**379**

24-EXP.  
3 1/2-INCH  
PRINT



# Holiday Spirits!



SELECTED VARIETIES  
Franzia Wine

**599**  
5-LTR.  
BOX

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OUR LOW SALE PRICE \$6.97  
LIGHT OR ICE  
Keystone

**297**  
24/12-OZ.  
CANS

AFTER \$4.00 OFF MAIL-IN REBATE IN-STORE



OUR LOW SALE PRICE \$9.99  
Ten High

**699**  
1.75-LTR.  
BTL.

AFTER \$3.00 OFF MAIL-IN REBATE IN-STORE



COLGATE  
Toothpaste with  
Toothbrush

**149**  
8.2 TO 9-OZ.  
PKG.

LIMIT 2 WHILE SUPPLIES LAST



Zantac 75mg  
Tablets

**1099**  
60-CT.  
BOX

30-PACK  
REGULAR OR LIGHT  
Busch.....**1167**  
30/12-OZ.  
CANS

GENUINE DRAFT  
GENUINE DRAFT LIGHT OR  
Miller Lite.....**597**  
12/12-OZ.  
CANS OR  
BTL.

LIGHT OR ICE  
Milwaukee's  
Best.....**697**  
24/12-OZ.  
CANS

Crown  
Royal.....**1599**  
750-ML. BTL.

High Life.....**997**  
30/12-OZ.  
CANS

ASSORTED VARIETIES  
Paul Masson  
Carafes.....**2/\$6**  
1-LTR.  
BTL.

Southern  
Comfort.....**799**  
750-ML. BTL.

ASSORTED VARIETIES  
Mr. & Mrs. T  
Cocktail Mixes.. **2/\$4**  
750-ML. BTL.

Kamchatka  
Vodka.....**799**  
1.75-LTR. BTL.

Kahlua.....**1389**  
750-ML. BTL.

Please Be  
Responsible.  
Don't Drink  
& Drive

Cella  
Lambrusco..... **2/\$6**  
750-ML. BTL.

OUR LOW SALE PRICE \$10.99  
Seagram's Gin.....**799**  
1.75-LTR. BTL.

Jim Beam..... **1399**  
1.75-LTR. BTL.

ASSORTED VARIETIES  
Dekuyper  
Schnapps.....**599**  
750-ML. BTL.

OUR LOW SALE PRICE \$6.79  
ORIGINAL OR WHITE  
E & J Brandy.....**479**  
750-ML. BTL.

WHITE OR GOLD  
Jose Cuervo... **1199**  
750-ML. BTL.

Degree Solid  
Deodorant..... **2/\$3**  
1.75-OZ.

CONDITIONER OR  
Willow Lake  
Shampoo..... **174**  
16-OZ. BTL.

COLD & COUGH, SEVERE COLD OR  
Sudafed **2/\$5**  
12-30-PKG.

JOHNSON & JOHNSON  
Bathmate Buddies,  
13.5oz. Shampoo or Bath,  
10 to 13.5oz. No More Tangles

St. Ives  
Shampoo..... **2/\$3**  
15-OZ. BTL.

90-CT. PM CAPLETS OR  
100-CT. TABLETS  
Excedrin..... **639**

CHEWABLE OR  
4-OZ. COUGH COLD LIQUID  
Children's  
Sudafed..... **2/\$7**  
34-CT. PKG.

# Home Essentials

Duraflame  
Fire Log

**199**  
6-LB.  
PKG.

OUR LOW SALE PRICE \$1.49  
GE/Sanyo Batteries  
1 CT. 9-VOLT, 2 CT. C, 2 CT. D,  
4 CT. AA OR AAA

**74¢**

AFTER 75¢ OFF COUPON AVAILABLE IN-STORE

Bic Disposable  
Razors..... **2/\$3**  
5-CT. PKG.

Kodak 35mm  
Film

**379**  
24-EXP.  
200 SPEED

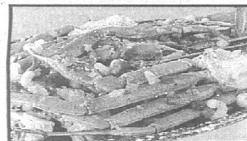
OUR LOW SALE PRICE 2 PKGS. FOR \$3.24  
GE Soft White  
Light Bulbs

**2/199**  
4-COUNT  
40, 60, 75 OR  
100 WATT

AFTER \$1.25 OFF COUPON AVAILABLE IN-STORE

OUR LOW SALE PRICE 2 PKG. FOR \$3.24  
1-CT. 3 WAY 30/100 OR 30/150  
GE Soft White  
Bulbs..... **2/199**  
AFTER \$1.25 OFF COUPON AVAILABLE IN-STORE

# Great Values! On Seafood, Deli & Bakery Items



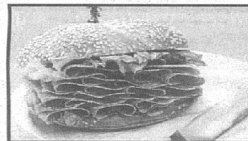
Snow Crab  
Clusters

**299**  
LB.

50 TO 60-COUNT MEDIUM  
White  
Shrimp..... **599**  
LB.

Kanami  
Crab Flakes..... **299**  
LB.

Wisconsin  
Farmers Cheese. **399**  
LB.



Swift Hard  
Salami

**299**  
LB.

EMMER'S MESQUITE OR  
Garlic  
Roast Beef..... **499**  
LB.

KRETSCHMAR  
Brown  
Sugar Ham..... **499**  
LB.

Jennie-O  
Turkey Breast.. **299**  
LB.



FRESH BAKED  
Bagels

**99¢**  
ALL VARIETIES  
5-CT. PKG.

Mini Kaiser  
Rolls..... **99¢**  
5-CT. PKG.

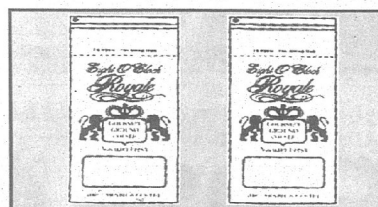
Cheesecake  
Medley..... **1099**  
2.5-LB. PKG.

Round  
Rye Bread..... **149**  
16-OZ. PKG.



FRENCH ROAST OR REGULAR  
Eight O'Clock  
Bean Coffee

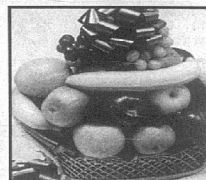
**799**  
36 TO 39-OZ.



ASSORTED VARIETIES  
Royal International  
Coffee

**2/\$4**  
4.4 TO 9.9-OZ.

# For The Holidays...



Order a delicious deli party  
tray or beautiful fresh fruit  
basket!

# The Perfect Gift!



Give Shop'n Save Gift Certificates.  
Available at the Customer Service Desk

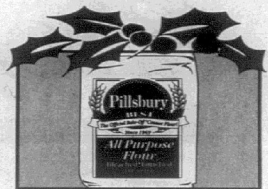
Stock-Up On Great

# Holiday Values!



ASSORTED VARIETIES  
Pillsbury Plus  
Cake Mix

**79¢**  
18 TO 21-OZ. BOX



Pillsbury  
Flour

**79¢**  
5-LB. BAG



ASSORTED VARIETIES  
Green Giant  
Canned Vegetables

**2/.79**  
11 TO 15.25-OZ. CAN



Pet Ritz Deep  
Dish Pie Shells

**2/\$3**  
2-PACK  
FLAV-R-PAC ORANGE JUICE 79¢ 12-OZ. CAN LOCATED IN FROZEN DEPT.



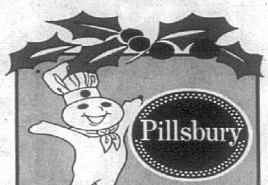
ASSORTED VARIETIES  
Green Giant  
Frozen Vegetables

**99¢**  
9 TO 10-OZ. BAG



ASSORTED VARIETIES  
Pillsbury Ready to  
Spread Frosting

**1.19**  
15 TO 16.5-OZ. TUB



PILLSBURY  
Deluxe Fudge  
Brownie Mix

**99¢**  
15.5 TO 21-OZ. BOX  
ASSORTED VARIETIES



INSTANT  
Hungry Jack  
Mashed Potatoes

**1.79**  
15.3-OZ. BOX



THICK'N CHUNKY OR  
Old El Paso  
Homestyle Salsa

**1.59**  
20-OZ. JAR  
ASSRT. VAR.



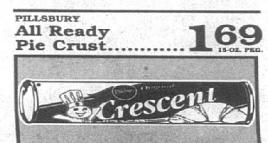
ASSORTED VARIETIES  
Green Giant  
Create-A-Meal

**2.79**  
26-OZ. BAG

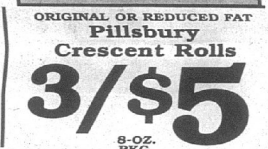


ASSORTED VARIETIES  
Pillsbury  
Grand Biscuits

**3/\$4**  
16 TO 17.3-OZ.



PILLSBURY  
All Ready  
Pie Crust..... **1.69**  
15-OZ. PKG.



ORIGINAL OR REDUCED FAT  
Pillsbury  
Crescent Rolls

**3/\$5**  
8-OZ. PKG.

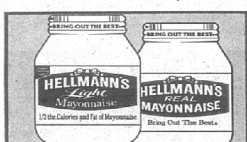
SELECTED VARIETIES  
Progresso Soup  
with Meat..... **2/\$3**  
19-OZ. CAN  
EVERYDAY LOW SALE PRICE  
Pet Ritz  
Pie Shells..... **99¢**  
2.5-OZ. PKG.

Green Giant  
Asparagus Spears.. **1.69**  
16-OZ. CAN  
SLICED  
Green Giant  
Mushrooms..... **1.29**  
4.5-OZ.

Green Giant  
Lesuer Peas..... **79¢**  
12-OZ. CAN  
ORIGINAL OR REDUCED FAT  
Pillsbury  
Cinnamon Rolls.. **1.39**  
12.4 OZ.

SELECTED VARIETIES  
Pillsbury  
Cookie Dough.. **2/4.95**  
16 TO 20-OZ. PKG.  
ASSORTED VARIETIES  
Pillsbury  
Danish Rolls.... **3/\$5**  
12 OZ.

ASSORTED VARIETIES  
Progresso  
Soup..... **99¢**  
15.5 TO 19-OZ. CAN  
ASSORTED VARIETIES  
Progresso  
Bread Crumbs... **99¢**  
15-OZ. PKG.



ORIGINAL, REDUCED FAT OR LIGHT  
Hellmann's  
Mayonnaise

**2.09**  
32-OZ. JAR



Dijonaise Squeeze  
Mustard

**1.39**  
12-OZ.



PRE-PRICED \$2.29  
Golden Griddle  
Syrup

**99¢**  
24-OZ. BTL.



Skippy Creamy  
Peanut Butter

**2.59**  
28-OZ. JAR



Mazola Corn or  
Canola Oil

**1.89**  
48-OZ. BTL.



ASSORTED VARIETIES  
Hellmann's  
Salad Dressing

**89¢**  
8-OZ. BTL.



DARK OR LIGHT  
Karo  
Corn Syrup

**1.99**  
32-OZ. BTL.



Argo Corn  
Starch

**57¢**  
16-OZ. BOX

You'll Find  
**1,000's**  
of Additional  
HOLIDAY VALUES  
at Shop'n Save



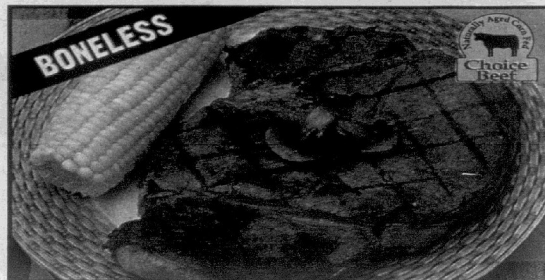
# Shop 'n Save®

The more you shop the more you save!



## 'Tis the Season to SAVE MONEY

Fa-La-La-La-La, at Shop'n Save



USDA CHOICE CORN FED BEEF

**Boneless  
Sirloin Steak**

# 199

lb.  
LIMIT 3 PKGS.



LEAN MEATY  
**Pork Spare  
Ribs**

# 137

lb.



FRESH CALLIE  
**Pork Shoulder  
Roast**

# 69¢

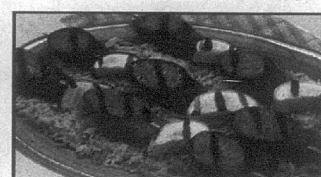
lb.



JUMBO PACK, ALL NATURAL  
**Chicken Drumsticks  
or Thighs**

# 79¢

lb.



ALL VARIETIES  
**Eckrich Smoked  
Sausage**

# 179

1 POUND  
PKG.

Jennie-O  
**Ground Turkey..**

# 89¢

1-LB. ROLL

Farmland  
**Sliced Bacon.....**

# 199

1-LB. PKG.

ECKRICH  
**All Meat  
Jumbo Franks..**

# 99¢

1-LB. PKG.

ALL VARIETIES  
**Seitz Bologna.....**

# 119

1-LB. PKG.

WHITE OR DARK  
**Jennie-O  
Turkey Pan Roast**

# 299

2-LB. PKG.

OSCAR MAYER  
**Fun Pack  
Lunchables.....**

# 3/\$5

11.2 TO 13.2 OZ. BOX

ASSORTED VARIETIES  
**On Cor  
Family Entrees**

# 2/\$4

2-LB. CRT.

ASSORTED VARIETIES  
**Farmland  
Lunchmeats.....**

# 99¢

12-OZ. PKG.

Bob Evans  
**Pork Sausage.....**

# 199

1-LB. PKG.

CRISP & HEALTHY  
STICKS OR FILLETS  
**Van De Kamp  
Fish.....**

# 299

12-OZ. PKG.

ORIGINAL, ITALIAN OR BEER  
**Johnsonville  
Bratwurst.....**

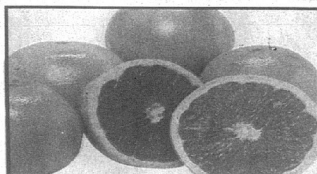
# 369

19.75 OZ. PKG.

6-POUND AVERAGE  
WHOLE ONLY, FARMLAND  
**Traditional  
Boneless Ham..**

# 239

LB.



**Florida  
Red Grapefruit**

# 5/98

48-COUNT

WASHINGTON STATE  
**Granny Smith  
Apples.....**

# 88¢

LB.

California  
**Navel Oranges**

# 8/98

113-COUNT

Florida  
**Tangerines.....**

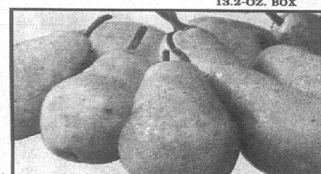
# 6/98

120-COUNT

Dole Special  
**Blends.....**

# 168

10 TO 12 OZ. PKG.



**Northwest  
Anjou Pears**

# 58¢

lb.

Mann's  
**Vegetable Medley**

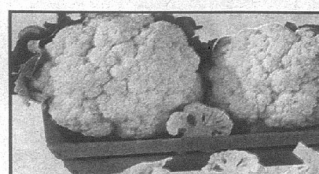
# 198

1-LB. PKG.

Fresh 1  
**Carrots.....**

# 68¢

2-LB. PKG.



CALIFORNIA  
**Sno-White  
Cauliflower**

# 128

HEAD  
12-COUNT

Medium  
**Yellow Onions..**

# 88¢

3-LB. BAG

Audobon Park  
**Wild Bird Seed...**

# 288

10-LB. BAG

**Try These  
Exotic Varieties!**  
NOT AVAILABLE AT ALL STORES

FRESH NAPA OR  
**Bok Choy .....**

98¢

SNO-WHITE  
**Bean Sprouts...**

68¢

FRESH  
**Portabellas .....**

298

**Melissa Polenta ..**

148

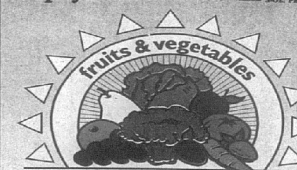
MELISSA DRIED  
**Red Tomatoes...**

198

MELISSA DRIED  
**Papaya Slices ....**

198

3-OZ. PKG.



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Better Health**

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10 11 12 13



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# TOTAL VALUE

12104A



# AUTOMOTIVE



By Tom Strongman

In baseball parlance, it's called hitting one into the gap.

Chrysler Corp. calls it finding a niche, and its designers have become very good at it. Take the Dodge Durango sport-utility vehicle derived from the Dakota pickup. It is smaller than the Ford Expedition or Chevy Yukon, but bigger than the Ford Explorer or Mercedes-Benz ML320. It fits comfortably into your garage, yet has seating for eight, two available V-6 engines and a tough-guy look emphasized by the fender flares and big tires. Our test vehicle looked brash with its meaty 31X10.5 tires on 8-inch-wide wheels.

Durango is built on a 115.9-inch wheelbase. Front, sheet metal and the front section of the frame are identical to the Dakota, but the back two-thirds of the frame has been widened for greater passenger space.

Clever touches, such as a raised roof and a third seat that folds into the floor, come from carefully sizing up the competition and then going one step further. From the second seat back the roof is 2 inches higher to provide headroom for the third seat. When you need to haul things the seat collapses into the floor quickly and simply, while others have to be removed.

The rear air conditioner is mounted at the front of the raised area to save space. Outside, the roof's extra height is camouflaged by a built-in luggage rack.

With all seats folded flat the load floor has a slight incline at the front, but that should not pose any significant problems.

The second-row seat is a 40/20/40 design that solves the question of easy entry to the third seat. With one lever each outboard seat section tumbles forward to open up a path to the back

seat, plus the upraised leg of the seat has a hand-hold molded in for extra grip.

The back of the small center section can be folded down to serve as an armrest complete with cup holders.

Continuing the "hit it where they ain't" analogy, the Dodge offers not one but two V-6s. The 5.2-liter has 230 horsepower and is rated at 13 mpg city and 17 mpg highway. The 5.9-liter, with 245 horsepower, gives the Durango a 7,300-pound towing capacity, with a 12 mpg city and 17 mpg highway rating.

The V-6 won't be offered until next spring, and a two-wheel-drive model will have to wait until 1999.

Expect a Durango SLT 4X4 with the 5.2-liter to be about \$28,970 with popular options, including the third seat.

I drove a Durango SLT 4X4 with the 5.9 and its sticker was \$31,715. Earlier this fall I sampled various pre-production Durangos, and while the 5.2 was certainly adequate, the 5.9 was more responsive in moving the Durango's 4,736 pounds. Not only does this engine make freeway merges easier, it flattens hills and is only marginally less thirsty than the smaller engine.

Selecting four-wheel drive is done with a floor-mounted lever, while most of its competitors offer electronic actuation with a dash switch. A full-time four-wheel-drive system is available for those who want the security of driving all four wheels all the time.

Rear-anti-lock brakes are standard and four-wheel-anti-lock optional. Despite its rugged looks, the Durango is not crude. You can tell by the ride that it is based

## Dodge Durango finds, fills niche

on the Dakota truck chassis, yet it is not harsh or rough. Many folks who buy sport-utility vehicles like a business-like ride, and the firmness improves off-road capability. Again, at the wheel of pre-production units, we tackled moderate off-road sections and the Durango was at home in the outdoors.

Step inside and you find an interior that is warm and hospitable. The instrument panel, from a Dakota, is functional, not flashy. Air bags are lower-powered, second-generation designs. Storage bins and cup holders are plentiful throughout the vehicle.

The cloth-covered seats have two-tone upholstery, firm padding and are tufted to give generous support. Dodge emphasizes that the Durango is for folks with active lifestyles, and that shows up in the way everything is configured. Leather seats are an option, and a co-worker suggests they would be preferable for families with children because they don't stain easily.

Even with the aggressive tires on the test vehicle, there was not a lot of road noise at highway speed, but I did detect a wind whistle that sounded like it was coming from a back door.

The top-hinged tailgate is rounded for a sporty look, and it swings up out of the way for easy loading.

Since it is bigger than most compact SUVs and smaller than most full-size ones, the Durango establishes a new paradigm. It is spacious, yet it fits into a garage easily. It has three seats, but the third one doesn't have to be removed for maximum load space. And it comes with two, not one, V-6s.

If initial public reaction is any indication, Dodge will not have any trouble selling every one of the 120,000 or so Durangos it plans to build in the next year.

The base price of our test vehicle was \$25,810. The option list was long, and included the SLT decor package, overhead console, anti-lock brakes, full-time four-wheel drive, fog lamps, power outside mirrors, limited-slip differential, AM/FM cassette and compact disc player, 5.9-liter V-6, aluminum wheels and 31X10.5 tires.

The sticker price was \$31,715. The basic warranty is for three years or 36,000 miles.

**1998 Dodge Durango**  
 Engine: 5.9-liter, V-6  
 Transmission: Automatic  
 Wheelbase: 115.9 inches  
 Curb Weight: 4,736 pounds  
 Base Price: \$25,810  
 Price as Driven: \$31,715  
 MPG Rating: 12 city, 17 highway

## POINTS & PLUGS

By Rick Stoff

The family car of the future will be as large as a Ford Contour and weigh 2,000 pounds, about 40 percent less than today's Ford Taurus.

Ford says it has built a running prototype of tomorrow's light-weight, fuel-efficient car. It has 8 extra inches of legroom for back-seat passengers and is built with an aluminum body to cut weight and increase fuel efficiency. The body weighs 299 pounds, less than half the weight of a current steel Taurus body.

The car also uses titanium and aluminum to replace other components that now are made of steel. A cast magnesium wheel, for example, weighs 7 pounds, 11 pounds less than a stamped steel wheel.

The prototype is powered by a four-cylinder engine taken from a current Contour but still delivers better acceleration and efficiency because the car is 1,200 pounds lighter than a Taurus.

Ford hopes to come up with more fuel-efficient and cleaner-burning power plants in the future.

Automobile dealers who operate a web site average five new-vehicle sales per month through the Internet, says the National Automobile Dealers Association. Sales of used vehicles by way of computer average three per month.

NADA says about half the country's new-vehicle dealers already have a web site, and 40 percent of those who don't plan to get on-line in the next six months.

Three of every four dealer web sites accept e-mail from customers. Just more than half of web sites enable customers to look over the dealer's vehicle inventory.

Japan became a global economic titan by exporting more than it imported. Korea obviously isn't dumb and is trying to emulate the masters when it comes to building a national automotive industry.

Those efforts are ruffling plenty of feathers in the U.S. auto industry now that Korean companies are investing billions to establish a huge car and truck manufacturing capacity. And like Japan did before them, the Koreans are allegedly doing their best to make sure it is difficult for foreign companies to sell cars on their soil.

The American companies, in asking the federal government to take action against Korean trade practices, said they were able to sell just 4,400 cars in Korea last year. Korea is the second-largest automotive market in Asia (after Japan). Imported cars accounted for 10,000 - 6.6 percent of the new vehicles sold in Korea in 1996.

A fact to ponder next time you see someone who is not wearing a seat belt: If you wonder what it would be like to hit a steering wheel in a 30-mile-per-hour collision, imagine falling on one from a fourth-story window.

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 <b>95 FORD EXPLORER</b> Eddie Bauer 2 Door, 39,000 Miles Like New!	 <b>95 GMC EXT CAB CONV</b> Black, 24,000 Miles, Like New Still Under Factory Warranty!	 <b>96 CHEVROLET EXT CAB</b> 4X4, Camper Shell, Full Pwr, Air, Dk Green/Tan, Leather	 <b>96 CHEVY SILVERADO</b> Ext. Cab, V8, Auto, A/C Low Miles!	 <b>92 Q45 INFINITI</b> Green w/tan leather, loaded, sunroof, low miles, placed way under book value	 <b>96 PONTIAC SUNFIRE</b> 4 Dr, Auto, Air, 15k Miles Balance of Factory Warranty!
 <b>97 BUICK LESABRE CUSTOM</b> Loaded Car with leather, Only 1,800 Miles!	 <b>94 MUSTANG GT CONV</b> Black with Tan Leather, Auto, Air, Power Windows & Locks, Tilt & Cruise, Super Sharp Car	 <b>92 JEEP WRANGLER ISLANDER</b> 6 Cyl, Blue, 5 Speed, Gray Interior, Like New!	 <b>92 GMC JIMMY</b> 4 Dr, 4 Wheel Dr., like new, 4.3 vortec engine Priced to Sell!	 <b>94 GMC JIMMY 4 DOOR 4X4</b> Auto, Rd/Black Leather, Low Miles Priced To Sell	 <b>95 BUICK PARK AVE ULTRA</b> Real Sharp car Low Miles!
 <b>95 CADILLAC STS</b> Pearl paint, chrome wheels, Only 30,000 Miles	 <b>96 SEDAN DEVILLE</b> Loaded, 2 to Choose From	 <b>93 FORD AEROSTAR EXT. VAN</b> Loaded Priced To Sell!	 <b>96 GMC EXTENDED CAB</b> Red, 6 Cyl, Auto, Only 14,000 Miles Real Sharp Truck!	 <b>95 BUICK RIVIERA</b> Low miles, loaded, three to choose from	 <b>95 SUBURBAN LS 4X4</b> Full Power, A/C, Leather, Rear Heat & A/C, Cargo Doors, Aluminum Wheels 2 to Choose From
 <b>96 BUICK ROADMASTER ROADSTER</b> Low miles, super nice car	 <b>96 OLDS 88 LS</b> Loaded, Must Col	 <b>95 CHEVROLET ASTRO CL</b> Power windows, Tilt and cruise, 7 passenger, only 21,000 miles	 <b>95 GMC EXPLORER HIGH TOP</b> TV, VCP, Leather, Quad, A/C & Heat, 6 Pack CD Changer	 <b>95 GMC SAFARI CONV</b> 50,000 Miles, Super Super Nice Van Priced To Sell!	 <b>93 CHEVY 1 TON 4X4</b> 48,000 Miles, Like New


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**320 HELP WANTED**  
Accounting Clerk Part-Time  
SSI Services Inc. is currently

accepting application for a part-time Accounting Clerk to work within their administrative office. Qualified applicants with 2 years experience working in an accounting office using Microsoft Word and Excel. Will post to general ledger, balance and recon-

life accounts; verify accuracy of mathematical calculations and point out discrepancies to the supervisor; assigns proper accounting distribution codes. Must have attained junior year status in BA or BS in accounting major. Please Send Resume in Confidence

SSI Services Inc.  
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Granite City, IL 62040-1801  
Attn: Human Resources  
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618-345-6680.

A NEW used car lot will be opening in Belleville around December 15th. We need two aggressive, mature sales people to run the lot and

office and one lot person to move cars & do various other tasks. If you would like to be considered for this great opportunity write about yourself

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**CONGRATULATIONS VICKY WALTON**  
Sales associate of CVM has exceeded requirements as a 1 million dollar producer for the  
**1997 BRONZE AWARD**



**TIS THE SEASON** to purchase this nice 3 BR home in Mitchell area - large living room/kitchen, large lot - only \$53,000. GR73



**GREAT FOR HOLIDAY ENTERTAINING** - Tastefully decorated brick and vinyl home. 3 BR, 2 1/2 baths, 2 car garage, finished basement. YULE LOVE THIS NEWLY LISTED 3 BR brick in desirable neighborhood with large family room in basement, attached garage with double concrete driveway. GR212.



**COMFORT AND JOY** of knowing the work is done - 2 large BRs, wallpapered, new carpet, new windows, newer oven and furnace - all in the \$40's. GR122



**NO MORE DASHING THRU THE SNOW** to get to work! Live in the 3 room home and operate your own business next door in the 6 room office building - sitting on 1.23 acres. GR122

**SPEND CHRISTMAS ON THE GOLF COURSE** - Gorgeous 3 BR, 2 1/2 baths, six skylights, security system, central vac system, full basement, 2 car garage. Seller is negotiable. GR99

**HANG THE STOCKINGS** on the fireplace of this 3 BR home - attached garage, fully fenced backyard and sitting on 2.5 - \$40's. GR23

**PARK SANTA'S SLEIGH** in the 2 car garage of this 3 BR brick and vinyl home - 3 baths, aluminum doors, double hung thermal windows. P285

**NO TIME LIKE THE "PRESENT"** to purchase this 5 room home on quiet street - eat-in kitchen, newer roof, 14x11 covered patio. GR16

**CHESTNUTS ROASTING** in the fireplace of this newly decorated 3 BR ranch with plush carpeting, wallpapered, full basement and priced to sell in \$30's. GR136

**SANTA WILL FIND YOU EASILY** in this conveniently located 3 BR ranch - dining room or family room, utility room, eat-in kitchen, 2 car attached garage. GR174

**THE GIFT OF THE SEASON!** This 2 year old 3 BR home has 2 full baths, open floor plan in living and dining rooms, newer oak cabinets, 2 car garage, fenced yard. GR59

**START THE NEW YEAR IN A NEW BUSINESS** - Commercial building with a variety of uses for "C-1" or "C-2" use. GR291

**SEE OUR AD IN MADISON COUNTY HOMES MAGAZINE**  
Home Page: <http://members.aol.com/cvcrealty/home.htm>

**JINGLE OUR BELLS** for information on this highly property zoned B-2 commercial building - 27,000 sq. ft. rapidly expanding area. P279

**ROOM FOR ELVES** - Updated kitchen, basement is finished and could be private unit, newer roof. Large lot. GR229

**LET IT SNOW...LET IT SNOW!** Cozy into this 7 room brick with fireplace & skylight in main floor family room. 3 baths, full basement, YULE BE SINGING CAROLS with the low monthly payments - carpet over hardwood, thermal windows, 1st floor utility room, full basement, 14x14 lot. \$30's. GR011

**CHRISTMAS MAGIC!** Build your new home on one of the building lots we have available. Call today for pricing and locations.

**SEEING IS BELIEVING!** Almost everything is new - plus full bath with whirlpool tub, laundry room, security system, 20 amp service, attached garage with storage room. GR276

**HOME FOR THE HOLIDAYS** - 2 BR brick home with 9 ft. ceilings, large rooms, freshly painted, new wallpaper touches, c/a is a year old, private fenced yard. GR236

**ON SANTA'S LIST!** 4 room home with eight kitchen, full basement, stove & refrigerator stay, newer furnace & oil tank. \$29,900. GR297

**INVESTORS BUY YOURSELF A GIFT!** Brick 4plex - gas heat, Dwyer kitchen sink unit in each apartment, parking in rear. GR253

**AVAILABLE NOW**, convenient location, 2 bedrooms with vinyl floors, full bathroom, full kitchen with full basement, 2nd floor laundry room, 1st floor laundry room, 1st floor laundry room, 1st floor laundry room. GR253

**3 BEDROOM LIVING ROOM**, full kitchen, full bathroom, 1st floor laundry room, 1st floor laundry room, 1st floor laundry room, 1st floor laundry room. GR253

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